Our Mission
Learning in Retirement (LIR) is an organization that provides a unique opportunity for cultural growth, lifelong learning, and recreation for individuals 50 years of age and above. LIR is member-led and university-sponsored. Members are involved in determining curriculum, recruiting new members, managing the budget, and developing social programming.

Announcements
Are You On Facebook? So is LIR!
Become a member of the LIR Facebook group and get updates on classes and special offers for Continuing Education classes, view photos from events, post your ideas and opinions, and more! Search on Facebook for “Learning in Retirement at Valdosta State University,” or contact Suzanne Ewing at (229) 245-6484 for more information.

What A Deal!
There are no extra fees (above your membership fee) for any LIR classes except when noted in class descriptions. Membership is $45 per term (Fall, Winter, Spring), or $120 for the year (available in the Fall only).

LIR Needs You!
Do you like what you see here? Well, LIR could not function without member volunteers! We particularly need folks to assist with: CURRICULUM COMMITTEE & SOCIAL COMMITTEE. Please contact Suzanne Ewing, Program Coordinator, and she will pass your name to the appropriate committee chair or officer.

Got Photos?
If you have pictures of LIR classes, events or trips, we want to see them! Post them on the LIR Facebook page (search on Facebook for “Learning in Retirement at Valdosta State University”) or email them to Suzanne Ewing at sewing@valdosta.edu

Continuing Education Staff
Julie Halter, Ed.D.
Online, Conferences, Certificate Programs, Teacher Recertification
Sue Bailey
Professional Development, Personal Enrichment, Contract Training
Suzanne Ewing, Learning in Retirement & Children’s Enrichment Programs
Annetta Taylor, Registration Specialist
Susan Bass, Marketing Assistant
Elena Schmitt, Office Assistant
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LIR Officers & Committee Chairs

PRESIDENT .................................................. Carol Jennings
VICE PRESIDENT ...................................... Linda Crook
SECRETARY ........................................... Linda Davis
PAST PRESIDENT ......................... Tommy DeVane
TREASURER .............................. Beverly Long
HISTORIAN ............................ Carol Copeland
PARLIAMENTARIAN .................. Julie Magruder
SOCIAL COMMITTEE CHAIR ....... Lynn Kilgarr
                                    Cindy Gallahan
PUBLICITY COMMITTEE CHAIR .... Joyce Aigen
CURRICULUM COMMITTEE CHAIR .. Sandra Dickson
FINANCIAL COMMITTEE CHAIR ... Beverly Long
HISTORICAL COMMITTEE CHAIR .. Carol Copeland

PAST PRESIDENTS:
Millie Chitwood .......................... Tommy DeVane
Faye Wisenbaker ....................... Diane Tovar
Lois Retterbush ........................ Carol Feibush
(Deceased) .................................. Dorothy Ard
Roberta Boyd ............................. Joyce Aigen
Rita Henkels ...............................
Learning In Retirement

is designed to enhance the lives of area retirees by offering fun and exciting learning opportunities. Our goal is to keep our programs affordable for the largest possible audience while constantly seeking ways to expand opportunities available to the community. Your financial gift to the VSU Foundation, earmarked for Learning in Retirement, will provide the support necessary to keep fees low while continually enhancing the programs available. Please take a moment to reflect on what our programming means to you and then complete the form below and return it to the address indicated.

Yes, I want to help support Learning In Retirement with my financial gift of $☐☐☐☐.☐☐

__________________________________________
Name

__________________________________________
Address

__________________________________________
City State Zip

__________________________________________
Phone

__________________________________________
E-mail

☐ Please have someone from VSU Foundation contact me about the possibility of a stock gift or an estate gift to Learning in Retirement.

Payment Type:
☐ CASH ☐ CHECK # ____________________________ ☐ CREDIT CARD (MasterCard / VISA / Discover)
(Make Payable to VSU Foundation Inc.)

Card Holder ___________________________________________________________________
Print Name - Exactly as it appears on card VIN __________________________
3 Extra Digits on Reverse

Billing Address __________________________________________________________________
Same As Above? If Not, Print Address Here

Signature of Card Holder ____________________________ Date ________________________

Card # ____________________________ Exp. Date ________________________

Return to this form with payment to:
VSU Foundation • Valdosta State University • 1500 N. Patterson St. Valdosta, GA 31698
Frequently Asked Questions

Q: How do I register for LIR classes?
Spring registration is now open! Registrations received on or close of business on Monday, March 16 will be entered into a prize drawing. Registration continues until the class begins or until classes are full. Please see page 13 for registration form.

Q: What are the limitations on the number of people in each class?
Most classes do not have a limited enrollment. Only a few classes (those where an enrollment limitation is listed in the class description) are likely to fill. For everything else, you will most likely get a spot even if you register right before the class begins!

Q: Where do I park for my classes?
Parking is available adjacent to the Regional Center for Continuing Education building, where most classes are held. A visitor’s parking permit, good for the current LIR term, will be mailed with your registration confirmation. If you forget or lose your permit, just stop in the Continuing Education office (Room 124) and pick one up. The LIR permit may be used to park elsewhere on campus while you are attending an LIR class or event. If you are visiting campus for something OTHER than an LIR class or event, you are responsible for obtaining a visitor’s permit from the VSU Parking and Transportation office. Single day visitor permits are free; you may also purchase a permit good for an entire semester for a fee. Call Parking and Transportation at 229.293.7275 for details.

Q: How do I get more involved with LIR?
There are many ways to get more involved! We need people to serve on our Curriculum, Social, and Publicity committees (see page 2). Please contact Carol Jennings, LIR President, at 229.292.2895 or email her at jmcljenn@gmail.com if you are interested in serving on a committee.

Q: I would like to teach a class for LIR. Who do I contact?
We always have a need for volunteer teachers who are willing to share their expertise with fellow members. Members teach classes in arts and crafts, languages, science, nature, computers, literature, health and fitness, social studies, and many other areas. We will be setting up next term’s classes soon, so please let us know if you are interested in volunteering! Contact Suzanne Ewing, Program Coordinator at 229.245.6484 or at sewing@valdosta.edu, and she will pass on your idea to the curriculum committee.

Q: Who do I contact with questions about LIR?
Contact Suzanne Ewing, Program Coordinator at: 229.245.6484 or at sewing@valdosta.edu
Her hours are 8 AM - 2:30 PM.

