

CURRICULUM VITAE

Katherine M. Walden, M.S., CCC-SLP
Senior Lecturer and Clinic Director
Department of Communication Sciences and Disorders
Valdosta State University
5167 River North Circle,
Hahira, Georgia, 31632
kmwalden@valdosta.edu

Education

MS, Speech-Language Pathology, Florida State University, Tallahassee, FL. (1990).

BA, Speech-Language Pathology and Audiology, University of Florida, Gainesville, FL. (1989).

Licenses/Certifications

ASHA Certificate of Clinical Competence, 1991 – present

Georgia State Board of Examiner's Speech-Language Pathologist license, 1990 – present

Professional Affiliations

American Speech Language Hearing Association, 1991-present

Georgia Speech and Hearing Association, 2018-present

Professional Experience

Valdosta State University

Clinic Director-Communication Sciences and Disorders (August 2024-present)

Valdosta State University

Senior Lecturer/Clinical Supervisor-Communication Sciences and Disorders (July 2023-Present)

Valdosta State University

Lecturer/ Clinical Supervisor-Communication Sciences and Disorders (August 2015 - June 2023)

South Georgia Medical Center

Speech Language Pathologist (October 2008 - August 2015).

Valdosta State University

Part time Clinical Instructor-CSD (January 2014 - April 2015)

Georgia Home Health Services

PRN Speech Language Pathologist (January 1998 - June 2002).

South Georgia Medical Center

PRN Speech Language Pathologist (June 1998 - October 2002).

Valdosta Pediatric Therapy Services

Speech Language Pathologist (March 1999 - August 2000).

South Georgia Medical Center Senior Speech Therapist

(January 1992 - June 1998).

Central Georgia Rehabilitation Hospital,

Clinical Fellowship Year, Speech Language Pathologist (January 1991 - December 1991).

Teaching Courses

Externship Communications Disorders - CSD 5210

Applied Practicum Public Schools- CSD 5190

Advanced Practicum - CSD 5140

Intermediate Practicum - CSD 5100

Beginning Practicum - CSD 5050

Scholarship

2025:

Carter, M., Samp, K., **Walden, K.M.**, *The Melody of Swallowing: How Music Can Affect the Muscles of Swallowing*, Robert G. Johnston Research Forum, CSD Department, HSBA, Poster Presentation, (July 30, 2025)

Beck, A., Carter, M., Reeves, B., **Walden, K.M.**, *The Impact of Dance Therapy on Motor and Non-Motor Symptoms in Parkinson's Individuals*, VSU 17th Annual Graduate Student Research Symposium, Valdosta State University Student Union, Poster Presentation, (April 11, 2025)

Brock, A., Vagara, A., **Walden, K.M.**, GSHA Leadership and Mentor Academy student members, *Year 1 of the GSHA Leadership and Mentor Academy-Inspiring Future Leaders in Communication Sciences and Disorders*, GSHA Convention, Atlanta, Georgia, 1-hour Oral Presentation (February 1, 2025)

2024:

Beck, A., Carter, M., Reeves, B., **Walden, K.M.**, *The Impact of Dance Therapy on Motor and Non-Motor Symptoms in Parkinson's Individuals*, Robert G. Johnston Research Forum, CSD Department, HSBA, Poster Presentation, (December 9, 2024)

Coxwell, L., Tidwell, K., **Walden, K.M.**, Gorham-Rowan, M., *Using GU Liquid Energy Gel as a Fatigue Management Tool for Dysphagia Therapy*, ASHA Convention, Seattle, Washington, Virtual Poster Presentation (December 6, 2024)

Cole, Lorena, **Walden, K.M.**, *A Taste of Interprofessional Collaboration at Valdosta State University*, Southeastern University Educators (SUECE) convention, Orlando, Florida, 1-hour oral presentation (October 3, 2024)

Walden, K.M., *A Taste of Rehab-Exploring a Supervisory Model of Graduate Practicum in the Rehab Setting*, Georgia Speech and Hearing Association Convention, Athens, Georgia, 1-hour oral presentation, (March 2, 2024)

Glover, L., **Walden, K.M.**, Carter, M., *How Does Feedback Affect the Speaking Intensity of Individuals with Parkinson's*, GSHA Convention, Athens, Georgia, Poster Presentation (March 2, 2024)

Coxwell, L., Tidwell, K., **Walden, K.M.**, Gorham-Rowan, M., Carter, M., *Using GU Liquid Energy Gel as a Fatigue Management Tool for Dysphagia Therapy*, GSHA Convention, Athens, Georgia, Poster Presentation (July 3, 2024)

