Guiding Your Staff Through Change

Wednesday, June 29 from 2 PM-5 PM
Valdosta State University—Odum Library Rm. 1604

Change is one of the biggest stress inducers in the workplace. Because change is inevitable, it is beneficial for supervisors to be able to help their employees recognize, prepare, navigate, and implement change in ways that are beneficial for the individual and the institution. A team ready for change is a team ready for successful action.

Learning objectives
- Recognize the signs that change is going to occur
- Prepare your employees how to respond to change
- Identify the different ways people cope with change
- Utilize clear communication about the “hows” and “whys” of change
- Align policies, procedures, and rewards to support change

Instructor: Rebecca Murphy
Rebecca is the Associate Director of Human Resources for Employee Development at Valdosta State University. As a certified professional in HR for 18 years, Rebecca serves on the Professional Development Consortium leadership team, and is the ADR Co-liaison for her campus. She served on the Steering Committee for the USG Executive Leadership Institute for four years. She holds a Master’s degree in I/O Psychology and is a certified Focus Group Director. Rebecca has a special interest in employee wellness and conflict resolution.

To Register

Online - [www.valdosta.edu/training](http://www.valdosta.edu/training), or select visitor login

OR

Call- VSU Employee Development
229-259-5105