For more information visit our website: www.valdosta.edu/ce
or call our office at: 229.245.6484
Health & Fitness

Yoga 15SLIR002
Can’t get down, can’t get up? Kathleen will show you how while helping you improve muscle strength, increase flexibility and balance, and reduce stress. In Thursday classes there will be no postures in which you must put pressure on your knees. Students should bring a yoga “sticky” mat and cotton yoga strap to class.
16 Tuesdays & Thursdays | March 24 - May 14 | 10 - 11 AM
Kathleen Hamill, Instructor

Range of Motion 15SLIR006
Begin with 10 minutes of warm-ups in a chair followed by standing balances, stretches, moving and marching, and cardio. End with ten minutes back in the chair for cool-down. Move at your own pace; breaks offered frequently. Adaptable for all fitness levels.
16 Mondays & Wednesdays | March 23 - May 13 | 10 - 10:45 AM
Kathleen Hamill, Instructor

Line Dance Fun & Fitness 15SLIR007
An aerobic dance class featuring popular line dances often featured at senior dances, weddings, reunions, and on cruises. Stop sitting on the sidelines and come join the fun!
7 Fridays | March 27 - May 8 | 10 - 10:45 AM
Linda Crook & Jerry Morton, Instructors

Tai Chi for Health 15SLIR008
This class is designed for the person interested in improving their health and wellness using easy, gentle, balanced stretching and breathing exercises. Additional benefits include mind stimulation and stress relief. Research has shown for millions of people that Tai Chi is beneficial for arthritis relief. Comfortable clothes are recommended. All exercises can be done seated.
14 Mondays & Wednesdays | March 30 - May 13 | 11 - 11:45 AM
Eneida Pugh, Instructor

Capacitar: Healing Ourselves, Healing Our World 15SLIR009
“Capacitar” means “to empower.” Using a hands-on approach, we will learn simple wellness practices that lead to stress reduction, healing, and wholeness. These techniques are a unique distillation of multicultural practices and movements from traditions around the world. Wear comfortable clothing; we will be both seated in chairs and on our feet. This class is for ANY fitness level.
4 Tuesdays & Thursdays | March 24 & 26 and March 31 & April 2 | 11:30 AM - 12:30 PM | Lee Schert, Instructor
**Still Life Drawing 15SLIR010**

Explore the elements and principles of drawing still life compositions. The only required supplies are charcoal, newsprint paper, and a drawing board, but students are welcome to bring other media if they choose. This class is for both beginners and more experienced artists. **$10 EXTRA FEE.**

5 Tuesdays | March 31 - April 28 | 10 - 11 AM
Anna Waddell, Instructor

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**A Morning at the Opera 15SLIR015**

Learn the story behind Mascagni’s one-act opera *Cavalleria Rusticana*, which is filled with gorgeous music, intrigue, forsaken love, and revenge. Then sit back and enjoy watching a stellar performance of the opera, starring the great tenor Placido Domingo (the video is 72 minutes long).

Thursday | April 9 | 10 AM - 12 PM
Roberta Magnasco, Instructor

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**Open Art Studio 15SLIR011**

Enjoy the fellowship of other LIR artists while you draw or paint. Bring along whatever media you choose to work with. This is not instructional time, just a time to let your creativity flow.

5 Tuesdays | March 31 - April 28 | 11 AM - 12 PM
Anna Waddell, Facilitator

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**Spring Into Art Exhibit 15SLIR012**

*Spring Into Art* is an annual exhibition at the Annette Howell Turner Center for the Arts that invites visual artists working in two and three dimensional media to exhibit their work and compete for $5,000 in awards. Enjoy a guided tour of the exhibit conducted by the Turner Center curator. Meet at the Turner Center, 527 North Patterson Street.

Friday | April 24 | 1 - 2 PM
Bill Shenton, Instructor

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**Ukulele Fun 15SLIR014**

This class is for anyone who has already taken “Intro to the Ukulele” or who already knows how to play. It will be a time for learning new skills, sharing, and jamming with your favorite tunes. Music will be provided at no charge. Come join us and make a joyful noise! Instruments and accessories are available from Kilgard Instrument Repair (242-3444) or Toads and Teacups (244-7220).

8 Wednesdays | March 25 - May 13 | 1 - 2:15 PM
Jacqui Pool, Instructor

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**Valdosta Symphony Orchestra Overview: Beethoven’s Ninth Symphony 15SLIR018**

Dr. Hsu will give an overview and background information about the final concert of the VSO’s 25th anniversary season: Beethoven’s towering Ninth Symphony, one of the composer’s most glorious creations. The May 2nd concert will feature acclaimed soloists and a 200-voice choir.

Monday | April 13 | 10:30 - 11:30 AM
Maestro Howard Hsu, Instructor

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**Writer’s Meet-Up 15SLIR013**

Writing is a lonely job and sometimes we need the company and feedback of others to keep us in the groove. This writers/readers workshop is for people who yearn for inspiration from others and for an audience to listen to their work. It will not be a “how to” workshop, but rather a support group to keep us going. Participants will take turns in leading the “meet-up” and provide “pivotal ideas” to motivate others. Those who want to read will do so the following week and each week a new leader will be chosen.

8 Wednesdays | March 25 - May 13 | 2 - 3 PM
Harriet Messcher, Facilitator
**Writing for Publication:**

*Special Saturday Workshop for Writers*  
15WBPD01

Do you love words and the craft of writing? Do you want to be a published writer? Join us for a morning of encouragement, motivation, and guidance in how to write for publication from local author, poet and publisher Roberta George. Roberta will share tips on how to begin and who to turn to for help. Get answers to these questions and many more:

- Which publications and audiences will my writing appeal to?
- Should I write about people, places, or things?
- Should I send photos with my article?
- How much money can I earn as a writer?
- How long will I have to wait for a letter of acceptance?

Roberta is the founding editor of Snake Nation Press, still in production after 25 years.

**Saturday | March 14 | 9 AM - 12 PM | $59 FEE**

Roberta George, Instructor

*(This class is not part of the Learning in Retirement program; however, you may pay the fee along with your Learning in Retirement class fee if you wish.)*

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**Peach State Summer Theatre Overview**  
15SLIR016

Get an overview of the upcoming Peach State Summer Theatre (PSST) season from the PSST Managing Director. Learn about the shows (*Les Miserables*, Disney’s *The Little Mermaid*, and *Always…Patsy Cline*), the creative process, and the challenges of hosting the “Official Musical Theatre of the State of Georgia.”

**Tuesday | May 12 | 11 AM - 12 PM | Duke Guthrie, Instructor**

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**Staging “The Wiz”**  
15SLIR017

Hear the inside scoop on the staging of this beloved Broadway musical which sets Dorothy’s adventures in the Land of Oz to a dazzling, lively mixture of rock, gospel, funk, and soul music. The show is to be performed by the VSU Theatre and Dance students April 3-5.

**Monday | March 30 | 11 AM - 12 PM**

Eric Neilson, Instructor

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**Drama A-Z: Part III**  
15SLIR019

This class will lay the foundation for developing character and ensemble acting. Open to new members! A play to be performed at the May 15 end-of-year potluck will be selected and rehearsed.

**8 Thursdays**

**March 26 - May 14 | 1 - 2:30 PM**

Dr. Sandra B. Dickson  
& Kathryn Smith, Instructors
**Sailing Alone Around the Room: New and Selected Poems** by Billy Collins 15SLIR020

We will hear and experience some of the best examples of modern poetry by America’s former poet laureate Billy Collins. If language and the experience of hearing, seeing, and feeling imaginatively matters to you, then the poetry of Collins is an outstanding way to celebrate that.

