

## Psychotherapy Notes: Grading Rubric

An important aspect of being a therapist is watching your work and thinking about your cases. To assist students in thinking about their therapeutic work students will be required to complete psychotherapy notes after watching their simulations (pre-practicum & independent). Psychotherapy notes are separate from the medical file and are used by therapist to capture their ideas about the case, document their own thoughts and feelings and hypotheses to further explore in future sessions.

The answers to the questions for your psychotherapy notes will be evaluated on the following:

<b>Graduate level writing:</b> All written work should be completed at the highest level. Your writing should be thoughtful, clear, and organized.	
<b>Critical Thinking/Analysis:</b> How well were you able to explore the questions posed? Did you provide a thoughtful in-depth response which critically explores the questions. How well were you able to identify blind spots, strengths, and needs which may go undetected without careful reflection?	
<b>TOTAL</b>	