2023

Glover, L., **Walden, K.M.**, Carter, M., *How Does Feedback Affect the Speaking Intensity of Individuals with Parkinson's*, Robert G. Johnston Research Forum, CSD Department, HSBA, Poster Presentation (July 3, 2023)

Coxwell, L, Tidwell, K., **Walden, K.M**, Gorham-Rowan, M., Carter, M., Using GU Liquid Energy Gel as a Fatigue Management Tool for Dysphagia Therapy, Robert G. Johnston Research Forum, CSD Department, HSBA, Poster Presentation (July 3, 2023)

Brownrigg, S., Wolfson, M., **Walden, K.M.**, Gorham-Rowan, M., *How Do Thickened Liquids Affect the Swallowing Frequencies of Those Who have Dysphagia*, The 15th Annual VSU Graduate Research Symposium, University, Poster Presentation, (April 14, 2023)

Brownrigg, S., Wolfson, M., **Walden, K.M.**, Gorham-Rowan, M., *How Do Thickened Liquids Affect the Swallowing Frequencies of Those Who have Dysphagia*, Robert G. Johnston Research Forum, CSD Department, HSBA, Poster Presentation, (May 2, 2023)

Flournoy, N., Folds, O., **Walden, K.M.**, Gorham-Rowan, M., *The Effects Of Taste On Swallowing Amplitude*, Robert G. Johnston Research Forum, CSD Department, HSBA, Poster Presentation, (May 2, 2023)

Glover, L., **Walden, K.M.**, Gorham-Rowan, M., *How Does Feedback Affect the Speaking Intensity of Individuals with Parkinson's*, Robert G. Johnston Research Forum, CSD Department, HSBA, Poster Presentation, (July 26, 2023)

Coxwell, L., Tidwell, K., **Walden, K.M.**, Gorham-Rowan, M., *Using GU Liquid Energy Gel as a Fatigue Management Tool for Dysphagia Therapy*, Robert G. Johnston Research Forum, CSD Department, HSBA, Poster Presentation, (July 26, 2023)

2022

Kirkland, S., Britain, M., **Walden, K.M.**, Gorham-Rowan, M., *Measurement of Suprahyoid Muscle Activity during Effortful Swallows Pre- and Post-Thickened Liquids*, Robert G. Johnston Research Forum, CSD Department, HSBA, Poster Presentation (July 26, 2022)

Dees, S., Knight, B., **Walden, K.M**, Gorham-Rowan, M, *The behavioral changes of the pharyngeal muscles during a Fiberoptic Endoscopic Evaluation of Swallowing*, Robert G. Johnston Research Forum, CSD Department, HSBA, Poster Presentation (July 26, 2022)

2021

Strickland, L., Strickland, G., Gorham-Rowan, M., **Walden, K.M.**, *The Effects of a 48 Hour Thickened Liquid Diet on Typical Swallowing as Measured by sEMG*, Virtual ASHA Convention Poster Presentation-National level, Washington DC, (Nov. 18, 2021)

2020

Zipperer, E., Hatcher, J., **Walden, K.M.**, Gorham-Rowan, M, *Exploring Change in Muscle Activity while Consecutively Swallowing Different Thickened Liquids Consistencies: Before and After a 48-hour Time Frame of Only Drinking Thickened Liquids*, Robert G. Johnston Research Forum, CSD Department, HSBA, Poster Presentation (July 23, 2020)

Lofley, K., Merritt, G, **Walden, K.M.**, Carter, M., *The Effects of Sleep on Cognitive Linguistic Treatment Performance*, Robert G. Johnston Research Forum, CSD Department, HSBA, Poster Presentation (July 23, 2020)

Fraser, J., **Walden, K.M.**, Carter, M., *Binary Choice and the Peabody Picture Vocabulary Test*, Robert G. Johnston Research Forum, CSD Department, HSBA, Poster Presentation (November 24, 2020)

Gorham-Rowan, M., **Walden, K.M.**, *Muscular Effort Associated with Successive Swallows of Thin and Thickened Liquid*, American Congress of Rehabilitation Medicine Collaborative Poster Presentation ACRM Convention. Due to COVID restrictions, the convention was held virtually in October 2020

2019

Johnson, C, **Walden, K.M.**, Gorham-Rowan, M, *Effect of Rock Music on Peak Amplitude during sEMG and Effortful Swallows* Robert G. Johnston Research Forum, CSD Department, HSBA, Poster Presentation (March 29, 2019)

