

# LIR Classes September 2022

Mon	Tue	Wed	Thu	Fri
			1	2
5 <b>Closed Labor Day</b>	6	7	8 "Welcome Back" Kick-Off Lunch 11-1	9
12 <b>FALL LIR BEGINS</b> Radical Evolution 10-11 Tai Chi 11-12:30 Newcomers Mahjongg 11:30-12:30 Mahjongg 12:30-3	13 Range of Motion 10-10:45 3-D Pumpkin 11-12 VSU Theatre & Dance 2-3 Square Dance 6:30-8:30	14 Yoga 10-10:45 VSO Overview 11-12 Traditional Line Dancing 11-12:30 Bowling for Fun 2-4 Bulow Gold 2-3:30	15 Range of Motion 10-10:45 Tai Chi 11-12:30 Wild Mushrooms 2-3:30	16 Line Dancing/Fun & Fitness 10:30-11:15 Views of the News 10-12 Drama 1-3
19 Radical Evolution 10-11 Tai Chi 11-12:30 Newcomers Mahjongg 11:30-12:30 Mahjongg 12:30-3	20 Range of Motion 10-10:45 Voting in Lowndes County 11-12 Writers Meet-Up 1-2 Traffic Management Tour 2:30-3:30	21 Yoga 10-10:45 Traditional Line Dancing 11-12:30 Bowling for Fun 2-4	22 Range of Motion 10-10:45 Tai Chi 11-12:30 Basic Acrylic Painting 2-4	23 Line Dancing/Fun & Fitness 10:30-11:15 Views of the News 10-12 Drama 1-3
26 Radical Evolution 10-11 Tai Chi 11-12:30 Newcomers Mahjongg 11:30-12:30 Mahjongg 12:30-3	27 Range of Motion 10-10:45 Writers Meet-Up 1-2 Open Art Studio 2-5	28 Yoga 10-10:45 Traditional Line Dancing 11 -12:30 Explore Algeria 1-3 Bowling for Fun 2-4	29 Range of Motion 10-10:45 Chemo Cap Crew 10-12 Tai Chi 11-12:30 Stop the Bleed, Save a Life 1-3	30 Line Dancing/Fun & Fitness 10:30-11:15 Views of the News 10-12 Drama 1-3

# LIR Classes October 2022

Mon	Tue	Wed	Thu	Fri
<p>3</p> <p>Radical Evolution 10-11 Tai Chi 11-12:30 Newcomers Mahjongg 11:30-12:30 Mahjongg 12:30-3</p>	<p>4</p> <p>Range of Motion 10-10:45 Writers Meet-Up 1-2 Turner Ctr for the Arts Gallery Tour 2:30-3:30</p>	<p>5</p> <p>Yoga 10-10:45 Traditional Line Dancing 11-12:30 Bowling for Fun 2-4 Mock Stained Glass 2-4</p>	<p>6</p> <p>Range of Motion 10-10:45 Tai Chi 11-12:30 5 Top Dementia Diseases 12:30-2 Basic Acrylic Painting 2-4</p>	<p>7</p> <p>Supercharge your Searches 10-11 Line Dancing/Fun &amp; Fitness 10:30-11:15 Views of the News 10-12 Drama 1-3</p>
<p>10</p> <p>Radical Evolution 10-11 Tai Chi 11-12:30 Mahjongg 12:30-3</p>	<p>11</p> <p>Range of Motion 10-10:45 Writers Meet-Up 1-2 Seasonal Ornament 2-3</p>	<p>12</p> <p>Yoga 10-10:45 Traditional Line Dancing 11-12:30 Aging Gracefully through Fitness 1-2 Bowling for Fun 2-4</p>	<p>13</p> <p>Range of Motion 10-10:45 Tai Chi 11-12:30 Last Bookshop in London 1-2 Our Historic Highways 2-3:30 Rightful Authority 3:30-4:30</p>	<p>14</p> <p>Line Dancing/Fun &amp; Fitness 10:30-11:15 Views of the News 10-12 Drama 1-3 Bingo Sec. B 7-10</p>
<p>17</p> <p>Radical Evolution 10-11 Tai Chi 11-12:30 Mahjongg 12:30-3 Cell Phone Basics 3:15-4:45</p>	<p>18</p> <p>Range of Motion 10-10:45 The Librarian Spy 11-12 Writers Meet-Up 1-2</p>	<p>19</p> <p>Yoga 10-10:45 Traditional Line Dancing 11-12:30 Biodiversity 1-2:30 Bowling for Fun 2-4 I Am Grey Eyes 2-3:30</p>	<p>20</p> <p>Range of Motion 10-10:45 Tai Chi 11-12:30 Basic Acrylic Painting 2-4</p>	<p>21</p> <p>Line Dancing/Fun &amp; Fitness 10:30-11:15 Views of the News 10-12 Drama 1-3</p>
<p>24</p> <p>Radical Evolution 10-11 Tai Chi 11-12:30 Mahjongg 12:30-3 Cell Phone Basics 3:15-4:45</p>	<p>25</p> <p>Range of Motion 10-10:45 Writers Meet-Up 1-2 Open Art Studio 2-5</p>	<p>26</p> <p>Yoga 10-10:45 Traditional Line Dancing 11-12:30 Biodiversity 1-2:30 Bowling for Fun 2-4</p>	<p>27</p> <p>Range of Motion 10-10:45 Chemo Cap Crew 10-12 Tai Chi 11-12:30 Northern Great Plains 1-2:30</p>	<p>28</p> <p>Line Dancing/Fun &amp; Fitness 10:30-11:15 Views of the News 10-12 Drama 1-3 Birding at Grassy Pond 1:15-4</p>
<p>31</p> <p>Radical Evolution 10-11 Tai Chi 11-12:30 Mahjongg 12:30-3 Cell Phone Basics 3:15-4:45</p>				