**Thursday | April 14 | 11 AM - 12 PM**

Rev. Chris Michael, Reviewer

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**The Nightingale** by Kristin Hannah 15SLIR023

Two sisters clash in German-occupied France during World War II. With her husband called from their village to the front, Vianne struggles to protect their young child while defiant Isabelle insists on joining the Resistance. The women’s choices divide them, but both face moral dilemmas and must make unthinkable sacrifices. Combining action and heartrending emotion, their tale is an unforgettable portrait of love and war.

**Thursday | May 7 | 11 AM - 12 PM**

Dr. Sandra Dickson, Reviewer

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**Still Life with Bread Crumbs** by Anna Quinlan

This story begins with an imagined gunshot and ends with a new tin roof. Between the two is a wry and knowing portrait of Rebecca Winter, a photographer whose work made her an unlikely heroine for many women. Her career is now declining, her bank balance shaky, and she has fled the city for the middle of nowhere. There she discovers, in a tree stand with a roofer named Jim Bates, that what she sees through a camera lens is not all there is to life.

**Tuesday | May 12 | 11 AM - 12 PM**

Anne Gunter, Reviewer

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**Girl Singer** by Rosemary Clooney

In the early 1950s, cabaret singer and actress Rosemary Clooney came to prominence with the novelty hit “Come On-a My House,” which was followed by other pop numbers. Her autobiography, Girl Singer, gives us a clear picture of an often misunderstood era in popular music. She lets us see the exactitude of celebrity and the bounty it places on the soul. As Tony Bennett said, “To know Rosemary Clooney is to love her. After reading Girl Singer, you will, too.”

**Tuesday | May 5 | 11 AM - 12 PM**

Gale Eger, Reviewer
Interesting Places to Go in Georgia 15SLIR026
Led by the tourism project manager for the GA Department of Economic Development/Plantation Trace Region, we will embark on a virtual tour of what South Georgia has to offer. Instructions will be provided on how to use the official Georgia Tourism website to find interesting places, phone numbers, hours of operation, dining facilities, etc. Brochures and maps will be given out during this class. Thursday | May 7 | 2 - 3 PM | Amanda Peacock, Instructor

Good to Know

Aging in Place 15SLIR027
Few of us want to give up our homes and independent lifestyle as we get older. Come and learn strategies and techniques you can put into place now that will allow you to remain at home and independent for as long as possible.

Monday | March 23 | 1 - 2 PM | Ann Kasun, Instructor

Healthy Traveling With Your Pet 15SLIR025
Learn the latest, most current information on how to keep your pet healthy while travelling. A number of safety and health tips will be discussed, as well as “over the counter” medications that are a must for all pet owners to have on hand. This will be a great opportunity to ask questions about your own pet’s care.

Wednesday | May 6 | 1 - 2 PM | Dr. Myron Graham, Instructor

Pre-Planning: A Gift You Leave Your Family 15SLIR029
This class will provide practical advice to guide you through the planning process. In the first session we will discuss some of the 70 decisions that must be made when death occurs; the second session will be a discussion of cremation or burial.

2 Tuesdays | April 7 & 14 | 10 - 11 AM | Casey Music & Paula Sheffield, Instructors

Making Your Money Last 15SLIR030
Learn how to manage income and expenses during retirement and steps you can take to prepare for unexpected health care costs. The 3rd session is designed to help you understand your options regarding social security and the impact on your retirement.

3 Tuesdays | March 31 - April 14 | 10 - 11 AM | Mike Meeks, Instructor

Georgia Traffic Law/Legal Update 15SLIR032
Learn about Georgia traffic law (including common misconceptions) and recent legislative changes. The presentation will be followed by a question-and-answer session.

Thursday | April 30 | 2 - 4 PM | State Court Judge John K. Edwards Jr., Instructor

Restaurant Food Safety 15SLIR033A
The food supply in the US is among the safest in the world, but “food poisoning” still makes 1 out of 6 Americans sick each year. Learn about important issues in food safety and how the restaurant inspection process works.

Tuesday | April 28 | 2 - 3 PM | Sue Bailey, Instructor
**Good to Know**

**Jury Service / Tour of Judicial Complex** 15SLIR033
Learn about your responsibilities and duties as a juror in Georgia courts. A tour of the Judicial Complex and courtrooms will be part of this presentation. Meet in the lobby of the the Lowndes County Courthouse, 327 N Ashley St.

**Thursday | April 16 | 10 AM - 12 PM**
State Court Judge John K. Edwards Jr., Instructor

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**Tinnitus** 15SLIR028
Do you hear ringing in your ears…and it’s not your phone? Learn about the causes and mechanism of tinnitus, as well as solutions for managing this condition.

**Thursday | May 7 | 10 - 11:30 AM**
Danny Jones, Instructor

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**Managing Memory Loss** 15SLIR033B
Concerned about memory loss? We will discuss strategies for dealing with your own memory issues as well as ways to help your loved ones who are experiencing memory loss.

**Monday | April 20 | 1 - 2 PM**
Ann Kasun, Instructor

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**Medicaid Essentials Planning** 15SLIR028A
In this course, we will discuss options available when planning for long term care. A large number of people need costly nursing home care at the end of their lives. Whether you are interested in pre-planning for the possibility of your long term care in the future, or you need to know what to do now that a loved one has entered the nursing home, we can give you up-to-date information about these issues and discuss planning options available. It is never too early or too late to plan! Class will be held at Bennett Trust, Estate & Elder Law, 2502 North Oak Street.

**3 Mondays | March 30 - April 13 | 2 - 3 PM**
John R. Bennett & Marnie H. Watson, Instructors

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**AARP Smart Driver** 15SLIR031
You may be able to reduce your insurance rates with this 6-hour class, which provides a review of driving skills and techniques as well as strategies and tips to help you adjust to normal age-related physical changes that can affect your driving ability. There is a $15 fee for AARP members (must have a current AARP card) and $20 fee for non-members (fee covers certificate and paper work.) Students should bring their driver’s licenses and AARP cards. Fees are to be paid directly to the instructors on the first day of class. This class is open to the public - LIR membership not required.

**Monday & Tuesday | April 13 & 14 | 1 - 4 PM**
Al & Mary Raines, Instructors
O’Leno State Park / Dudley Farm Historic Park 15SLIR034
First head to O’Leno State Park, located near High Springs, FL on the banks of the Santa Fe River. Developed by the CCC (Civilian Conservation Corps) in the 1930s, there is a large grist mill on site, as well as a display showcasing the history of the CCC. Participants may wish to pack a picnic lunch. For more information: https://www.floridastateparks.org/park/Oleno. After lunch, head to Dudley Farm in Newberry, FL. Listed on the National Register of Historic Places, this authentic working farm shows the evolution of Florida farming from the 1850’s until the mid-20th century. For more information: https://www.floridastateparks.org/park/Dudley-Farm. Anyone wishing to carpool/caravan should meet at the Regional Center for Continuing Education for an 8 am departure to O’Leno State Park. $5 charge per vehicle.

