

Winter's Double-Chocolate Mousse Dessert

Prep Time: 10 mins
Total Time: 30 mins.
Makes: 6 servings

Nutrition:
140 Calories
4.5g of Fat
2g of Fiber
11g Sugar
3g of Protein

Ingredients:
1-1/2 cups fat-free milk, divided
2 squares of semi-sweet chocolate
1 pkg. fat-free sugar-free instant chocolate pudding mix
2 cups Cool Whip topping, divided
1/2 cup fresh raspberries



MICROWAVE 1 cup milk and chocolate in large microwaveable bowl on **HIGH** 2 min.; stir with whisk until chocolate is completely melted. Stir in remaining milk. Add pudding mix. Beat 2 min. Refrigerate 20 min.

STIR 1-1/2 cups **COOL WHIP** into pudding mixture. Spoon into 6 dessert dishes.

TOP with remaining **COOL WHIP** and raspberries