

RECRUITMENT GUIDE

Fall 2026

VALDOSTA STATE UNIVERSITY
COLLEGE PANHELLENIC COUNCIL
@VSUPANHELLENIC

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WHAT IS THE COLLEGE PANHELLENIC COUNCIL?

CPC is the largest women's organization on campus! At Valdosta State University, our College Panhellenic Council (CPC) is dedicated to fostering unity, sisterhood, and personal growth within our vibrant Greek community. As a member of the National Panhellenic Conference (NPC), our council governs the female fraternities and sororities on campus. Discover the incredible opportunities offered by our Panhellenic Council, including formal recruitment, community service initiatives, social events, and educational programs. Every woman that joins a CPC sorority becomes a member of the College Panhellenic Council. There are currently 6 active chapters on our campus.



MEET THE EXEC BOARD



KAYLYN
PRESIDENT



CHLOE
EXECUTIVE VP
OPERATIONS



ELLA
VP RECRUITMENT



ADILYN
VP FINANCE



CALEY
VP PUBLIC RELATIONS



MACKENZIE
VP DIVERSITY,
EQUITY, & INCLUSION



MALLORY
VP COMMUNITY SERVICE



GRACIE
VP COMMUNICATIONS



Welcome to Valdosta State University Fall 2026 recruitment! We are so excited that you are here and cannot wait to get to know each of you! We hope you have had an amazing summer and are ready for a new, exciting phase of your life!

We hope this upcoming week will be one of the best weeks of your life. It's going to be full of fun, but we understand it can also be a little nerve-racking. It's ok to be anxious and unsure of exactly what is happening. The Gamma Chis are here to lift you up and encourage you throughout the week!

Remember that this week is all about you. We are here to help you through the process and help you find your forever home! Take this time to reflect on your values and the things that are most important to you. As you are deciding on which chapter fits you best, think about your values and how you fit into the chapter as well as how that chapter will help you grow. Remember to keep an open mind and don't be afraid to ask questions.

Please do not hesitate to reach out with any concerns or questions you might have. Again, we are so excited that you are here and wish you the best of luck! You'll love being a Panhellenic Woman!

LOVE, KAYLYN & ELLA
COLLEGE PANHELLENIC PRESIDENT
COLLEGE PANHELLENIC VICE PRESIDENT OF RECRUITMENT

OTHER COUNCILS AT VSU

INTERFRATERNITY COUNCIL (IFC)

Valdosta State University's Interfraternity Council (IFC) is dedicated to cultivating strong bonds of brotherhood, leadership development, and academic excellence within our Greek community. As the governing body for the 5 NIC fraternities on campus, the IFC oversees the operations, activities, and growth of its member organizations. Explore the exceptional opportunities offered by our IFC, including community service projects, social engagements, and educational initiatives.

-KAPPA ALPHA

-DELTA CHI

-PHI SIGMA KAPPA

-SIGMA CHI

-TAU KAPPA EPSILON



@IFC_VSU

OTHER COUNCILS AT VSU

MULTICULTURAL GREEK COUNCIL (MGC)

The mission of the MGC is to unite the multicultural Greek-lettered organizations on campus through strategic action plans, coordination, and development. They are committed to promoting higher education, providing service to the community, and fostering leadership among the member organizations. Join us as we create a vibrant community that celebrates diversity, encourages personal growth, and makes a positive impact on campus and beyond. Together, we can achieve greatness and inspire change!

-SIGMA LAMBDA GAMMA

-SIGMA LAMBDA BETA

-OMEGA PHI BETA



OTHER COUNCILS AT VSU

NATIONAL PAN-HELLENIC COUNCIL (NPHC)

At VSU, the National Pan-Hellenic Council (NPHC) is the home of historically African-American fraternities and sororities, where legacies are built and greatness is achieved. This council values unity, scholarship, leadership, and service. Members of this council expect a transformative journey of personal growth, lifelong friendships, and making a difference in our campus and community. This council is made up of 5 fraternities and 3 sororities.

