Cardiac Chain of Survival

By Shawn Phippen

Heart Disease remains the #1 cause of death in the USA

Heart Attack

- In the United States, someone has a heart attack every 40 seconds.³
- Every year, about 805,000 people in the United
 States have a heart attack.³ Of these,
 - 605,000 are a first heart attack³
 - 200,000 happen to people who have already had a heart attack³
 - About 1 in 5 heart attacks is silent—the damage is done, but the person is not aware of it.³





Call for help

- On Campus 5555 or 229-259-5555
- Off Campus 911

30 compressions to 2 breaths

- Check to ensure it is safe
- https://www.youtube.com/watch?v=OaSovqEimyA





Advanced Care

EMS

Clinical Care

Hospital

Recovery

References

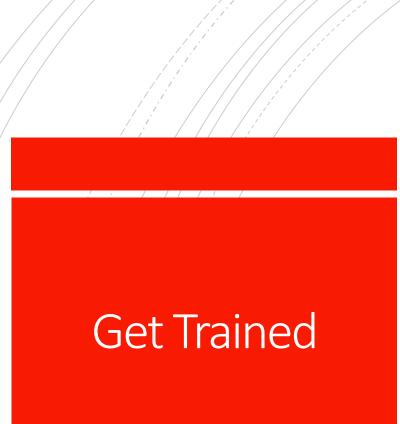
1. https://www.ProCPR.org

2. Red Cross

3. Fryar CD, Chen T-C, Li X. <u>Prevalence of uncontrolled risk factors for cardiovascular</u> <u>disease: United States, 1999–2010 pdf icon[PDF-494K]</u>. NCHS data brief, no. 103. Hyattsville, MD: National Center for Health Statistics; 2012. Accessed May 9, 2019
4. CDC Heart Disease

Location of AED's on Campus

Continuing Education, University Center, Fine Arts, My Friend's House (Alzheimer's daycare) (one in each building) HSBA (one on each floor and additional in clinic areas) PE Complex (two). University Police has a unit in each vehicle.



Contact Campus Recreation

229-333-5898

• Questions?