



Faculty & Staff
Convocation

Mini-Conference

August 8, 2022

Budgeting Discipline and Stretching Your Resources During Inflation

Inflation is scary and painful. Learn how to reduce the pain with budgeting discipline, consumption timing, and effective purchasing strategies. All of these, however, require a collective effort and effective communication.

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Budget

- A comprehensive plan for your money
 - Income vs Expenses

Monthly Household Budget

<https://www.vertex42.com/ExcelTemplates/monthly-household-budget.html>

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INCOME	Budget	Actual	Difference
Wages & Tips	2,000.00	2,000.00	-
Interest Income			-
Dividends			-
Gifts Received			-
Refunds/Reimbursements			-
Transfer from Savings			-
Other			-
Total INCOME	2,000.00	2,000.00	-

BUDGET SUMMARY	Budget	Actual	Difference
Total Income	2,000.00	2,000.00	0.00
Total Expenses	1,345.00	1,486.00	(141.00)
NET	655.00	514.00	(141.00)

HOME EXPENSES	Budget	Actual	Difference
Mortgage/Rent	1,100.00	1,100.00	-
Electricity	50.00	67.00	(17.00)
Gas/Oil	43.00	52.00	(9.00)
Water/Sewer/T/rash	7.00	7.00	-
Phone	25.00	25.00	-
Cable/Satellite	35.00	35.00	-
Internet	15.00	15.00	-
Furnishings/Appliances	0.00	150.00	(150.00)
Lawn/Garden	0.00	0.00	-
Home Supplies	20.00	15.00	5.00
Maintenance	50.00	20.00	30.00
Improvements	0.00	0.00	-
Other	0.00	0.00	-
Total HOME EXPENSES	1,345.00	1,486.00	(141.00)

SAVINGS	Budget	Actual	Difference
Emergency Fund			-
Car Replacement Fund			-
Retirement Fund			-
Investments			-
Education Fund			-
Other			-
Other			-
Total SAVINGS	0.00	0.00	-

OBLIGATIONS	Budget	Actual	Difference
Student Loans			-
Credit Card Debt			-
Other Loans			-
Alimony/Child Support			-
Federal Taxes			-
State/Local Taxes			-
Legal Fees			-
Other			-
Other			-
Total OBLIGATIONS	0.00	0.00	-

DAILY LIVING	Budget	Actual	Difference
Groceries			-
Personal Supplies			-
Clothing			-
Cleaning Services			-
Dining/Eating Out			-
Dry Cleaning			-
Salon/Barber			-
Discretionary [Name 1]			-
Discretionary [Name 2]			-
Other			-
Total DAILY LIVING	0.00	0.00	-

BUSINESS EXPENSE	Budget	Actual	Difference
Deductible Expenses			-
Non-Deductible Expenses			-
Other			-
Other			-
Other			-
Total BUSINESS EXPENSE	0.00	0.00	-

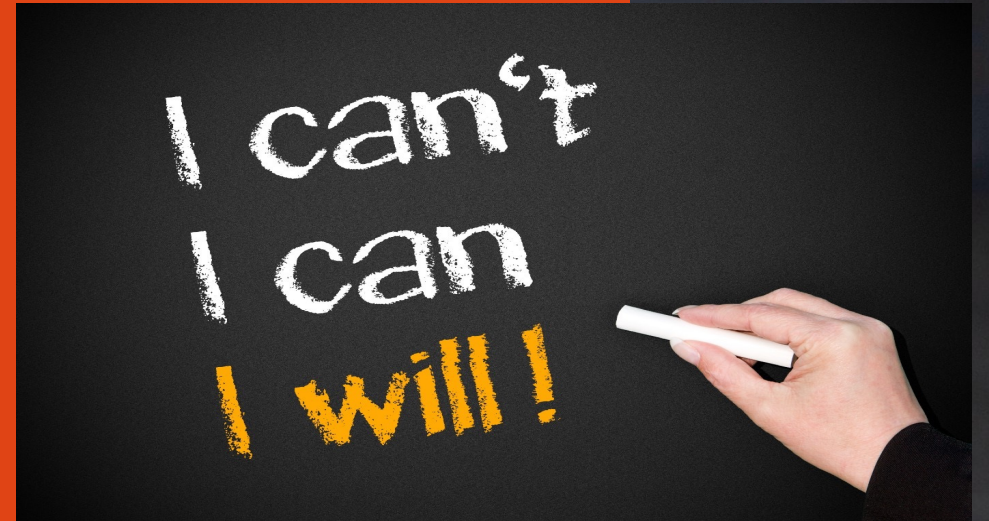
CHILDREN	Budget	Actual	Difference
Medical			-
Clothing			-
School Tuition			-
School Lunch			-
School Supplies			-
Babysitting			-

ENTERTAINMENT	Budget	Actual	Difference
Activities			-
Books			-
Games			-
Fun Stuff			-
Hobbies			-

- Easier said, then done!
 - Planning
 - Commitment and Discipline
 - COOPERATION and Execution

▪ Budget:

- Its like new year's resolution diet 😊
 - Discipline
 - Communication
 - Cooperation
- Free tools everywhere
 - Excel
 - Bank account
 - Credit cards
- Unforgivable mistake:
 - Retirement account withdrawals



▪ Budget Types:

- 50/30/20 Rule
 - Needs (50%)
 - Wants (30%)
 - Savings (20%)
- Reverse Budgeting
 - Save first, spend later (better for people with savings discipline, business owners, contractors, etc.)
- Zero-Based Budgeting (if all savings are done by employee-sponsored programs)

■ Income

- Not as straightforward as you think, even for salaried employees
- Deductions (Retirement, HSA, Tax-saving accounts, etc.)
- Opportunities (gig economy, e-commerce, sell your services, etc.)
- Coupons, cash-back programs, miles, rewards programs
- Rental properties, Dividend Income, TIPS

▪ Expenses

- List of must-haves
 - Honest communication
 - Alternatives?
- Timing
 - Recurring
 - One-time (financing options)
 - Surprises (savings vs borrowing)
- Cost of Debt
 - Pay down vs get by
 - Timing (tax savings)
- Reward the entire team →



▪ Stretch

- Cut back on groceries
 - Discount clubs
 - Buy in bulk
 - Use store brands
- Cut back on utilities
 - Lights, LED, HVAC
 - Cable, internet, cellular (prepaid vs unlimited)
- Cut back on transportation costs (carpool, plan errands into fewer trips, travel expenses)
- Cut back on dining-entertainment (fun alternatives)



COMMUNICATION, COOPERATION, EXECUTION



- Great way to strengthening your relationship
 - Nothing builds a stronger team than enduring tough times together
- Great way to teach your young ones about value of money, discipline, investing and savings