-ALPHA PHI ALPHA

-ALPHA KAPPA ALPHA

-KAPPA ALPHA PSI

-OMEGA PSI PHI

-PHI BETA SIGMA

-SIGMA GAMMA RHO

-ZETA PHI BETA

-IOTA PHI THETA



GREEK TERMS

Active: a formally initiated member of a fraternity/sorority

Alumnae: a sorority member who has graduated from college

Badge (pin): the insignia that designates a Greek organization

Bid: a formal invitation to join a Greek organization

Big Brother/Big Sister: an active member assigned to be the personal mentor for a new member

Chapter: name for the local organization of a national fraternity/sorority

Chapter Advisor: an alumnus/alumnae or faculty member who serves in an advisory to provide guidance to an organization

Fraternity: a Greek organization for men

Greek: a member of a fraternity or sorority

Hazing: mental or physical abuse or harassment of a member. Hazing is prohibited by University policy, State law, and the policies of national fraternities and sororities.

Legacy: a prospective member who has a family member in the same fraternity/sorority

New Member Education Process: the time period in which new members learn about the organization and participate in brotherhood/sisterhood activities

New Member Pin: a pin that designates a new member of a Greek organization

Philanthropy: the chapter's specific charitable organization(s) for which they donate money and volunteer hours

Potential New Member (PNM): the term for men or women being recruited by a Greek organization

Sorority: a Greek organization for women

Stroll/Step Show: a cultural tradition and organized dance performed by Black sororities and fraternities, often in a line, as a visual representation of their unity and community

GREEK ALPHABET

Α ALPHA (AL-FUH)

Β BETA (BAY-TUH)

Γ GAMMA (GAM-MUH)

Δ DELTA (DELL-TUH)

Ε EPSILON (EP-SIL-ON)

Ζ ZETA (ZAY-TUH)

Η ETA (AY-TUH)

Θ THETA (THAY-TUH)

Ι IOTA (EYE-OH-TUH)

Κ KAPPA (KAP-UH)

Λ LAMBDA (LAM-DUH)

Μ MU (MYOO)

Ν NU (NEW)

Ξ XI (Z-EYE)

Ο OMICRON (OH-MI-CRON)

Π PI (PIE)

Ρ RHO (ROW)

Σ SIGMA (SIG-MUH)

Τ TAU (TAW)

Υ UPSILON (OOPS-ILON)

Φ PHI (FEYE)

Χ CHI (KAI)

Ψ PSI (SIGH)

Ω OMEGA (OH-MAY-GUH)

PNM BILL OF RIGHTS

THESE ARE THINGS YOU ARE ENTITLED TO DURING RECRUITMENT:

- The right to be treated as an individual
- The right to be fully informed about the recruitment process
- The right to ask questions and receive true and objective answers from recruitment counselors and members
- The right to be treated with respect
- The right to be treated as a capable and mature person without being patronized
- The right to ask how and why and receive straight answers
- The right to have and express opinions to recruitment counselors
- The right to have inviolable confidentiality when sharing information with recruitment counselors
- The right to make informed choices without undue pressure from others
- The right to be fully informed about the NPC Unanimous Agreements implicit in the membership recruitment acceptance binding agreement (MRABA) signing process
- The right to make one's own choice and decision and accept full responsibility for the results of that decision
- The right to have a positive, safe and enriching recruitment and new member experience

FINANCIAL INFORMATION

HOW MUCH WILL THIS COST?

Financial requirements are a key consideration for women joining a sorority, so it is essential to be well-informed about the costs associated with the sorority experience. If you accept an invitation to join a chapter, you will enter into a financial agreement for dues throughout your college years. These dues and fees vary between chapters and from year to year. Sorority costs will be higher during the first year due to one-time new member fees and expenses. All sororities on campus offer payment plans to help members manage their financial obligations. There are also many optional "extras" that are not mandatory for members. During Sisterhood day, each chapter will present detailed information about their specific dues. Be sure to ask the chapter or your Gamma Chi any questions you have about finances.

FIRST YEAR DUES ON AVERAGE:

\$1,100 PER YEAR (SPLIT OVER 2 SEMESTERS)

CAN INCLUDE:

- NEW MEMBER FEES
- NATIONAL FEES
- TSHIRTS
- SOCIAL EVENTS
- SISTERHOOD EVENTS
- INITIATION FEE
- BADGE FEE
- PHILANTHROPY EVENTS



@VSUPANHELLENIC

WHAT'S A GAMMA CHI?

