





### HEALTH SERVICES

Valdosta State University



Blazer Beginnings

#### **ABOUT US**

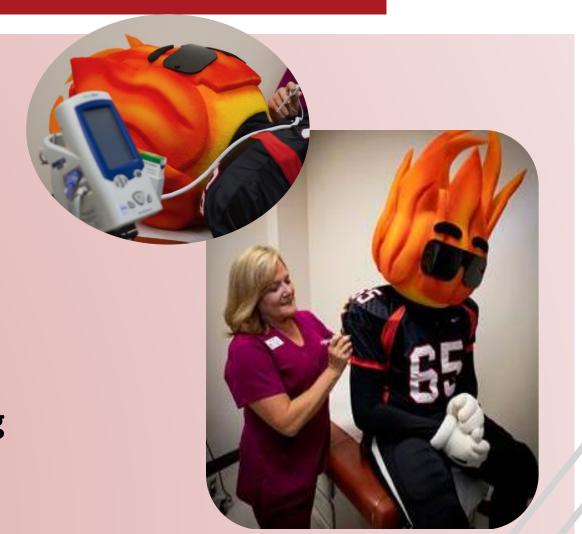
YOUR
HEALTH
ALWAYS
DESERVES
THE
BEST

At our clinic, we provide a comprehensive range of medical services, including a CLIA certified lab and pharmacy. Our convenient location on campus allows students to receive care from a provider, complete necessary lab work, and obtain their medication without having to travel elsewhere. In addition, the Health Center can fill prescriptions from external providers and serve as a collection site for labs ordered by a student's primary care provider. We accept most insurance plans and offer services with no copay. For detailed information about insurance coverage, please visit our website.



### One-stop hassle-free services

- **❖** Walk-ins
- Laboratory
- Immunizations
- Physicals
- Women & Men's Health
- Prescription Medications
- Over-The-Medication Store
- **Care for Injuries**
- **Wellness Education & Programming**
- **\*** Referrals







MAIN: 229.333.5886

PHARMACY: 229.219.3205

FAX: 229.249.2791

200 Georgia Avenue Valdosta, GA 31698

Send Immunizations to:

Immunizations@valdosta.edu or

Upload them to your patient portal.









## The Counseling Center

VALDOSTA STATE UNIVERSITY

@VSUCounseling 229.333.5940

Be Courageous. Be Empowered. Be You.



Jon Parris, LPC, CPCS
Interim Director
VSU Counseling Center
Office Phone: 229-333-5940

Email: jparris@valdosta.edu









Be Courageous. Be Empowered. Be You.

The Counseling Center at Valdosta State University provides **free** and **confidential** services to active VSU students, with a focus on empowering individuals for success in academic, professional, and personal pursuits. Our staff are **Licensed Clinicians** trained in research-validated approaches to mental health and wellbeing!

#### **SERVICES**

Individual Counseling (in-person or telehealth)

Group Counseling
Crisis Management
Relaxation Room
Outreach

#### **VIRTUAL SERVICES**

Medication Management (Prescribing Clinic) 24/7 Support Line Wellness Hub (Self-Directed Resources)







# The counseling Center

@VSUCounseling 229.333.5940

Be Courageous. Be Empowered. Be You.

#### **Contact Information**

Location: Student Health Center, 2nd Floor Phone: **229.333.5940** • Fax: 229.253.4113

Website: www.valdosta.edu/counseling

24/7 Support Line

(833) 910-3365





### STUDENT CONDUCT & TITLE IX

Visit our website for more information





200 Georgia Ave Valdosta GA 31698



studentconduct@valdosta.edu



229-333-5409



Empowering Students to Make Responsible Choices



Civility | Integrity | Citizenship
Blazer Creed





### Our mission is to...

Promote knowledge of responsibility, prevent and respond to harassment and discrimination, provide corrective actions, and encourage individuals to incorporate the tenets of the Blazer Creed into daily living.





#### **CODE OF CONDUCT**

#### **EDUCATE**

INFORM STUDENTS ON THEIR RIGHTS AND RESPONSIBILITIES AS OUTLINED IN UNIVERSITY POLICIES.

#### **EMPOWER**

ENSURE THOSE AFFECTED BY THE MISCONDUCT OF OTHERS ARE AWARE OF THEIR OPTIONS AND ARE CONNECTED TO RESOURCES.

