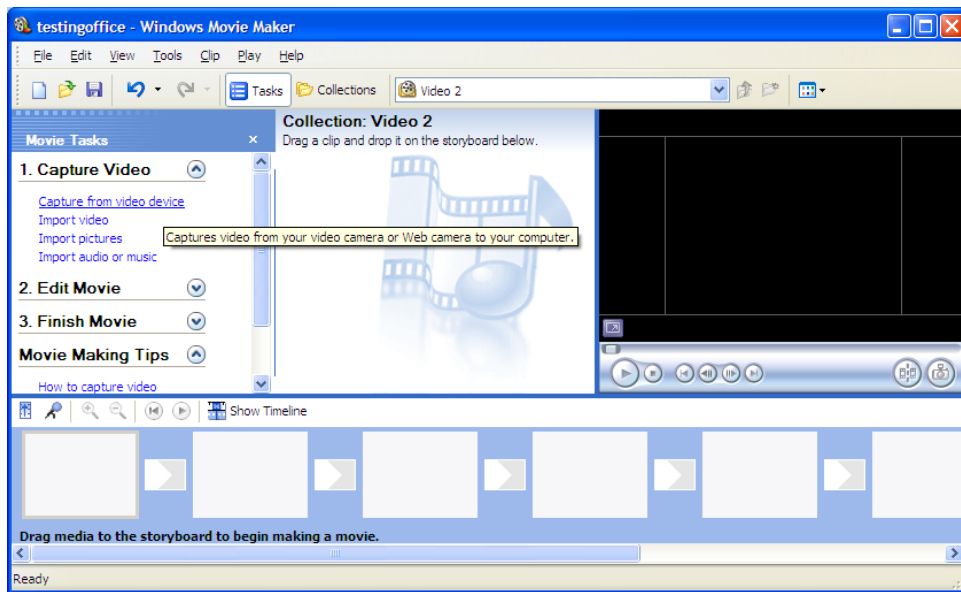
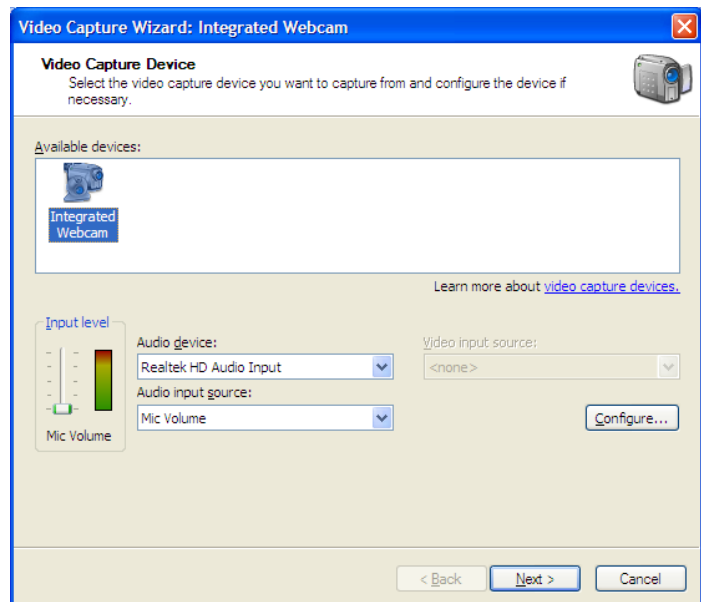


## Method One (Preferred) - Webcam/PC/MovieMaker

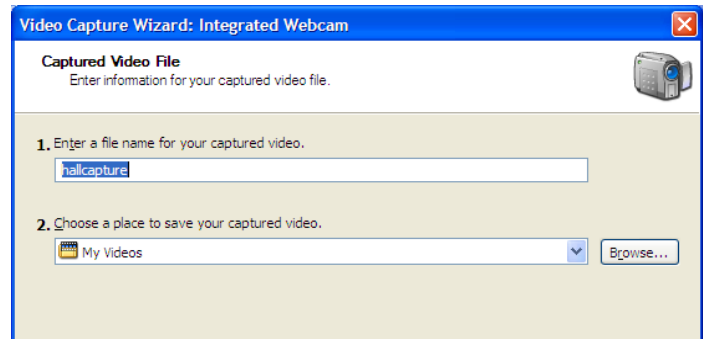
- 1) **TEST this method first** with the equipment and in the classroom you'll be using. This is very important for producing video of adequate quality for your professor(s) to assess.
- 2) Open Windows Movie Maker. Go to Start → Programs → Accessories. You will find the application in Accessories or in the Entertainment folder in Accessories.
- 3) Go to File → Capture Video or click the “**Capture from video device**” link:



