

The background features a series of concentric circles in light gray, some solid and some dashed, creating a ripple effect. A large red speech bubble is centered on the page, containing the title and author information.

Cardiac Chain of Survival

By Shawn Phippen

Heart Disease
remains the #1
cause of death in
the USA

- **Heart Attack**
- In the United States, someone has a heart attack every 40 seconds.³
- Every year, about **805,000 people in the United States** have a heart attack.³ Of these,
 - 605,000 are a first heart attack³
 - 200,000 happen to people who have already had a heart attack³
 - About **1 in 5 heart attacks is silent**—the damage is done, but the person is not aware of it.³



A red speech bubble graphic with a white outline, containing the text "Call for help".

Call for help

- **On Campus 5555 or 229-259-5555**
- **Off Campus 911**

30
compressions
to 2 breaths

- Check to ensure it is safe
- <https://www.youtube.com/watch?v=OaSovqEimyA>

Advanced Care

- EMS

A red speech bubble graphic with a white outline, containing the text "Clinical Care".

Clinical Care

- Hospital

A red speech bubble graphic with a white outline, containing the word "Recovery". The bubble has a tail pointing downwards and to the left. The background features faint, curved lines in the top-left and bottom-right corners.

Recovery

References

1. <https://www.ProCPR.org>
2. Red Cross
3. Fryar CD, Chen T-C, Li X. [Prevalence of uncontrolled risk factors for cardiovascular disease: United States, 1999–2010 pdf icon\[PDF-494K\]](#). NCHS data brief, no. 103. Hyattsville, MD: National Center for Health Statistics; 2012. Accessed May 9, 2019
4. CDC Heart Disease

Location of AED's on Campus

Continuing Education,
University Center,
Fine Arts,

My Friend's House (Alzheimer's daycare) (one in each building)

HSBA (one on each floor and additional in clinic areas)

PE Complex (two).

University Police has a unit in each vehicle.

A large red speech bubble graphic with a white outline, containing the text "Get Trained".

Get Trained

- **Contact Campus Recreation**

- **229-333-5898**

- **Questions?**