#### **ENSURE ACCOUNTABILITY**

INDIVIDUALS WHO VIOLATE THE STUDENT CODE OF CONDUCT AND OTHER UNIVERSITY POLICIES MUST BE MADE AWARE OF THE CONSEQUENCES AND MUST FOLLOW THROUGH ON COMPLETING SANCTIONS ASSIGNED ACCORDINGLY.

TITLE IX COMMITTEE

STUDENT JUDICIAL

#### TITLE IX & SEXUAL MISCONDUCT

"VALDOSTA STATE UNIVERSITY (VSU) UPHOLDS ALL APPLICABLE LAWS AND POLICIES REGARDING SEX BASED DISCRIMINATION ON THE BASIS OF RACE, COLOR, SEX (INCLUDING SEXUAL HARASSMENT AND PREGNANCY), SEXUAL ORIENTATION, GENDER IDENTITY OR EXPRESSION, NATIONAL ORIGIN, RELIGION, AGE, VETERAN STATUS, POLITICAL AFFILIATION, OR DISABILITY.

THE UNIVERSITY PROHIBITS SPECIFIC FORMS OF BEHAVIOR THAT VIOLATE TITLE IX
OF THE EDUCATION AMENDMENTS OF 1972.

#### **CONNECTION TO SUPPORT SERVICES**

- TESTING
- COUNSELING
- ADVOCACY
- HOUSING ASSISTANCE

- PREGNANCY ACCOMODATIONS
  - LACTATION ROOM
- ACADEMIC SUPPORT
- DISABILITY SERVICES
- HEALTH AND MENTAL SERVICES

CIVILITY | INTEGRITY | CITIZENSHIP



**Blazer Beginnings** 





### Contact us if...

- you would like to request training,
- you need help locating support services, or
- you need to report misconduct.

Email us at <a href="mailto:studentconduct@valdosta.edu">studentconduct@valdosta.edu</a>
Call us at 229-333-5409
Visit us at 200 Georgia Ave. or
Submit a report online at
<a href="https://www.valdosta.edu/administration/student-affairs/student-conduct-office/">https://www.valdosta.edu/administration/student-affairs/student-conduct-office/</a>





### University Police

We're here 24/7!

(even during school breaks)

Non-Emergency: 229-333-7816

Emergency: 229-259-5555

valdosta.edu/police





### VHERE ARE

WE?

- 1410 N. Oak Street -

Our office is located at the southeast corner of the Oak Street Parking Deck, closest to the intersection of N. Oak Street & Brookwood Drive.

Enter the glass doors on the first floor and take the stairs or elevator to our lobby.

Lobby hours are 6am – 6pm, but a call box is available for after-hours services.









- YES! All VSUPD officers are state law enforcement officers certified by the Georgia Peace Officer Standards and Training Council (POST).
- VSUPD officers have arrest powers and full authority to enforce state laws on and around campus.
- All officers receive annual training in accordance with state standards.



#### **VSUPD Divisions:**

- Patrol
- Investigations
- Communications
- Community Outreach
- Records & Evidence
- Professional Standards & Accreditation



### OUR SERVICES

- Walking Escorts
- Crime Prevention & Public Safety
   Classes
- Bicycle Anti-Theft (BAT) Program
- Lost & Found
- Vehicle Battery Jump









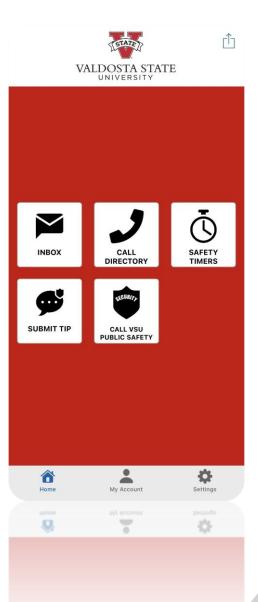


### BLAZER GUARDIAN

### APP

- Create a safety profile with your emergency contacts, medical information or other information pertinent to your health & safety.
- Safety timer (virtual escort)
- Panic button
- Submit anonymous tips
- Receive campus alert messages
- Search "Rave Guardian" in your app store!

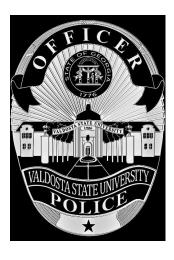






# IF YOU SEE SOMETHING... SAY SOMETHING!





### Report suspicious activity to UPD immediately!

229-333-7816 (non-emergency) 229-259-5555 (emergency)