Wortham, D., **Walden, K.M.**, Gorham-Rowan, M, *Muscle Tension Dysphagia: Effects Of A Stressful Event During Swallowing As Analyzed By SEMG*, Robert G. Johnston Research Forum, CSD Department, HSBA, Poster Presentation (March 29, 2019)

Wortham, D., **Walden, K.M.**, Gorham-Rowan, M, *Muscle Tension Dysphagia: Effects Of A Stressful Event During Swallowing As Analyzed By SEMG*, The 12th Annual VSU Graduate Research Symposium, University, Poster Presentation (April 17, 2019)

Johnson, Calli, **Walden, K.M.**, Gorham-Rowan, M, *Effect of Thickened Liquid on Peak Amplitude of Effortful Swallow in Young Adults*, Robert G. Johnston Research Forum, CSD Department, HSBA, Poster Presentation (March 29, 2019)

Brown, B., **Walden, K.M.**, Gorham-Rowan, M, *Impact of Thickened Liquids on Peak Amplitude in Geriatric Females* VSU Graduate Symposium Poster Presentation-University Level Graduate Symposium-University Level-Won 2nd place, Valdosta State University, (July 8, 2019)

Brown, B., **Walden, K.M.**, Gorham-Rowan, M, *Impact of Thickened Liquids on Peak Amplitude in Geriatric Females*, ASHA Convention Poster Presentation-National level, Orlando, Florida (November 23, 2019)

2018

Bowen, K., **Walden, K.M.**, Carter, M., *The Use of Delayed Auditory Feedback to Improve Word Finding In the Patient With Aphasia*, Robert G. Johnston Research Forum, CSD Department, HSBA, Poster Presentation (December 8, 2018)

Brown, B., **Walden, K.M.**, Gorham-Rowan, M., *The Effects of Thickened Liquids on The Amplitude of Muscle Contraction During Swallowing in The Geriatric Population*, Robert G. Johnston Research Forum, CSD Department, HSBA, Poster Presentation (July 23, 2018)

Peck, K., **Walden, K.M.**, Gorham-Rowan, M., *The Effects of Taste Solutions on Swallow in Head/Neck Cancer Patients Post Radiation*, Robert G. Johnston Research Forum, CSD Department, HSBA, Poster Presentation (July 23, 2018)

Gonzales, J., **Walden, K.M.**, Gorham-Rowan, M., *The Effects of Thin and Thick Liquids on Swallowing in Head/Neck Cancer Patients Post-Radiation*, Robert G. Johnston Research Forum, CSD Department, HSBA, Poster Presentation (May 1, 2018)

2017

Giordano, M.S., **Walden, K.M.**, Gorham-Rowan, M., *Can Rapid Automatized Naming Reveal Deficits in Executive Functioning*, Robert G. Johnston Research Forum, CSD Department, HSBA, Poster Presentation (December 5, 2017)

Bradshaw, E., **Walden, K.M.**, Gorham-Rowan, M., *Effects of Temperature on Swallowing Thick Nectar Liquids in An Older Adult*, Robert G. Johnston Research Forum, CSD Department, HSBA, Poster Presentation (December 5, 2017)

Pearson, T., **Walden, K.M.**, Gorham-Rowan, M., *Using sEMG To Examine the Muscular Activity of A Person With Dysphagia When Swallowing Thin And Thick Liquids*, Robert G. Johnston Research Forum, CSD Department, HSBA, Poster Presentation (December 5, 2017)

Falcon, O., **Walden, K.M.**, Gorham-Rowan, M., *A Comparison of Phonological Awareness in Adults with and Without Aphasia*, Robert G. Johnston Research Forum, CSD Department, HSBA, Poster Presentation (July 27, 2017)

Holloway, Addie, **Walden, K.M.**, Gorham-Rowan, M., *Effects of Person-Centered Treatment on Quality of Life in Individuals with Aphasia*, Robert G. Johnston Research Forum, CSD Department, HSBA, Poster Presentation (July 27, 2017)

Hilliard, J, Miller, S., **Walden, K.M.**, Carter, M., Gorham-Rowan, M., *Examination of Vocal Quality and Education Level of Voice in High School Coaches*, Robert G. Johnston Research Forum, CSD Department, HSBA, Poster Presentation (July 27, 2017)