Friday | March 27 | 8 AM - approximately 4 PM

Habitat for Humanity (Global Village & Discovery Center) 15SLIR034B
Learn how Habitat for Humanity works to eliminate poverty housing worldwide. In the six acre village in Americus, you can travel the world without leaving Georgia. You can see examples of poverty housing in different parts of the world and see examples of Habitat for Humanity’s houses. You can buy a brick inscribed with your name (or that of a loved one) to be installed in the Donor Recognition Plaza at the village entrance. Bring a brown bag lunch and picnic at one of the shelters on the grounds. For more information: http://www.habitat.org/gvdc. Anyone wishing to carpool/caravan should meet at the Regional Center for Continuing Education for an 8 am departure. $3 charge for seniors 65 or over; $4 adults under 65.

Tuesday | March 31 | 8 AM - approximately 3 PM

Natural Bridge Historic Site 15SLIR035
On March 6, 1865, a significant battle took place on the banks of the St. Marks River south of Tallahassee. The fight preserved Tallahassee’s status as the only southern capital east of the Mississippi not conquered by Union Forces. The battle is memorialized today at Natural Bridge Historic State Park near Woodville, Florida with monuments, earthworks, and a picnic area. For more information: https://www.floridastateparks.org/park/Natural-Bridge. Anyone wishing to carpool/caravan should meet at the Regional Center for Continuing Education for an 8 am departure. Lunch stop to be determined by the group. $3.00 per vehicle admission charge.

Friday | April 24 | 8 AM - approximately 2 PM

Kanapaha Botanical Gardens 15SLIR036
This Gainesville, Florida area formal garden is nestled on 62 acres at the edge of Lake Kanapaha, home to an old Timucan Indian village. The entire tour is 1 ½ miles, and you can walk all or part. There are 24 formal garden settings, a waterfall, koi fish feeding stations, and an artistic rock wall. Flowing ponds host giant water lily pads. There is a bulb garden, camellia garden, herb garden, bamboo garden, and a hummingbird garden. The gift shop has artistically unique gifts. Benches & gazebos are throughout the garden. Visit takes about two hours. For more information: http://www.kanapaha.org. Anyone wishing to carpool/caravan should meet at the Regional Center for Continuing Education for an 8:30 am departure. Lunch stop to be determined by the group. $7 admission charge per person.

Friday | May 1
8:30 AM - approximately 2:30 PM

Bell’s Daylily Garden 15SLIR037
This daylily garden in Sycamore, Georgia has hundreds of daylily species. You can tour the beautiful garden (takes about an hour), select your favorites to purchase, and have them dug on the spot! You may also pick up forms for ordering. For more information: http://www.bellsdaylilygarden.com. Anyone wishing to carpool/caravan should meet at the Regional Center for Continuing Education for a 9 am departure. Lunch stop to be determined by the group. $1.00 per person admission charge.

Friday | May 8
9 AM - approximately 1:30 PM
“Luck of the Irish”
Spring Kick-Off Luncheon

Wear your green, and help us kick off the Spring LIR term in style! Meet up with new members and old friends and enjoy a great meal and entertainment.

Meal Provided by: VSU Catering

**Tuesday, March 17**
Regional Center for Continuing Education Auditorium
11:00 AM Business Meeting • 11:30 AM Lunch
12:00 PM Musical Program

Luncheon fee - $10

**RSVP by NOON on Wednesday, March 11**
by turning in your registration form or by calling 229.245.6484
*If you are not pre-registered you may not attend.*

Everyone who registers for the Spring LIR term classes by close of business on **Monday, March 16** will be entered into a prize drawing.

Grand prize: **2 season passes to Peach State Summer** Theatre! Prize winners will be drawn at the kick-off lunch on March 17.

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End of the Year Potluck
& LIR Players Performance

Close out the year with a delicious pot-luck lunch! Bring a dish of your choice to share and support your 2015-2016 LIR officers who will be installed at this event.

Beverages and paper goods provided. LIR committee sign-up sheets will be available if you would like to lend your talents to our group next year.

Then, sit back and be entertained by our own LIR Players, who will present a short play (Title TBA).

**Friday, May 15 • 11:30 AM - 1:30 PM**
Regional Center for Continuing Education Auditorium
Registration Form

Everyone who registers for the Spring LIR term classes by close of business on Monday, March 16 will be entered into a prize drawing. Grand prize: 2 season passes to Peach State Summer Theatre! Prize winners will be drawn at the kick-off lunch on March 17.

REGISTRATIONS WILL NOT BE PROCESSED WITHOUT PAYMENT. We will hold your registration for you if you wish to pay later; however, a place in your class(es) will NOT be held for you until payment is received.

If mailing in your registration and payment, please send to:
Learning in Retirement
Valdosta State University
Valdosta, GA 31698-0998

To register by phone with credit card payment call:
229.245.6484

Prefered Name
Legal Name (If Different)
SSN (Last 4 Digits)

Mailing Address
City
State
Zip

Primary Phone
Alternate Phone
Email

☐ Check here if you do NOT wish to be contacted about upcoming LIR events or sent reminders by email.
Is this your first time ever participating in Learning in Retirement? ☐ YES ☐ NO
If you are new to LIR, how did you hear about us? Please circle one:
RADIO
NEWSPAPER
WEBSITE
AZALEA FESTIVAL
FRIENDS
PICKED-UP BROCHURE
OTHER
FLYER MAILED TO “CURRENT POSTAL CUSTOMER”

If you would like to teach a class, please state topic:

Fees: Check All That Apply
(Some classes not listed here require an extra fee to be paid directly to the instructor, as noted in the class description.)

☐ $40 Kumihiomo
15SLIR047

☐ Still Life Drawing
15SLIR010

☐ $40 Crystal Flower Bracelet
15SLIR048

☐ Spring Kick-Off Luncheon
15SLIR001A

☐ $10 iPad 101
15SLIR072

☐ Subtract $10 if Volunteer Teacher for Spring 2015 Term.

