How to Turn Conflict into Collaboration

Thursday, March 23, 2017 9:00 AM - 12:00 PM
Valdosta State University—Student Union Meeting Room 1A&B

Conflict happens and we often react poorly or avoid conflict, which allows problems to fester. Join us for this half day session and learn how you can increase your effectiveness in conflict situations.

Learning objectives:
- Understand why conflict in the workplace happens
- Change your perspective about conflict and increase your confidence
- Identify the three most common workplace conflict situations
- Identify the five ways people deal with conflict
- Learn communication techniques that decrease conflict and increase collaboration
- Learn what resources are available to you when you can’t resolve your own conflict situation

Instructor: Ashley Cooper
Ashley is a Training Specialist with the Employee and Organizational Development Department, a unit of Human Resources and Employee Development at Valdosta State University. As a Training Specialist, she specializes in Organizational Communication training. She also instructs at the institutional level on a variety of topics which include new staff employee orientation, customer service, management and leadership skills, communication skills, time management, and conflict management skills.

Register

Online: www.valdosta.edu/training,
Select Training Course Registration button
Select visitor login

OR

Call: VSU Employee Development
229-259-5105

FREE class offered through the University System of Georgia Professional Development Consortium.

The purpose of the consortium is to foster collaboration among USG institutions in regards to professional development to facilitate benchmarking, share development resources and implement best practices.

Regional training centers and regional partnerships have been established throughout the USG.