Bailey, D., Carter, M., **Walden, K.M.**, Gorham-Rowan, M., *The Effects of Kinesio Tape on Muscle Activity During Laryngeal Elevation for Swallowing While Utilizing the Mendelsohn*

Maneuver, Robert G. Johnston Research Forum, CSD Department, HSBA, Poster Presentation (July 27, 2017)

Echols, B, **Walden, K.M.**, Gorham-Rowan, M, *A comparison: Ataxic Male vs Average male using Surface Electromyography*, Robert G. Johnston Research Forum, CSD Department, HSBA, Poster Presentation (May 2, 2017)

Parker, L, **Walden, K.M.**, Carter, M., *The Effects of a Flipped Learning Environment During Articulation Therapy Homework with Siblings Close in Age*, Robert G. Johnston Research Forum, CSD Department, HSBA, Poster Presentation (May 2, 2017)

Stone, K, **Walden, K.M.**, Carter, M., Gorham-Rowan, M., Hannibal, R.R., *Kinesio tape in the treatment of dysphagia*, The 9th Annual Graduate Research Symposium, Valdosta State University, (April 21, 2017)

Stone, K, **Walden, K.M.**, Carter, M., Gorham-Rowan, M., Hannibal, R.R., *Kinesio tape in the treatment of dysphagia*, Georgia Speech and Hearing Association Annual Convention, Athens, Georgia, Poster Presentation (February 16, 2017)

2016

Stone, K, **Walden, K.M.**, Carter, M, Gorham-Rowan, M, R.R. Hannibal, *Kinesio Tape in the Treatment of Dysphagia*”, Poster presentation, American Speech language Hearing Association convention, Philadelphia, Pennsylvania (November 2016)

Stone, K, **Walden, K.M.**, Carter, M, Gorham-Rowan, M, R.R. Hannibal, *The Effect of Kinesio Tape on Valleculae and Pyriform Sinus Residue After Deglutition in Dysphagia Secondary to ACF Surgery*, Robert G. Johnston Research Forum, CSD Department, HSBA, Poster Presentation (December 8, 2016)

Eastwood, H, **Walden, K.M.**, Gorham-Rowan, M., *The Effect of E-Stim on Dysphagia Due to Head and Neck Cancer*, The Robert G. Johnston Research Forum, CSD Department, HSBA, Poster Presentation (December 8, 2016)

Sumner, P, **Walden, K. M.**, Carter, M., *The Effect of Naming Ability on People with Aphasia When Allowable response Time is Decreased*, Robert G. Johnston Research Forum, CSD Department, HSBA, Poster Presentation (December 8, 2016)

2015

Anderson, H.J., **Walden, K.M.**, Carter, M, *The Effects of Absurdity on Memory*, Robert G. Johnston Research Forum, CSD Department, HSBA, Poster Presentation (December 8, 2015)

Wietman, K, **Walden, K.M.**, Carter, M., *The Relationship Between Pictorial Cuing and Aphasia*, Robert G. Johnston Research Forum, HSBA, Poster presentation (December 8, 2015)

Ross, A, **Walden, K.M.**, Carter, M., *Differences Between the Intelligibility of Standard American English, Southern English, and Southern African American English Speakers in Dysarthric Adults*, Robert G. Johnston Research Forum, CSD Department, HSBA, Poster Presentation (December 8, 2016)

Grants and Scholarships

Valdosta State University-

Awarded a Faculty Scholarship of \$1,000 to present at the 2024 SEUCE convention in Orlando, Florida.

Awarded COEHS Technology Grant of \$3,000 on February 1, 2016, to promote use of state-of-the-art equipment for the diagnosis of swallowing disorders. FEES, Cole, L.M. (Principal), Walden, K.M. (Co-Principal).

Awarded a Faculty Scholarship of \$1,000 to present at the 2019 national ASHA convention in Orlando, Florida.

Awarded a Faculty Scholarship of \$1,000 to present at the 2016 national ASHA convention in Philadelphia, Pennsylvania.

