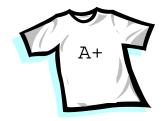


# INTJs can improve this T-shirt



# INTROVERTED INTUITIVE THINKING JUDGING

In general, INTJs are strong individualists who seek new angles or novel ways of looking at things. They enjoy coming to new understandings. They are insightful and mentally quick; however, this mental quickness may not always be outwardly apparent to others since they keep a great deal to themselves. They are very determined people who trust their vision of the possibilities, regardless of what others think. They may even be considered the most independent of all of the sixteen personality types. INTJs are at their best in quietly and firmly developing their ideas, theories, and principles.

- INTJs are perfectionists; they have a strong need for autonomy and personal competence
- They are logical, critical and ingenious
- INTJs prefer to do things their own way
- They can be tireless in the pursuit of improvement

### **Choosing a Major**

- Carefully research options before deciding on their own
- Prefer careers with autonomy and little or no routine
- Often found in sciences, engineering, politics, philosophy, college teaching, and research

#### **Learning Style**

- Seek an underlying principle or theory behind everything
- Learn by challenging authority and popular beliefs
- Delight in conceptualizing new models
- Find many instructors of their type
- Want learning to relate to some larger purpose

### Reading, Writing, Studying

- Are task-oriented, high achievers who enjoy the challenge of new problems
- Study best alone
- Report that they study up to 30 hours each week
- Write quickly, stating a popular position, then challenging it
- Need to revise first drafts by softening overly firm statements, filling in missing facts, and providing human examples

### **Playing**

- Prefer lectures, drama, and music for extracurricular time
- Prefer a neat roommate who is serious about academics
- Enjoy intellectual discussions on dates; don't like small talk
- Even when playing, tend to set high performance standards

#### **Possible Causes of Stress**

- May have trouble putting school work aside to relax
- May get so caught up in organizing their work that they don't actually do it
- May offend others with their critiques or bluntness
- May attempt to master all subjects they are interested in
- May not share feelings even with close friends

### **Dealing with Stress**

- Naturally get things organized
- May need help learning how to relate intimately to others
- Must learn to relax without striving
- Need to learn to express appreciation
- Must work to involve others in their personal lives

### **Work Related Strengths:**

- Visionary and excel at creating systems
- Enjoy creative and intellectual challenges
- Good at theoretical and technical analysis and logical problem solving
- Work well alone and are determined even in the face of opposition
- Can understand complex and difficult subjects

#### **Work Related Weaknesses:**

- May be less interested in projects after creative problem solving is completed
- Drive others as hard as they drive themselves
- May have difficulty working with or for others they consider less competent than they
- May be too independent to adapt to corporate culture
- Can be inflexible and single-minded about their ideas

### **CAREER SATISFACTION** means doing work that:

- 1. Lets me create and develop original and innovative solutions to problems to improve existing systems
- 2. Lets me focus my energy on the implementation of my good ideas, working in a logical and orderly way, and in a setting that rewards my perseverance
- 3. Lets me work with other conscientious people whose expertise, intelligence, and competence I respect
- 4. Gives me credit for my original ideas and lets me maintain authorship and control over their execution
- 5. Allows me to work independently but with periodic interaction with a small group of intellectual people within a smooth-running environment free from interpersonal squabbles
- 6. Exposes me to a steady stream of new information, providing me with new ways to increase my proficiency and competence
- 7. Lets me produce a product that meets with my own high standards of quality rather than with the personal likes or dislikes of others
- 8. Does not require the repetitive execution of factual and detail-oriented tasks
- 9. Provides me with a high degree of autonomy and control, with the freedom to effect change and develop people and systems
- 10. Is judged by uniform and fair standards for all, where performance evaluations are based on established criteria rather than on personality contests and that compensates me fairly for my contributions

## **Popular Occupations for INTJs**

In listing occupations that are popular among INTJs, it is important to note that there are successful people of all types in all occupations. However, the following are careers INTJs may find particularly satisfying and some of the reasons why. This is by no means a comprehensive listing but is included to suggest possibilities you may not have previously considered. Although all of these occupations offer the potential for career satisfaction, the future demand for some careers is anticipated to be greater than for others.