Total Amount Enclosed:
(Add All Fees) $

Payment Type:

☐ CASH (RECEIPT # ) ☐ CHECK #
(Make Payable to VSU-LIR)

☐ CREDIT CARD (MasterCard / VISA / Discover)

Card Holder
Print Name - Exactly as it appears on card
Sec. Code
3 Extra Digits on Reverse

Billing Address
Same As Above? If Not, Print Address Here

Signature of Card Holder

Card # Exp. Date
Special Activities

- 15SLIR001A “Luck of the Irish” Spring Kick-Off Luncheon  Tuesday, March 17  |  11 - 1 PM  $10- RSVP by noon 3/12/15
- 15SLIR001B End of Year Potluck & LIR Performance  Friday, May 15  |  11:30 - 1:30 PM

Health & Fitness

- 15SLIR002 Yoga  16 Tuesdays & Thursdays  Mar 24 - May 14  |  10 - 11 AM
- 15SLIR003 Beginning Tennis  8 Wednesdays  Mar 25 - May 13  9 - 10 AM
- 15SLIR004 Bowling for Fun  8 Wednesdays  Mar 25 - May 13  2 - 4 PM
- 15SLIR005 Move It! Dance Aerobics  8 Wednesdays  Mar 25 - May 13  1 - 1:45 PM
- 15SLIR006 Range of Motion  16 Mondays & Wednesdays  Mar 25 - May 13  10 - 10:45 AM
- 15SLIR007 Line Dance Fun & Fitness  7 Fridays  Mar 27 - May 8  10 - 10:45 AM
- 15SLIR008 Tai Chi for Health  14 Mondays & Wednesdays  Mar 30 - May 13  11 - 11:45 AM

Fine Arts

- 15SLIR010 Still Life Drawing  5 Tuesdays  Mar 31 - April 28  10 - 11 AM
- 15SLIR011 Open Art Studio  5 Tuesdays  Mar 31 - April 28  11 - 12 AM
- 15SLIR012 Spring Into Art Exhibit  Friday  April 24  1 - 2 PM
- 15SLIR013 Writer’s Meet-Up  8 Wednesdays  Mar 25 - May 13  2 - 3 PM
- 15SLIR014 A Morning at the Opera  Thursday  April 9  10 AM - 12 PM
- 15SLIR015 Ukulele Fun  8 Wednesdays  Mar 25 - May 13  1 - 2:15 PM
- 15SLIR016 Peach State Summer Theatre  Tuesday  May 12  11 AM - 12 PM
- 15SLIR017 Staging “The Wiz”  Monday  March 30  11 AM - 12 PM
- 15SLIR018 VSO: Beethoven’s Nineth Symphony  Monday  April 13  10:30 AM - 11:30 AM
- 15SLIR019 Drama A-Z Part III  8 Thursdays  Mar 26 - May 14  1 - 2:30 PM

Book Reviews

- 15SLIR020 Sailing Alone Around The Room  Tuesday  April 14  11 AM - 12 PM
- 15SLIR021 The Mockingbird Next Door: Life with Harper Lee  Thursday  April 23  11 AM - 12 PM
- 15SLIR022 Girl Singer  Tuesday  May 5  11 AM - 12 PM
- 15SLIR023 The Nightingale  Thursday  May 7  11 AM - 12 PM
- 15SLIR024 Still Life with Bread Crumbs  Tuesday  May 12  11 AM - 12 PM
- 15SLIR025 Medicaid Essentials  3 Mondays  March 30 - April 13  2 - 3 PM
- 15SLIR029 Pre-Planning  2 Tuesdays  April 7 & 14  10 - 11 AM
- 15SLIR030 Making Your Money Last  3 Tuesdays  March 31 - April 14  10 - 11 AM
- 15SLIR031 AARP Smart Driver  Monday & Tuesday  April 13 & 14  1 - 4 PM
- 15SLIR032 Georgia Traffic Update  Thursday  April 30  2 - 4 PM
- 15SLIR033A Restaurant Food Safety  3 Tuesdays  March 31 - April 14  10 - 11 AM
- 15SLIR033B Managing Memory Loss  Monday  April 20  1 - 2 PM  10 - 11 AM
- 15SLIR033 Jurys Service / Tour  Thursday  April 16  10 AM - 12 PM
## Trips & Tours

<table>
<thead>
<tr>
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<tbody>
<tr>
<td>15SLIR034</td>
<td>Natural Bridge Historic Site</td>
<td>Friday</td>
<td>April 24</td>
<td>8 AM - 2 PM</td>
</tr>
<tr>
<td>15SLIR035</td>
<td>Bell's Day Lily Garden</td>
<td>Friday</td>
<td>May 8</td>
<td>9 AM - 1:30 PM</td>
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<tr>
<td>15SLIR034B</td>
<td>O'Leno State Park / Dudley Farm</td>
<td>Friday</td>
<td>March 27</td>
<td>8 AM - 4 PM</td>
</tr>
<tr>
<td>15SLIR036</td>
<td>Kanapaha Botanical Gardens</td>
<td>Friday</td>
<td>May 1</td>
<td>8:30 AM - 2:30 PM</td>
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<tr>
<td>15SLIR034B</td>
<td>Habitat for Humanity</td>
<td>Tuesday</td>
<td>March 31</td>
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## Leisure

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<th>Course Code</th>
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<tr>
<td>15SLIR038</td>
<td>Dutch Treat Lunch: Steel Magnolias</td>
<td>Monday</td>
<td>March 23</td>
<td>11:30 AM</td>
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<tr>
<td>15SLIR039</td>
<td>Dutch Treat Lunch: Ichiban Japanese</td>
<td>Thursday</td>
<td>April 2</td>
<td>11:30 AM</td>
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<tr>
<td>15SLIR040</td>
<td>Dutch Treat Lunch: Mellow Mushroom</td>
<td>Friday</td>
<td>April 17</td>
<td>11:30 AM</td>
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<tr>
<td>15SLIR041</td>
<td>Mah-Jongg</td>
<td>8 Mondays</td>
<td>March 23 - May 11</td>
<td>12:30 - 3 PM</td>
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<tr>
<td>15SLIR042</td>
<td>Knitting &amp; Crocheting</td>
<td>6 Wednesdays</td>
<td>March 25 - April 29</td>
<td>2 - 3:30 PM</td>
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<tr>
<td>15SLIR043</td>
<td>Chemo Cap Bridgade: Session A</td>
<td>Thursday</td>
<td>March 26</td>
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<td>15SLIR044</td>
<td>Chemo Cap Bridgade: Session B</td>
<td>Thursday</td>
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<td>15SLIR045</td>
<td>Knitting with Cables - Real &amp; Faux</td>
<td>8 Wednesdays</td>
<td>March 25 - May 13</td>
<td>11 AM - 1 PM</td>
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<tr>
<td>15SLIR046</td>
<td>Cross Stitching</td>
<td>Tuesday</td>
<td>May 5</td>
<td>2 - 4 PM</td>
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<td>15SLIR047</td>
<td>Kumihimo: Japanese Braided Jewelry</td>
<td>Monday</td>
<td>March 23</td>
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<td>15SLIR048</td>
<td>Make a Crystal Flower Bracelet</td>
<td>Monday</td>
<td>May 4</td>
<td>12 - 4 PM</td>
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<td>15SLIR049</td>
<td>Propagating Your Plants</td>
<td>Monday</td>
<td>April 30</td>
<td>11 AM - 12 PM</td>
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<td>15SLIR050</td>
<td>Plant Swap</td>
<td>Thursday</td>
<td>April 20</td>
<td>11 AM - 12 PM</td>
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<tr>
<td>15SLIR051</td>
<td>Fishing at Grassy Pond</td>
<td>Thursday</td>
<td>May 14</td>
<td>9 AM - 12 PM</td>
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<tr>
<td>15SLIR052</td>
<td>Cooking the Vegetarian Way</td>
<td>2 Fridays</td>
<td>April 3 &amp; May 1</td>
<td>12 - 1:30 PM</td>
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<tr>
<td>15SLIR052A</td>
<td>Intermediate Tatting</td>
<td>Monday</td>
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## History & Social Studies