Service

Department

Student Support Committee Member, July 2024-present

CSD Deavours/Hull Lecture Series Committee, March 2017- present

VSU Speech and Hearing Clinic Electronic Documentation System Committee-Clinic Note, September 2021- present

VSU Speech and Hearing Clinic Scheduling Committee, August 2015-present

CSD Advisory Board, January 2022-present (and February 2017)

Search Committee Member-Clinical Supervisor position, August 2022 -present

Graduate Research Symposium Selection Committee, January 2019 – present

Comprehensive Exams Committees-Dysphagia, Motor Speech, Nuero, Clinical Issues, August 2015- present

ASHA Continuing Education Administrator, October 2018-present

Beginner and Junior COMD student Speech, Voice, Hearing Screenings 1-2x per semester, August 2015-present

Search Committee Member - Clinic Secretary, June 2021 -July 2021

Search Committee Member - Teaching Faculty-Audiologist, August 2021-September 2021

Undergraduate Phonetics Bowl Committee-, September 2021

NSSLHA/Phonetics Bowl Co-Chair, September 2021

CSD Dysphagia & Motor Speech Committee- October 2019

Czech Republic visiting CSD students Coordination/Guided Observations, March 2017

55th Speech and Hearing Clinic Celebration, Free Community Speech and Hearing Screenings, May 2017

55th Speech and Hearing Clinic Celebration Scott James Show -Talk Radio-Publicity for Client and Community Appreciation Day, May 2017

55th Speech and Hearing Clinic Celebration Client Appreciation Day, May 2017

Thesis committee service:

Thesis Committee, Gabriela Strauss, Expressive Language and the Impact of Zinc/Copper Ratio, completed, June 2018

Thesis Committee, Katherine Stone, The Use of Kinesio Tape to Improve Laryngeal Elevation in a Patient with Dysphagia, completed, July 2017

Off campus practicum sites service:

Moody Airforce Base Child Development Center-re-established site/clinical education after a 2-year hiatus, 2014-2017

South Georgia Medical Center Therapeutic Dining Group-Founder/clinical education, 2017-present

Guest Lectures and Seminars:

Seminar, Advanced Graduate grand Rounds (CSD 5140), Decision Making in Dysphagia: Tips for the Dysphagia Gym, every fall, spring, summer semester, 2018-2025

Lecture, Graduate Dysphagia, Surface Electromyography, (CSD 5040), June 2022

Lecture, Undergraduate Diagnostics, Evaluation of Swallowing, (CSD 4110), every spring semester 2022-2025

Lecture, Undergraduate Consultation, Counseling in Aphasia, (CSD 4120,) every fall semester 2019-2025

Lecture, Undergraduate Diagnostics (CSD 4110), Laryngeal Cancer and Alaryngeal Voice Disorders, Blazeview, March 2020

Seminar, Graduate Dysphagia (CSD5040), Surface Electromyography, Blazeview, October 2020

Lecture, Undergraduate Diagnostics (CSD 4110), Laryngeal Cancer and ALaryngeal Voice Disorders, every spring semester 2018-2025

University

VSU Health Fair, April 2022

Freshman Orientation (Blazer Beginnings) CSD representative, May 2021- present, 1-2x per semester

Guest Lecture: Undergraduate Clinical Exercise Physiology (HSPE 4210), every summer and fall semester, 2017-2025

VSU Open House, April 2025, November 2022, February 2020, April 2016

Community

GA Mobile Audiology Fair-coordinated and supervised speech screening in the VSU Speech Clinic-March 2025

Wildcat On Wheels community event-McMullen Southside Library-hearing screenings- June 2025

Lowndes High School Resource Fair-August 2024, August 2025

Valdosta Junior Service League Alumni in Service Committee, Past President representative, October 2021-present

Literacy Screenings, Valdosta City and Lowndes County Schools, Fall and Spring, September 2020-present

AmpCare Continuing Education Event, Coordination and Promotion, October 2021-December 2021

Historian, 55th Anniversary Speech and Hearing Clinic Celebration, February-August 2017

Guest Speaker, South Georgia Medical Center Stroke Support Group, November 2017

Ironman World Championships triage tent-Cognitive Screenings, October 2017

Guest Speaker, Valdosta Junior Service League Awards Banquet, May 2017

Lowndes Interagency Coordinating Council, February 2016

Professional

Georgia Speech and Hearing Association (GSHA) Higher Education Committee member, April 2018-present

GSHA Convention Student Research Poster Judge, 2022, 2021, 2019

GSHA Leadership and Mentor Academy Committee, October 2020-present

Co-Chair, Service Subcommittee of the GSHA Leadership and Mentor Academy, March 2021-present

Professional Areas of Specialized Training:

Modified Barium Swallow Studies

Vital StimNuero Muscular Electrical Stimulation (NMES)

Synchrony Surface Electromyography (sEMG)

Fiberopitc Evaluation of Swallowing (FEES)

AmpCare Nuero Muscular Electrical Stimulation (NMES)

Parkinson's SPEAK OUT! program