As a disassociated member of her sorority, your Gamma Chi will lead a small group of you through the recruitment process. You will meet daily on campus in these groups with your Gamma Chi. These mandatory meetings provide an opportunity to discuss your experiences and any questions you may have. Rest assured, these women have been chosen for their excellence within the sorority community and have undergone extensive training to handle difficult situations and provide leadership throughout the process. You've already talked to your Gamma Chi on the phone and through text, and you might have even met her at an orientation this summer. They have been working hard all summer to ensure they are prepared to guide you through this week. Your Gamma Chi is completely disassociated from her sorority during this period, adhering to Panhellenic rules to ensure an unbiased perspective. She is available to offer support, friendship, and guidance as you navigate recruitment. With her training, she is equipped to assist you with any challenges you may face this week. Make the most of this resource by asking her any questions you have and seeking her advice throughout the week. She will be there for you every step of the way.



TIFTON | HEAD GAMMA CHI

MEET THE GAMMA CHI'S



ZELLA
ALPHA



GRACIN
BETA



MARLEE
GAMMA



KAILEY
DELTA



WYNN
EPSILON



ANNA CLAIRE
ZETA

MEET THE GAMMA CHI'S



LACIE
ETA



KENNEDI
THETA



BROOKE
IOTA

RECRUITMENT SCHEDULE

MONDAY AUGUST 10:

KICK OFF

TUESDAY AUGUST 11:

SERVICE DAY AT SECOND HARVEST
FOOD BANK

WEDNESDAY AUGUST 12:

PHILANTHROPY DAY

THURSDAY AUGUST 13:

SISTERHOOD DAY

FRIDAY AUGUST 14:

PREFERENCE DAY

SATURDAY AUGUST 15:

BID DAY

WHAT TO EXPECT: ROUND ONE

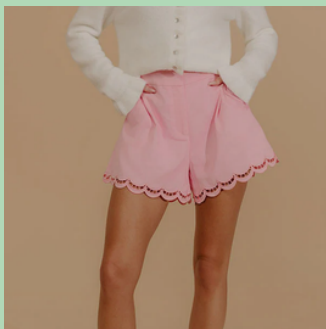
PHILANTHROPY DAY

During philanthropy day, you'll meet all six chapters active on campus. chapters will share their community activities and impact. They will likely ask what you seek in a sorority, so be ready to engage. Consider asking questions such as: What do you do for your philanthropy? What does your philanthropy mean to you? Why did you choose your chapter? Additionally, you can discuss scholarship and your academic achievements.

Each round will start with loud cheering and chanting, but don't let the noise intimidate you, the chapters are excited to meet you!

Outfit suggestions:

You'll wear the shirt provided by Panhellenic with any bottoms of your choosing. Remember this will be a long day, so wear something you're comfortable in and don't mind wearing all day!



WHAT TO EXPECT: ROUND TWO

SISTERHOOD DAY

During Sisterhood day, you'll visit a maximum of four chapters. Chapter women will want to know how you would fit into their sisterhood, so they may ask questions related to your values, goals, and what you're looking for in a sorority. You will see a video from each chapter that reflects their sisterhood and what they value in their members. This round will focus on building meaningful connections between you and the chapter members. Chapters will also present financial obligations during this round. Be sure to ask any questions you may have regarding the financial aspect of sorority membership. You'll be able to take the financial transparency sheet out of the recruitment room when you leave.

Outfit suggestions:

Rompers, jumpsuits, sundresses, or something similar. You should dress up a little more than the previous day, but still be comfortable.



WHAT TO EXPECT: ROUND THREE

PREFERENCE DAY

During Preference day, you'll visit a maximum of two chapters. This is the most serious round of recruitment. This round should help you make your final decision by the end of rounds. During each ceremony, think about how you feel with each chapter and take time to picture yourself as a member. These women could become your sisters! Each chapter will present a Preference Ceremony which usually contains songs or speeches from members. Listen carefully to what each chapter has to say, and make your decision based on how YOUR experience has been with the chapters. You will make your final decision at the end of this round.

Outfit suggestions:

Preference round is dressier than the other rounds of recruitment. Chapter members will be wearing "Pin Wear" which is comparable to wedding or interview attire. Wear something that makes you feel comfortable and confident!