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<td>15SLIR076</td>
<td>Views of the News</td>
<td>6 Fridays</td>
<td>April 3 - May 8</td>
<td>10 AM - 12 PM</td>
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<td>15SLIR053</td>
<td>Remnant Trust Book Collection</td>
<td>Thursday</td>
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<tr>
<td>15SLIR055</td>
<td>Spanish for Beginners II</td>
<td>4 Tuesdays</td>
<td>March 24, April 7 &amp; 21, May 12</td>
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<td>15SLIR056</td>
<td>Photo Journey to Mt. Charleston, NV</td>
<td>Thursday</td>
<td>April 9</td>
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<td>15SLIR056B</td>
<td>Photo Journey to the Florida Keys</td>
<td>Monday</td>
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<td>15SLIR057</td>
<td>Arab Culture &amp; Societies</td>
<td>3 Tuesdays</td>
<td>April 7 - 21</td>
<td>11 AM - 12:30 PM</td>
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<td>15SLIR058</td>
<td>Motivations of a Young Chicano</td>
<td>Tuesday</td>
<td>March 31</td>
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<tr>
<td>15SLIR059</td>
<td>Brief History of the Dominican Republic</td>
<td>Friday</td>
<td>March 27</td>
<td>11 AM - 12 PM</td>
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<td>15SLIR060</td>
<td>Jewish Religion &amp; Culture</td>
<td>Thursday</td>
<td>April 23</td>
<td>10 - 11:30 AM</td>
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<tr>
<td>15SLIR061</td>
<td>The Episcopal Church in America</td>
<td>Thursday</td>
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## Science & Nature

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<td>15SLIR062</td>
<td>Artificial Reefs: A Green Technology Approach</td>
<td>Monday</td>
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<tr>
<td>15SLIR063</td>
<td>Amazing Amphibians</td>
<td>Friday</td>
<td>April 17</td>
<td>1 - 2 PM</td>
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<tr>
<td>15SLIR064</td>
<td>Heavy Metal Contamination in Four Rivers of South Georgia</td>
<td>Wednesday</td>
<td>April 15</td>
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<tr>
<td>15SLIR065</td>
<td>Intersecting Insects</td>
<td>Thursday</td>
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<td>15SLIR066</td>
<td>Planetarium Show</td>
<td>Tuesday</td>
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<tr>
<td>15SLIR067</td>
<td>Artificial Reefs: A Green Technology Approach</td>
<td>Monday</td>
<td>April 27</td>
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Valdosta State University Release, Waiver of Liability, and Covenant Not to Sue
(Read Carefully Before Signing)

I hereby acknowledge my awareness that my participation in some activities of Valdosta State University’s Learning in Retirement Program (“Program”) may subject me to the risks of bodily injury or property damage and I hereby assume any and all such risks.

For sole consideration of Valdosta State University allowing me to participate in this Program, I hereby release and forever discharge Valdosta State University, the Board of Regents of the University System of Georgia, their members individually and their officers, agents, and employees from any and all claims, demands, rights and causes of actions of whatever kind that I may have arising from or in any way connected with my participation in the Program, absent gross negligence on behalf of Valdosta State University. I understand that the acceptance of this Release, Waiver of Liability and Covenant Not to Sue by the Board of Regents of the University System of Georgia shall not constitute a waiver, in whole or in part, of sovereign immunity by the Board of Regents of the University System of Georgia, to its members, officers, agents and employees. I certify that I have read and understood the above.

Signature

Printed Name

Date
**Plant Swap** 15SLIR050
Do you have some extra transplants or seedlings you would be willing to share? How about some cuttings or divisions of some of your favorites? Even if you just want to see what others grow in this area or share your gardening tips, come join us! If you are bringing plants or seeds to share, please identify your items.

**Propagating Your Plants** 15SLIR049
Learn how to split bulbs and do root cuttings to increase the number of plants you have (to keep…or to share!) Class to be held at Lowe’s Garden Center on St. Augustine Road.

**Make a Crystal Flower Bracelet** 15SLIR048
Create a floral motif bracelet using crystals and other materials. Tools and materials provided. Maximum of 10 students. $40

**Kumihimo (Japanese Braided Jewelry)** 15SLIR047
Want to create a unique holiday gift? How about a handmade braided necklace! Kumihimo is an ancient Japanese braiding art used to create beautiful cords from fibers or beads. Learn to braid these cords and turn them into a necklace by adding a clasp and pendant. Tools and materials provided. Maximum of 10 students. $40

**Steel Magnolias** 15SLIR038
Monday | March 23 | Meet at 11:30 AM
132 N. Patterson Street

**Ichiban Japanese Steakhouse** 15SLIR039
Thursday | April 2 | Meet at 11:30 AM
2965 N. Ashley Street

**Mellow Mushroom** 15SLIR040
Friday | April 17 | Meet at 11:30 AM
1526 Baytree Road

**Fishing at Grassy Pond** 15SLIR051
Grassy Pond, formerly a military recreational facility in southern Lowndes County, is now open to the public! Bring your pole and bait. Fish off a dock or from the bank. Must have a Georgia fishing license. Meet at the park. Map and directions sent with registration confirmation. Park entry fee of $5 per vehicle (up to 6 people per vehicle).

**Cooking the Vegetarian Way** 15SLIR052
Learn from an excellent vegetarian cook about eating well without meat, including tips, tricks and delicious recipes. This will be a hands-on class in the RCCE kitchen; space is limited, so sign up early. $3 fee to cover supplies to be paid directly to the instructor each day of class.

**Leisure**

**Dutch Treat Lunch Series**
Enjoy lunch with your fellow LIR members! Meet at the restaurants. Non-LIR friends are welcome, but let us know if you are bringing a guest so that we can tell the restaurant how many to expect.

**Steel Magnolias**
15SLIR038
Monday | March 23 | Meet at 11:30 AM
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Leisure

**Intermediate Tatting 15SLIR052A**
This class is for those who have already done some tatting and are comfortable making tatted rings. Participants will make a chain and learn to read tatted patterns. Please bring your tatting shuttle, ball of thread, and scissors to class with you. Class will be held at the Lowndes County Historical Society and Museum, 305 West Central Avenue.

**Monday | May 4 | 10:30 AM - 12 PM**
Amy Brown, Instructor

**Mah-Jong 15SLIR041**
Mah Jongg is an ancient Chinese game played with two, three, or four people. The players use the “Official Standard Hands and Rules” card from the National Mah Jongg League and a set of tiles with Chinese characters and symbols. The object of the game is to make a “hand” based on the tiles you draw and the options on the Mah Jongg card. The cards are printed annually. Mah Jongg is a challenging game of skill, strategy and some chance.

