

# Center for Program Assessment, Analytics and Evaluation

**Compressing and Resizing Video Files Using Handbrake:** Handbrake may be used to prepare videos for upload in LiveText.

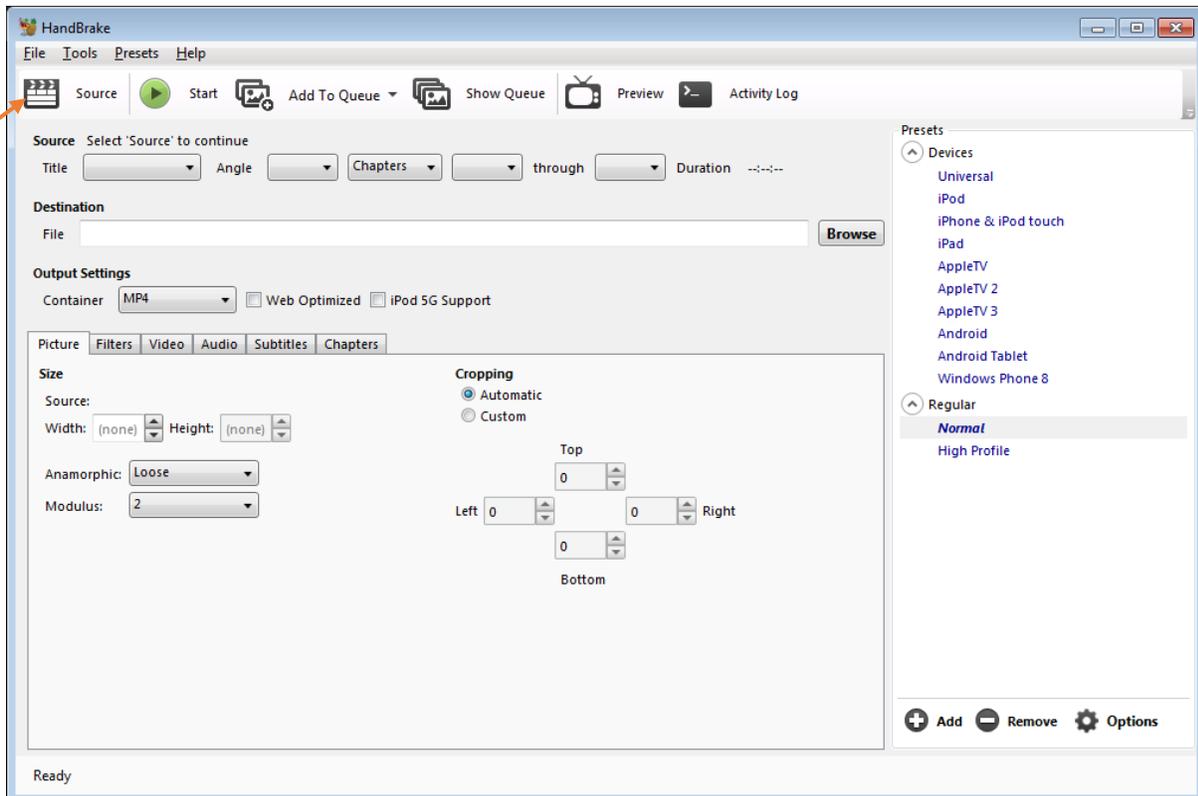
Download the Handbrake software from <http://handbrake.fr/downloads.php>

After running the program, place handbrake shortcut on your desktop (so that it is easily accessible whenever you need it)