WHAT TO EXPECT: ROUND FOUR

BID DAY

Bid day is the BEST day of the year! On this day, you may receive an invitation to join a chapter you visited during Preference Day. You will meet your Gamma Chi on campus in the morning, then meet your new chapter on the Front Lawn before attending a Bid Day event hosted by that chapter. If you are not matched to a sorority on Bid Day, your Gamma Chi will provide you with the options that are available to you at that time.

Outfit suggestions:

Wear the shirt you were given for Philanthropy day to meet your Gamma Chi and comfortable shorts and shoes of your choice. We suggest you wear a sports bra or tank top under your shirt because you will be changing into a new shirt given to you by your new sorority.



WHAT YOU CAN DO DURING RECRUITMENT

- Talk to your Gamma Chi about ANYTHING! Her job is to help you through this week.
- Be yourself!
- Be confident
- Ask a TON of questions
- Keep an open mind
- Follow your heart
- Make decisions based on your values
- Take notes after every event
- Be on time!
- Use the Buddy System

WHAT YOU CAN'T DO DURING RECRUITMENT

- Take anything from the recruitment rooms
- Use disrespectful language about chapters, current members, or other PNM's
- Let others' perspectives interfere with your decision making
- Miss a round of recruitment

VALUES BASED QUESTIONS

THINK ABOUT YOUR VALUES WHEN ASKING QUESTIONS.
WHAT DO YOU WANT TO LEARN? WHAT DO YOU FEEL THE
SORORITY CAN OFFER IN TERMS OF YOUR VALUES?

Scholarship:

- Is there a grade requirement I must meet?
- What type of scholarship program or scholarships does your sorority offer?
- What kind of support does the chapter provide academically?
- Are there members in the chapter with my major?

Social:

- What are some of your social functions?
- Is it mandatory to attend all social functions?
- Is there anyone in your chapter from my area or high school that I might know?

Sisterhood:

- What sisterhood activities does the chapter plan?
- Do the members spend time together outside meetings and mandatory events?
- What makes your chapter's sisterhood strong?
- How well did you get to know everyone in the chapter?

Activities:

- How active is your chapter in intramurals?
- Are your members involved in academic groups on campus?
- What philanthropies do you support?
- How involved is your sorority in other campus activities?
- Do you help support other chapter's philanthropies?

VALUES BASED QUESTIONS

Cost and time:

- What are the time commitments as a member of your sorority?
- What are the financial commitments for a member of your sorority?
- Are there any costs on top of regular dues?
- Do you have payment plans if needed?
- How do you balance school, sorority life, and work?

Comparisons:

- What are the advantages of membership in your sorority?
- What made your chapter stand out to you during recruitment?
- What is the thing you find most unique about your chapter?

Lifelong benefits:

- What alumnae connections are available through your organization?
- Is there a local alumnae chapter?
- Are alumnae actively involved in your chapter?

Leadership:

- What leadership opportunities are available?
- Are there positions I can hold as a new member?
- How will this position help me outside of sorority life?

Personal:

- Why did you choose this sorority?
- How were you sure it was the right choice for you?
- How has being a member of this sorority benefited you?

MEET THE CHAPTERS!



ALPHA DELTA PI (1851)
MASCOT: "ALPHIE" THE LION
SYMBOL: DIAMOND, LION
COLORS: AZURE BLUE AND WHITE
FLOWER: WOODLAND VIOLET
PHILANTHROPY: RONALD MCDONALD HOUSE CHARITIES



ALPHA SIGMA ALPHA (1901)
MASCOT: "DOT" THE LADYBUG
SYMBOLS: PHOENIX, CROWN, PALM TREE, STAR
COLORS: CRIMSON, PEARL WHITE, PALM GREEN, GOLD
FLOWER: NARCISSUS, ASTER
PHILANTHROPY: SPECIAL OLYMPICS, GIRLS ON THE RUN INTERNATIONAL, ALPHA SIGMA ALPHA FOUNDATION



CHI OMEGA (1895)
MASCOT: OWL
SYMBOL: SKULL AND CROSSBONES
COLORS: CARDINAL AND STRAW
FLOWER: WHITE CARNATION
PHILANTHROPY: MAKE-A-WISH FOUNDATION

MEET THE CHAPTERS!