**8 Mondays | 12:30 - 3 PM**
March 23 - May 11
Elizabeth Burnette, Instructor

**Cross Stitching 15SLIR046**
Create a bookmark or other small item. No knowledge needed. Materials provided, but bring your own scissors.

**Tuesday | May 5 | 2 - 4 PM**
Madonna Terry, Instructor

**Knitting & Crocheting 15SLIR042**
Both beginners and pros welcome! Instructor can help with any problem or pattern, whether using English or Continental method. New patterns and ideas will be presented. Beginning first step instructions will be available. Beginning knitters will need Size 8 needles and worsted weight yarn; beginning crocheters will need Size “G” crochet hook and any yarn.

**6 Wednesdays | March 25 - April 29 | 2 - 3:30 PM**
Rita Booker, Instructor

**Knitting with Cables - Real & Faux 15SLIR045**
Knit a hat with faux cables (200 yards bulky yarn and regular #13 knitting needles) and a scarf with cables (200 yards of worsted weight yarn and using cable needles and #8 knitting needles). Students should come to class knowing how to cast on, bind off, knit and purl.

**8 Wednesdays | March 25 - May 13 | 11 AM - 1 PM**
Kim Shock, Instructor
Location: Rabbit Moon Yarn Shop, Hahira
Receive 10% discount on supplies purchased there.

**Chemo Cap Brigade**
Whether you knit, crochet, or sew, come join the Brigade! Meetings are the last Thursday of each month. Crafters create adult caps, preemie caps, and lapghans that are donated to the Pearlman Cancer Center and to SGMC for distribution to patients. See what other crafters have done, make donations, and get patterns and/or donated yarn. Bring your crochet hook (4.5 mm) or knitting needles (#10 and #13 or #7 circular) and spend some time getting a start on caps for the next meeting. (The Chemo Cap Brigade works throughout the year during this time slot. Each of these sessions is a special introduction to the group.)

**Session A: Thursday, March 26, 10 AM - 12 PM**
15SLIR043
**Session B: Thursday, April 30, 10 AM - 12 PM**
15SLIR044
Location: Rabbit Moon Yarn Shop, Hahira
Annette Woodruff, Instructor
**History & Social Studies**

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**Photo Journey to Mount Charleston, Nevada** 15SLIR056
Take an armchair trip to the Spring Mountains National Recreation Area near Las Vegas. Enjoy photos of this scenic area, including wildflowers, trees, rock formations and the homes of vacationers and residents.

**Thursday | April 9 | 1 - 3 PM**
**Judy Baxter, Instructor**

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**Photo Journey to the Florida Keys**
15SLIR056B
Sit back and take a photo and video tour of the beautiful Florida Keys, both under and above the water. Marine life and the unique subtropical scenery will be highlighted.

**Monday | May 11 | 1 - 2 PM**
**Brittany Butler, Instructor**

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**Arab Culture & Societies**
15SLIR057
Learn about the Arab world in all its richness and diversity. Topics will include common misconceptions about Arabs; women in Arab societies; hospitality, etiquette, body language and greetings in Arabic culture; Arab contributions to Western civilizations and to Islam, Christianity and Judaism.

**3 Tuesdays | April 7 - 21 | 11 AM - 12:30 PM**
**Mariya Chakir, Instructor**

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**Jewish Religion & Culture**
15SLIR060
Visit Temple Israel, home of the Valdosta Hebrew Congregation. Learn about Judaism, the synagogue, and Valdosta’s Jewish community; tour the synagogue; and conclude your visit with light refreshments. Meet at Temple Israel, 511 Baytree Road.

**Thursday | April 23 | 10 - 11:30 AM**
**Rabbi Moshe Elbaz, Instructor**

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**The Episcopal Church in America** 15SLIR061
The Episcopal Church has a rich history in our country. Learn all about the establishment of the Church in America in the 1600s, and the changes that have taken place in recent years.

**Thursday | March 26 | 10 - 11:30 AM**
**Rev. Denise Rohm, Instructor**

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**Views of the News** 15SLIR076
Come ready to discuss today’s hot news topics and current events. We will cover local, regional, and global events. Class participation is encouraged.

**6 Fridays | April 3 - May 8 | 10 AM - 12 PM**
**Dr. James LaPlant, Instructor**

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**Remnant Trust Book Collection** 15SLIR053
Visit this amazing collection of manuscripts and early edition works from Plato to Chaucer to the Declaration of Independence. After an introduction to the collection, you will be invited to actually hold and examine items of your choice in order to better appreciate them. For more information, visit blog.valdosta.edu/remnanttrust/. Meet at the VSU Odum Library South Lobby (the side facing the creek). Suggested parking; Fine Arts lot, or Oak Street lot. Campus map will be sent with your registration confirmation. Maximum of 25 attendees. Car pool can be arranged if there is enough interest.

**Thursday | April 16 | 3 - 4 PM**
**Deborah Davis, Instructor**

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**Spanish for Beginners Level II** 15SLIR055
Review what you learned in the Winter Spanish class, then continue your studies. More attention will be directed toward vocabulary expansion for every day and travel use. Simple verb conjugations and the use of adjectives will become an integral part of each lesson. This is a fun class with lots of personal attention and direction for proper usage and pronunciation.

**4 Tuesdays | March 24, April 7 & 21, May 12 (please note non-consecutive weeks) | 1 - 2:30 PM**
**Dr. Eneida Pugh, Instructor**

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**Motivations of a Young Chicano** 15SLIR058
Learn about the experience of growing up in the U.S. as the grandson of Mexican immigrants. The presenter will discuss the challenges and conflicts involved in holding onto one’s cultural heritage while navigating the dominant culture.

**Tuesday | March 31 | 1 - 2 PM**
**Dr. James Martinez, Instructor**

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**A Brief History of the Dominican Republic** 15SLIR059
Christopher Columbus landed on the island of Hispaniola more than 500 years ago. Hispaniola is now home to two countries. This presentation will focus on a brief history of the Dominican Republic and the events that have led to today’s vibrant culture.

**Friday | March 27 | 11 AM - 12 PM**
**Dr. Regina Suriel, Instructor**
Artificial Reefs: A Green Technology Approach 15SLIR062
Learn about an ongoing VSU project to design and deploy artificial reefs on a small scale in order to regenerate wild oyster populations. In addition to being a food source, oysters can play a tremendous role in water quality and shoreline stability. Other applications of this technology are to synthesize new cancer drugs that have entered preclinical trials, and to serve as a potential platform for coral restoration.  

Monday | April 27 | 11 AM - 12:30 PM | Brittany Butler, Instructor

Amazing Amphibians 15SLIR063
Though often unseen and underappreciated, amphibians exhibit tremendous diversity in the southeastern United States, but few people recognize their true economic, ecological and medical importance. Learn about the biology of frogs, toads, and salamanders, how they have influenced our lives, and the causes and potential consequences of ongoing worldwide amphibian extinctions.

Friday | April 17 | 1 - 2 PM | Dr. Cy Mott, Instructor

Heavy Metal Contamination in Four Rivers in South Georgia 15SLIR064
Learn about a current VSU undergraduate research project on the effects of metal contaminants on aquatic organisms in the South Georgia area.