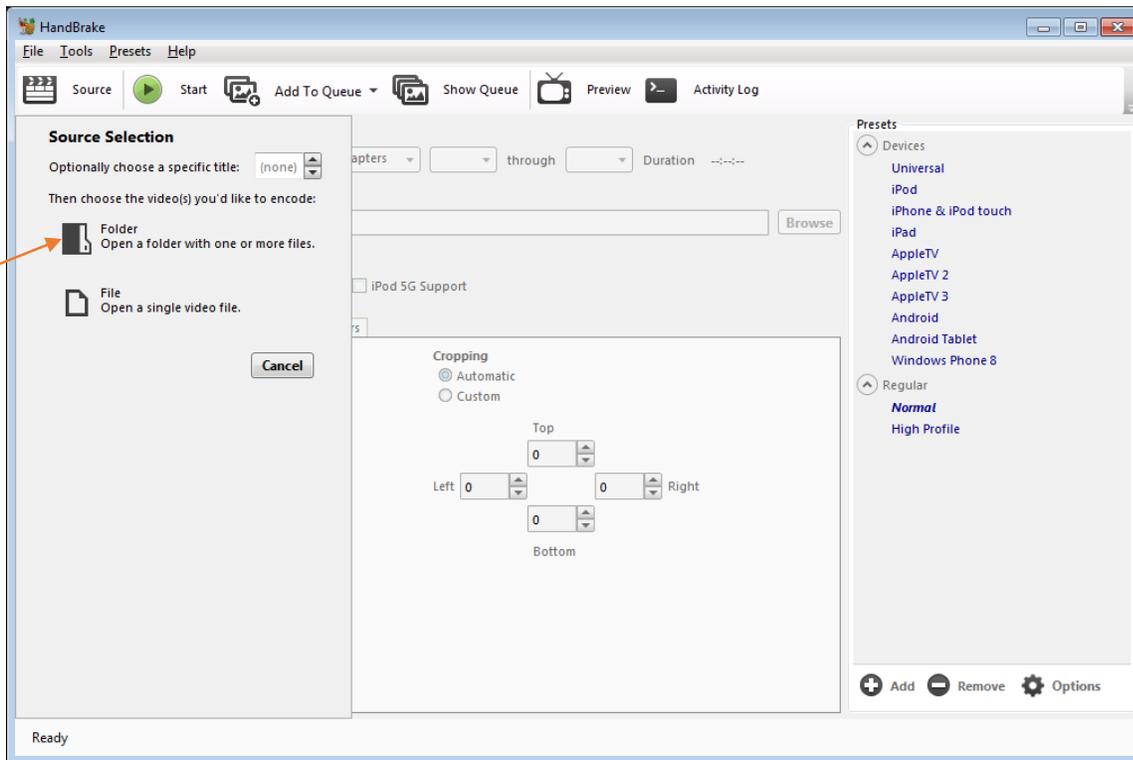


Double on the shortcut to open Handbrake.

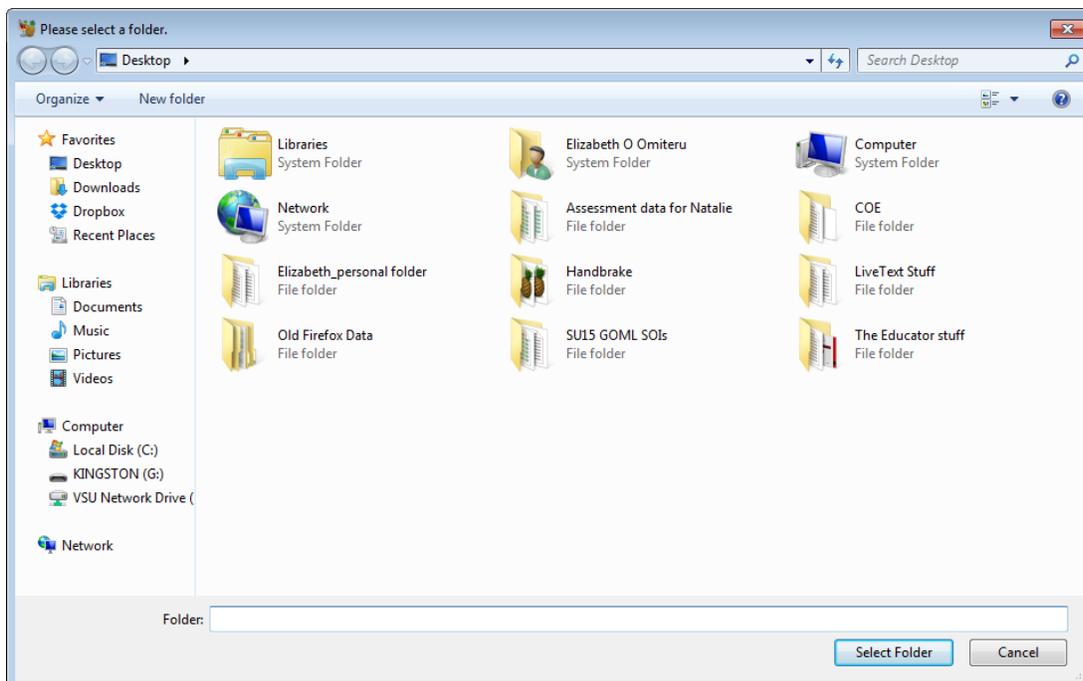
Click on source to select the video you wish to compress