# LIR Classes November 2022

Mon	Tue	Wed	Thu	Fri
	1 Range of Motion 10-10:45 Fabric Pumpkin 11-12:15 Writers Meet-Up 1-2 Crime Lab Tour 2-4	2 Yoga 10-10:45 Traditional Line Dancing 11-12:30 Biodiversity 1-4 Bowling for Fun 2-4	3 Range of Motion 10-10:45 Tai Chi 11-12:30 Was It Something I Ate? 1-2 Basic Acrylic Painting 2-4	4 Research with GALILEO 10-11 Line Dancing/Fun & Fitness 10:30-11:15 Views of the News 10-12 Drama 1-3
7 Tai Chi 11-12:30 Mahjongg 12:30-3	8 Range of Motion 10-10:45 Writers Meet-Up 1-2 Planetarium Show: Seasonal Stargazing 3-4	9 Yoga 10-10:45 Was It Something I Ate? 11-12 Traditional Line Dancing 11-12:30 Bowling for Fun 2-4	10 Range of Motion 10-10:45 Tai Chi 11-12:30 Birding with eBird & Merlin 1-2:30	11 Line Dancing/Fun & Fitness 10:30-11:15 Views of the News 10-12 Drama 1-3
14 Tai Chi 11-12:30 Mahjongg 12:30-3	15 Range of Motion 10-10:45 Holiday Gnome 11-12:30 Writers Meet-Up 1-2 Who Gets Grandma's Plate? 2-4	16 Yoga 10-10:45 Traditional Line Dancing 11-12:30 Bowling for Fun 2-4 Holiday Wreath 1-3	17 Range of Motion 10-10:45 Tai Chi 11-12:30 Basic Acrylic Painting 2-4	18 Line Dancing/Fun & Fitness 10:30-11:15 Views of the News 10-12 Drama 1-3
21	22	23	24 VSU Closed	25 VSU Closed
<b>NO LIR CLASSES THANKSGIVING WEEK</b>				
28 Tai Chi 11-12:30 Mahjongg 12:30-3	29 Range of Motion 10-10:45 Open Art Studio 2-5	30 Yoga 10-10:45 Traditional Line Dancing 11-12:30 Bowling for Fun 2-4		

# LIR Classes December 2022

Mon	Tue	Wed	Thu	Fri
			1 Range of Motion 10-10:45 Tai Chi 11-12:30 Basic Acrylic Painting 2-4	2  Holiday Potluck 11:30-1
5 Tai Chi 11-12:30 Mahjonn 12:30-3	6 Range of Motion 10-10:45 Georgia Olive Farms Tour 1-3	7 Yoga 10-10:45 Traditional Line Dancing 11- 12:30 Bowling for Fun 2-4	8 Range of Motion 10- 10:45 Tai Chi 11-12:30	9
12	13	14	15 Technology Chasers 2-3:30 pm	16  <b>VSU Closes for Break 3pm</b>
19	20	21	22	23
<b>VSU Closed</b>				
26	27	28	29	30
<b>VSU Closed</b>				