Wednesday | April 15 | 2 - 3 PM | Dr. Gretchen Bielmyer, Instructor

Interesting Insects 15SLIR065
Learn some interesting facts about different types of insects and the important functions they serve in our environment.

Thursday | April 23 | 2 - 3 PM | Dr. Jay Whitesell, Instructor

Planetarium Show 15SLIR066
Enjoy a special planetarium show just for our LIR group. In “HUBBLE Vision 2” we will experience new views of the planets, peek into stellar nurseries, explore star clusters and galaxies, and view the universe when the earliest galaxies were first coming into being. Please plan to arrive 15 minutes before the show is scheduled to begin at 10 am. Campus map and parking instructions sent with registration confirmation.

Tuesday | May 5 | 10 - 11 AM
Publisher: Greeting Cards & More 15SLIR071
Learn the basics of Publisher. The emphasis will be on creating and printing greeting cards with additional information on using predesigned templates for other documents like flyers, invitations, etc.
5 Thursdays | March 26, April 2, 16, 23, 30 (No Class April 9) 1:30 - 2:30 PM | Debbie Seko, Instructor

Beginning Word 15SLIR069
All the basics of Microsoft Word will be covered, including entering and editing text, setting margins, formatting and aligning text, spacing, and saving your documents. You will also learn to use spell check, the Thesaurus, and the dictionary.
5 Wednesdays | March 25, April 1, 15, 22, 29 (No Class April 8) 1 - 2:30 PM | Debbie Seko, Instructor

Photoshop II 15SLIR070
This course is a continuation of last semesters Photoshop course. You must have taken the Photoshop course Winter term or be comfortable moving around in and using Photoshop.
10 Wednesdays & Thursdays
March 25, 26, April 1, 2, 15, 16, 22, 23, 29, 30 | 10 - 11:30 AM
Debbie Seko, Instructor

File Management 15SLIR067
A must course for all computer users. Learn to set up a useful and effective filing system on your computer for the files, documents and photos you create. No more lost pictures or documents! Practice moving, copying, saving, and deleting files and folders.
5 Mondays | March 23, 30, April 13, 20, 27 (No Class April 6) 9:30 - 10:30 AM | Debbie Seko, Instructor

Surfing the Web 15SLIR068
Learn new ways to search online and to work with your results, including downloading from the web, saving images from the web, creating favorites, setting your home page and more.
5 Mondays | March 23, 30, April 13, 20, 27 (No Class April 6) 11 AM - 12 PM | Debbie Seko, Instructor

iPad 101 15SLIR072
Got an iPad, but don’t know how to make the most of it? Let us help! Bring your iPad fully charged, and if you already have an Apple ID, you must know your user name and password. Participants will receive a guest WiFi account to use during this class, so you MUST be signed up and paid by May 7. Learn navigation basics, including searching, settings, and customizing your device; manage and use preloaded apps that come with your iPad; visit the App Store to find and install apps; use the camera; and make the most of your battery life. MUST HAVE 6 STUDENTS ENROLLED BY MAY 7 IN ORDER FOR CLASS TO BE HELD.
$10 EXTRA FEE
Monday | May 11 | 6 - 8 PM | Sheila Hall, Instructor

LIR Computer Classes at The Library...
Instructor Eric Mathis teaches the following LIR Computer Classes at the South Georgia Regional Library located at 300 Woodrow Wilson Drive. Classes will be held in the Folsom Room. Enter through the west door. (Patterson St. Side) Instructor will open the door for students shortly before 9 am.

Keep Your PC Healthy 15SLIR073
Learn to keep your computer up and operating by using free anti-malware software.
Friday | March 27 | 9 - 10:30 AM

Google Like a Pro 15SLIR074
Get the most out of Google by using advanced searching techniques.
Friday | April 10 | 9 - 10:30 AM

PC Maintenance 15SLIR075
Quick tips to keep your computer running like a champ.
Friday | May 8 | 9 - 10:30 AM
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<th>TUESDAY</th>
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**MONDAY**

- **File Mgmt** 9:30 - 10:30
- **Range of Motion** 10 - 10:45
- **Surfing the Web** 11 - 12
- **Dutch Treat Lunch: Steel Magnolias** 11:30
- **Kumihimo** 12 - 4
- **Mah-Jongg** 12:30 - 3
- **Aging in Place** 1 - 2

**TUESDAY**

- **Yoga** 10 - 11
- **Capacitar** 11:30 - 12:30
- **Spanish** 1 - 2:30

**WEDNESDAY**

- **Tennis** 9 - 10
- **Range of Motion** 10 - 10:45
- **Photoshop II** 10 - 11:30
- **Knitting with Cables** 11 - 1
- **Move It!** 1 - 1:45
- **Ukulele Fun** 1 - 2:15
- **Beginning Word** 1:30 - 2:30
- **Writer's Meet-Up** 2 - 3
- **Knitting & Crocheting** 2 - 3:30
- **Bowling for Fun** 2 - 4

**THURSDAY**

- **Yoga** 10 - 11
- **Episcopal Church in America** 10 - 11:30
- **Photoshop II** 10 - 11:30
- **Chemo Cap Brigade A** 10 - 12
- **Capacitar** 11:30 - 12:30
- **Mah-Jongg** 12:30 - 3
- **Drama A-Z Part III** 1 - 2:30
- **Publishing Greeting Cards** 1:30 - 2:30

**FRIDAY**

- **Keeping Your PC Healthy** 9 - 10:30
- **O'Leno State Park / Dudley Farm Historic Park** 8 - 4
- **Line Dance Fun & Fitness** 10 - 10:45
- **Dominican Republic** 11 - 12

**SATURDAY 14**

- **Writing for Publication** 9 - 12

**SPRING KICK-OFF LUNCH**

- **11 - 1**
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<td><strong>Photoshop II</strong> 10 - 11:30</td>
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The Learning Never Stops at VSU Continuing Education...

Learning in Retirement is just ONE of the many programs offered through VSU Continuing Education! Check out our EdVantages catalog or our website (www.valdosta.edu/ce) for a full listing of our evening and weekend continuing education classes.

We often announce last minute special discounts for Continuing Education Classes on our LIR Facebook page. Join our Facebook group and check it frequently to make sure you don’t miss out…..search for “Learning in Retirement at Valdosta State University.”
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Camp Discovery, our day camp series for kids aged 5 and up, is coming soon!

New activities this year:
• Lego Films
• Minecraft Designers
• Ultimate Claymation
• Make Your First Video Game
• G2: Girl Gamers
• Code Breakers
• App Attack

Returning favorites will include:
• Broadway Bound
• Kids in the Kitchen
• Music Makers
• Around the World
• Mad Scientists
• Math Magic
• Tennis

Call us at 229-245-6484 to be put on the mailing list for our children’s programs, or look for our Camp Discovery schedule online (available by the end of April):

www.valdosta.edu/ce