WAYS TO STUDY SMARTER

CHOOSE SANITY OVER SUFFERING

managing your time
HINT

• Attend Classes.

Pay attention to the last five weeks of the semester—it’s been said that 50% of a course’s work takes place in the last third of the term.
Hint

• Know your instructor.
• The syllabus says a lot about the instructor.
• Don’t be afraid to ask about his/her grading and testing system.
• Go visit your profs during office hours!
3 Shortcuts

• Schedule regular study periods.
  – Study short and often (good news, huh?)
  – Alternate subject areas

• Establish a regular study area.
  – Creating the habit kicks your Brain into study mode, even When you don’t want to😊

• Set a specific goal for each subject you study.
Hint

• Start study sessions on time.
  – It’s amazing how just a 10 minute delay adds up.
Hint

Study when you are wide awake.

– Generally, 1 hour a day is worth 1.5 hours at night.
– Use time between classes and other small pockets of time (waiting at the doc’s, doing laundry, etc)
Short cut

• Start assignments as soon as they are given.
  – Devoting time each week to an assignment allows you to pay attention to quality.
  – Avoids that stuck-in-quicksand feeling in those last weeks of the semester.
Hint

• Study your most difficult subjects first.
Hint

• REWARD YOURSELF.
What are some effective ways you study?

• Study groups?
• Flash cards?
• Highlighting?
• What else?