

Grilled Chicken with Savory Summer Vegetables

Prep Time:
10 minutes

Cook Time:
30 minutes

Servings:
4 servings



Nutrition Facts:

Calories	200
Fat	6g
Sugar	5g
Protein	29g

Ingredients:

- 4 boneless skinless chicken breast halves (about 1 lb.)
- 1/4 cup Sun-Dried Tomato Dressing
- 1 zucchini, cut into chunks
- 1 red pepper, cut into chunks
- 1 cup chopped asparagus
- 1/2 of a red onion, cut into chunks

How To:

PREHEAT grill to medium-high heat. Brush chicken with 2 Tbsp. of the dressing. Let stand 10 min.

MEANWHILE, poke holes in bottom of disposable aluminum foil pan. Toss vegetables with remaining 2 Tbsp. dressing. Place in prepared pan.

GRILL 20 min. or until chicken is cooked through and vegetables are crisp-tender.