KAPPA DELTA (1897)

SYMBOLS: NAUTILUS SHELL, DAGGER, TEDDY BEAR, KATYDID

**COLORS: OLIVE GREEN AND PEARL WHITE
FLOWER: WHITE ROSE**

**PHILANTHROPY: GIRL SCOUTS OF THE USA,
PREVENT CHILD ABUSE AMERICA, KAPPA DELTA
FOUNDATION**

PHI MU (1852)

MASCOT: THE LION "SIR FIDEL"

SYMBOL: QUATREFOIL

COLORS: ROSE AND WHITE

FLOWER: ROSE COLORED CARNATION

**PHILANTHROPY: CHILDREN'S MIRACLE NETWORK
HOSPITALS**



ZETA TAU ALPHA (1898)

**SYMBOLS: FIVE-POINTED CROWN,
STRAWBERRIES**

**COLORS: TURQUOISE BLUE AND STEEL GRAY
FLOWER: WHITE VIOLET**

**PHILANTHROPY: BREAST CANCER EDUCATION
AND AWARENESS**



 BLAZER
DINING

MOVE IN
hours

Potential New Member Schedule

SUNDAY AUGUST 9TH

MOVE IN

10:00am-2:00PM

Move in

4:00PM

Parent Orientation in the Student Union Theater

MONDAY AUGUST 10TH

KICKOFF

4:45PM

Meet your Gamma Chi in the Ballrooms

5:00PM

Kickoff- Union Ballrooms: There is a lot to cover to prepare you for the Recruitment Process. You will have a chance to meet other women going through recruitment, learn more about yourself, and meet our six Panhellenic Chapters.

TUESDAY AUGUST 11TH

SERVICE DAY

VARIOUS

Meet your Gamma Chi at designated location: Service to those in need is a large part of being involved in a sorority.

6:00PM

Dinner at Palms

WED AUGUST 12TH

Round One: Philanthropy Day

10:30AM

Meet your Gamma Chi at designated location

11:00AM-5:05PM

Round One: Philanthropy Day Events (35min. events)

11:00-11:35	Event 1	11:35-11:55	Break 1
11:55-12:30	Event 2	12:30-12:50	Break 2
12:50-1:25	Event 3	1:25-1:45	Break 3
1:45-2:20	Event 4	2:20-2:40	Break 4
2:40-3:15	Event 5	3:15-3:35	Break 5

3:35-4:10	Event 6	4:10-4:30	Break 6
4:30-5:05	Event 7	Selection	Begins

**After your last event, meet your Gamma Chi to make your selections for the day.

THURSDAY AUGUST 14th Round Two: Sisterhood Day

10:30AM Meet your Gamma Chi at designated location

11:00-4:05PM Round Two: Sisterhood Day Events (*40 min. events*)

11:00-11:40	Event 1	11:40-11:55	Break 1
11:55-12:35	Event 2	12:35-12:50	Break 1
12:50-1:30	Event 3	1:30-1:45	Break 2
1:45-2:25	Event 4	2:25-2:40	Break 3
2:40-3:20	Event 5	3:20-3:35	Break 4
3:35-4:15	Event 6	Selection	Begins

**After your last event, meet your Gamma Chi to make your selections for the day.

FRIDAY AUGUST 15th Round Three: Preference Day

9:00AM-12:00PM Freshmen Convocation (You must attend this and your academic meetings!)

12:00PM-1:30PM Convocation Lunch at Palms (Eat a quick substantial meal!)

1:30PM Meet your Gamma Chi at designated location

2:00PM-6:00PM Preference Round Events (*60 min events*)

Please note that you will attend a maximum of TWO events this round. Immediately following your final event, you should go to the computer lab for final selection and then you are free to leave.

2:00pm-3:00pm	Event 1	3:00pm-3:30pm	Break 1
3:30pm-4:30pm	Event 2	4:30pm-5:00pm	Break 2
5:00pm-6:00pm	Event 3	Selection	Begins

3:00pm-Until PNM Selection Session *in Nevins Computer Lab 1033*, on ground floor. PNMs free to leave after final selection and exit evaluation.

7:00PM Spirit and Traditions Pep Rally

SATURDAY AUGUST 16th

BID DAY!

11:15AM PNMs meet with Gamma Chi.

11:30AM Everyone: PNM's meet chapters on front lawn.

11:45AM Gamma Chi Reveal

12:30PM Everyone: Move to Bid Day locations