

STUDENT JOURNAL

DIVISION OF SOCIAL WORK

Valdosta State University • Valdosta, GA 31698

Name _____ Date _____

1. In relation to service assignments, journals should focus on analyzing interviews, groups, meetings, etc. (conducted by the student and/or her/his supervisor or other professional staff).

A. Purpose of contact (e.g., referral reason/source, who was present, your role, relation to the mission of the agency, etc.)

B. Describe the major problem or areas of concern as presented by client system.

C. Were there other problem areas/concerns that were not discussed?

D. Student's subjective feelings/reactions/self-talk regarding the contact.

E. Was there a theme, which characterized the content of this contact?

F. Is there anything about the client's behavior or situation that is confusing to you? Explain.

G. Use a specific theoretical frame of reference or knowledge base to explain the client system in context.

H. Policy issues that are relevant to the current situation (*agency, state, or federal, etc.*).

I. Techniques or methods used in the interview/contact. If possible identify a particular practice model that was used.

J. Outcome of the contact. What agreements were reached?

K. If the intervention is ongoing, what is the next step and who will carry this out? If this was a one-time contact, will there be follow-up?

I. Evaluate the outcome of the contact. Consider the following. Did you (or the interviewer or facilitator) accomplish what was intended? How do you know?

From your perspective, was the contact beneficial for the client system? Would the client agree?

M. Reflect on your role/effectiveness in the contact.

(Adapted from form used by University of Missouri-Columbia)