

# Peanut Butter & Banana Wraps



## Nutrition Facts:

- 410 Calories
  - 14 g fat
  - 58 g carbs
  - 13 g protein
    - 6 g fiber

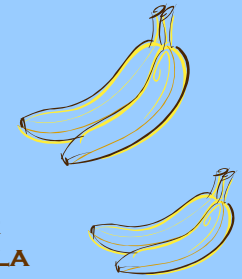


## Ingredients

- 1/2 cup Peanut Butter
- 4 whole wheat or regular flour tortillas
  - 1/4 cup of honey
- 2 small bananas sliced (or fruit of choice)
- 1/4 cup miniature semisweet chocolate chips

## Directions

- SPREAD 2 TBSP OF PEANUT BUTTER OVER EACH TORTILLA EVENLY
- DRIZZLE 1 TBSP OF HONEY OVER EACH TORTILLA
- TOP WITH BANANA SLICES AND CHOCOLATE CHIPS
- ROLL UP TORTILLA AND SECURE WITH TOOTHPICK



**Prep Time:**  
**10 mins.**

**Total Time:**  
**10 mins.**

**Servings:**  
**4**

