

# Strawberry Apple Salsa Salad



## INGREDIENTS:

- 1 pt.** of strawberries, sliced
- 1** McIntosh apple, chopped
- 1** Granny Smith apple, chopped
- 2 tbsp.** sliced green onion
- 2 tbsp.** chopped cilantro
- 3/4 cup** fat-free raspberry vinaigrette dressing
- 6 cups** of torn spinach or Romaine lettuce

## Nutrition Facts:

Calories - **180**

Fat - **9g**

Carbs - **25g**

Fiber - **4g**

Sugar - **18g**

Protein - **1g**

## How To Make It:

**TOSS** strawberries, apples, onions, cilantro and dressing in a large bowl. Let stand for 15 minutes

**ADD** spinach and toss lightly.

**Prep Time:**

15 minutes

**Total Time:**

30 minutes

**Makes:**

6 Servings