### **Business/Finance**

Telecommunications security

Economist

International banker

Pharmaceutical researcher (R&D)

Credit analyst

Financial analyst

Strategic planner

Budget analyst

Financial planner Treasurer or controller Investment banker Private sector executive

Real estate appraiser

Management consultant; computer/information services, marketing, reorganization

The business and financial careers listed all require highly developed analytical abilities that many INTJs possess. The intellectual challenge so necessary for satisfaction for INTJs is available in abundance in the high-tech and growing field of pharmaceutical research and telecommunications security. The constantly changing worlds of investment and international banking make good use of many INTJs global perspective and ability to plan long range.

#### **Technology**

Scientist/scientific researcher Computer systems analyst

Technician: electrical/electronic Design engineer

Astronomer Computer programmer

Environmental planner Biomedical researcher/engineer Operations research analyst Information services developer

Network administrator

Software and systems researcher and developer

Systems administrator

Information services—new business developer

Webmaster

Network integration specialist (telecommunications)

Database administrator Systems analyst

Computer animator Local area network (LAN) administrator

Computer engineer Desktop publishing specialist

Java programmer/analyst Web developer

Business analyst Application architect

Software developer Computer security specialist Broadcast engineer

The technical fields appeal to the INTJs interest in logical systems. These fields offer an opportunity to work with rapidly developing high-tech equipment and products. Often INTJs are able to use their creativity to develop ingenious and inventive systems.

**Education** 

Administrator Teacher: university, computer, science, math

Academic curriculum designer Mathematician

Anthropologist Curator

Archivist

Higher education appeals to the INTJ much more than elementary or secondary education because it usually involves teaching complex theories and systems with a more global perspective. Developing educational curricula or systems and making sure they are run efficiently allows the INTJ to make improvements. The world of higher education also exposes INTJs to an environment where they can gather and manipulate information and interact with other intellectual people with whom they can expand their own level of competence.

### **Health Care/Medicine**

Psychiatrist Psychologist

Neurologist Biomedical engineer Cardiologist Pharmacologist

Pharmaceutical researcher Biomedical researcher

Coroner Pathologist Geneticist

Surgeon Cardiovascular technician

The more technical areas of medicine are fields in which many INTJs often find success and satisfaction. These fields include highly complex systems, and allow the INTJ to work independently, with minimal outside intervention or input.

#### **Professional**

Attorney: administrative/litigator

Strategic planner

Management consultant
Investment/business analyst

Manager Judge News analyst/writer Engineer

Metallurgical engineer Intellectual properties attorney

Civil engineer Attorney (specialty: nonprofit charitable giving)

Attorney (specialty: estate planning)

Aerospace engineer

Nuclear engineer Architect

Environmental scientist Intelligence specialist

Psychiatrist Criminalist and ballistics expert

Pilot

The professional occupations offer a variety of appealing aspects for the INTJ. All but "manager" require independent research and planning. The development of strategies, systems, and long-range plans utilizes INTJs' future orientation (Intuition) and their ability to plan out how to reach their goals in a sequential and logical manner. The INTJ manager often finds the most satisfaction when working in a fairly small organization with employees who are a lot like him or her. If the staff does not require a great deal of personal support or hands-on supervision, the INTJ is more likely to find satisfaction in management.

### **Creative**

Writer/editorial writer Artist

Inventor Graphic designer

Architect Universal design architect Informational-graphics designer Freelance media planner

Editor/art director Columnist, critic, and commentator

Exhibit designer and builder

The appeal of the creative occupations is the ability to do original work. Writers and artists use their intuition to create new expressions and statements. Inventors are able to create new systems or devices that improve current ways of living or solve vexing problems. All three of these jobs require that INTJs work independently, meeting their own goals and standards, with themselves as the ultimate critic.

Remember, these are only some areas they provide satisfying expression for the unique natural talents of the INTJ.