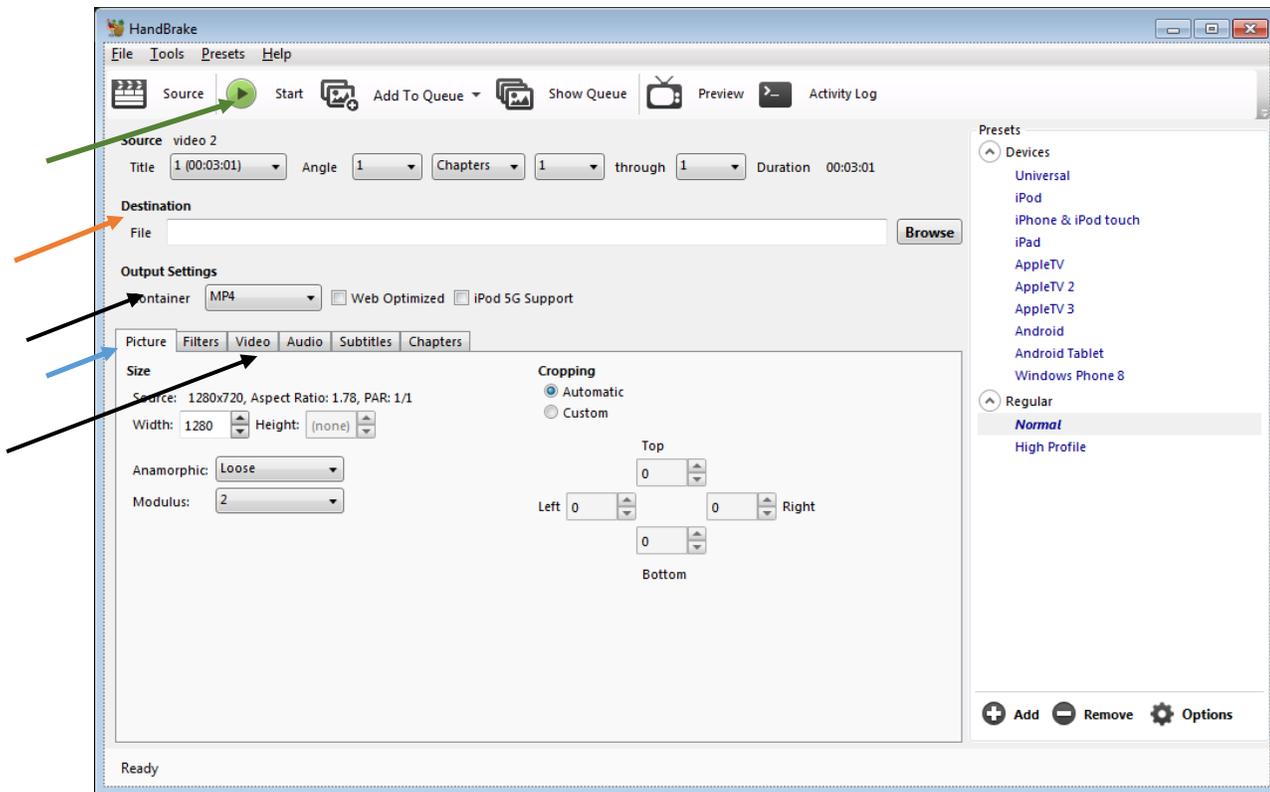
Click on folder to select your video



Upload your video



Once your video has been uploaded, you will see the handbrake screen again. Now, you need to adjust the settings



In the Destination section, name your compressed video file and where you want the file to be stored (see ORANGE arrow).

In the Output settings section, set your container to MP4, and check the “Web Optimized” checkbox (see BLACK arrow).

Click on the “Picture Tab” and set the width to “640” (see BLUE arrow).

Click on the “Video” tab, and set average bitrate to 256 kbps (see BLACK arrow).

Click on the GREEN Start button to start video compression (see GREEN arrow).

Your compressed video will be saved at the destination you specified in the “Destination Section”