Share Facts About COVID-19 (Coronavirus)

Know the facts about coronavirus disease 2019 (COVID-19) and help stop the spread of rumors.

For up-to-date information, visit CDC's coronavirus disease 2019 situation summary page.

1. **Diseases can make anyone sick regardless of their race or ethnicity.**
   
   People of Asian descent, including Chinese Americans, are not more likely to get COVID-19 than any other American. Help stop fear by letting people know that being of Asian descent does not increase the chance of getting or spreading COVID-19.

2. **The risk of getting COVID-19 in the U.S. is currently low.**
   
   Some people who have traveled to places where many people have gotten sick with COVID-19 may be monitored by health officials to protect their health and the health of other people in the community.

3. **Someone who has completed quarantine or has been released from isolation does not pose a risk of infection to other people.**
   
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4. **You can help stop COVID-19 by knowing the signs and symptoms:**
   
   - Fever
   - Cough
   - Shortness of breath
   
   Seek medical advice if you
   
   - Develop symptoms

   **AND**

   - Have been in close contact with a person known to have COVID-19 or live in or have recently traveled from an area with ongoing spread of COVID-19. Call ahead before you go to a doctor’s office or emergency room. Tell them about your recent travel and your symptoms.

5. **There are simple things you can do to help keep yourself and others healthy.**
   
   - Wash your hands often with soap and water for at least 20 seconds, especially after blowing your nose, coughing, or sneezing; going to the bathroom; and before eating or preparing food.
   - Avoid touching your eyes, nose, and mouth with unwashed hands.
   - Stay home when you are sick.
   - Cover your cough or sneeze with a tissue, then throw the tissue in the trash.