

**Department of Kinesiology & Physical Education  
B.S. in Health & Physical Education Teacher Certification**

Name:		VSU ID#:	
Street Address:			City:
State:	Zip:	Phone:	E-mail:

**Core Curriculum Requirements (42 hours)**

Area A - Essential Skills (9 hours)	Hours	Grade	Semester
ENG 1101 Composition I	3		
ENG 1102 Composition II	3		
MATH 1101 Intro to Math Modeling or MATH 1111 College Algebra	3		
<b>Area B – Institutional Options (4 hours)</b>			
PERS _____	2		
PERS _____	2		
<b>Area C – Humanities (6 hours)</b>			
ENGL 2110, 2120, or 2130	3		
COMM 1100 Human Communication or other Area C course	3		
<b>Area D – Science, Math, &amp; Technology (11 hours)</b>			
BIOL 1010/1020L Intro to Biology I (or other lab science course)	4		
BIOL 1030/1040L Intro to Biology II (or other lab science course)	4		
Math/Science Course _____	3		
<b>Area E – Social Sciences (12 hours)</b>			
HIST 2111 US History to 1865 or HIST 2112 US History Since 1865	3		
POLS 1101 American Government I	3		
Social Science Elective	3		
Social Science Elective	3		
<b>Area F – Related to Major (18 hours)</b>			
BIOL 2651 Anatomy & Physiology I	4		
BIOL 2652 Anatomy & Physiology II	4		
EDUC 2110 Investigating Critical & Contemporary Issues in Education	3		
EDUC 2120 Exploring Socio Cultural Perspectives on Diversity	3		
EDUC 2130 Exploring Teaching & Learning	3		
KSPE 1010 Physical Fitness or approved activity course	1		
KSPE 2999 Entry To Education KSPE 2999 should be taken the semester following the successful completion of 30 hours and taken every semester until an “S” grade is achieved.	0		

**Date Completed: Admitted to Teacher Education \_\_\_\_\_**

**GACE Basic Skills \_\_\_\_\_**

**University System Regents’ Requirement Met \_\_\_\_\_**

**Upper Level Program Requirements (60 hours)**

<b>Fall Semester Junior Year</b>	<b>Hours</b>	<b>Grade</b>	<b>Semester</b>
KSPE 3450 Comprehensive Health Education	3		
KSPE 3401 Instructional Planning & Evaluation	3		
KSPE 3200 Nutrition for Health & Human Performance	3		
KSPE 3700 Elementary Physical Education Content & Methods	3		
KSPE 3101 Foundations & Technology in Health and Physical Education	3		
KSPE 2010 Fitness and Team Activities (COE Physical Ed. Requirement)	3		
<b>Spring Semester Junior Year</b>			
KSPE 3420 Exercise Physiology	3		
KSPE 3460 School Health Methods	3		
KSPE 3301 Contemporary Health Issues	3		
KSPE 4710 Middle Grades & Secondary Phys. Ed. Content & Methods	3		
KSPE 2020 Lifetime Activities (COE Physical Ed. Requirement)	3		
PSYC 2700 Human Growth and Development	3		
<b>Fall Semester Senior Year</b>			
KSPE 3141 First Aid/CPR and Care & Prevention of Athletic Injuries	3		
KSPE 3911 Special Populations & Diversity in Sport and Phys. Ed.	3		
KSPE 4220 Management of Physical Education Programs	3		
KSPE 3411 Human Movement Applications	4		
SPEC 3000 Serving Students With Diverse Needs	3		
KSPE 2000 Health & Wellness for Life (COE Physical Ed. Requirement)	2		
<b>Spring Semester Senior Year</b>			
KSPE 4790 Student Teaching in Health & Physical Education	10		
KSPE 4800 Professional Practice Seminar	2		

- **Students must achieve a grade of ‘C’ or better on all Area F and Upper Division Courses.**
- **All coursework must be completed prior to student teaching.**