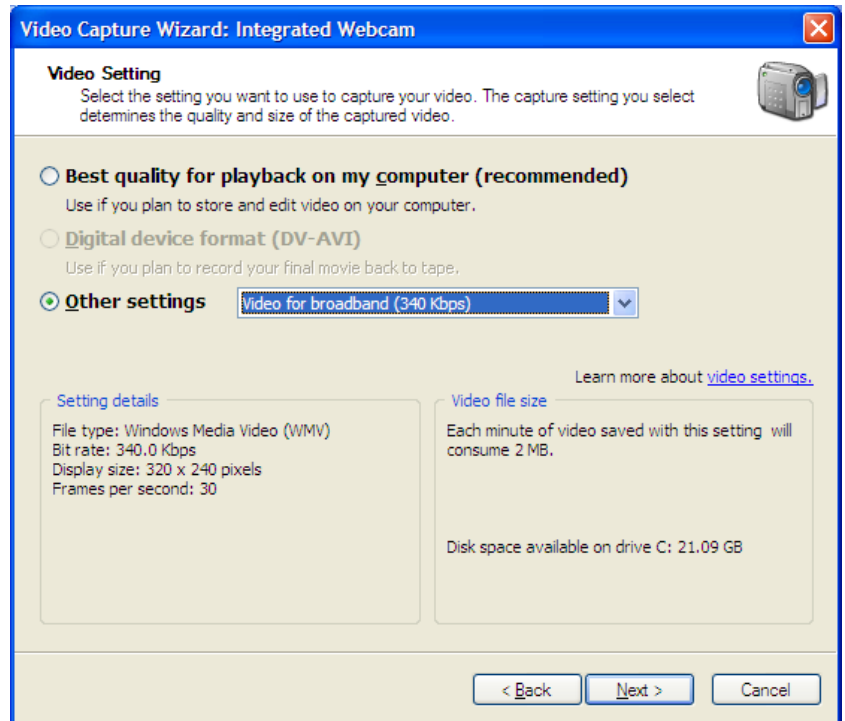
- 4) You will see the video capture wizard. Select the appropriate webcam and audio device. Set the volume of the mic. You may have to try different settings depending on your setup. You may need to use an external mic to get the necessary sound quality (your computer should have a mic jack).



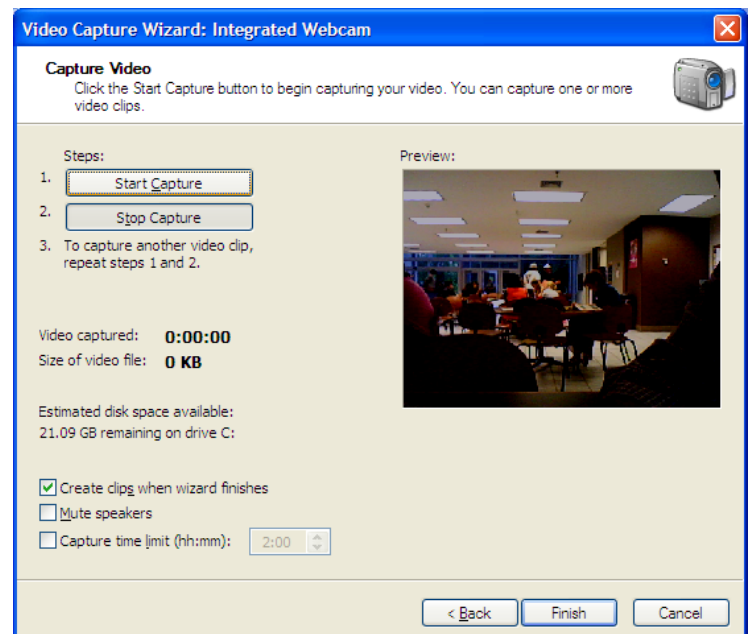
- 5) Next give the video file a meaningful name and choose the folder where it will be saved. Note the location for future retrieval of the file. Click the Next button.



- 6) The next screen is very important. Select the radio button Other Settings. Choose from the dropdown list "High Quality Small Video". Click Next.



- 7) Click the Start Capture button. The Video captured clock should start running and the Size of video file indicator should start changing. You are recording. Click the Stop Capture button when you are done.



8) You will see you the video or a number of clips of your video in the collection area of Windows Movie Maker. You could edit the start and finish of the video, add titles and such, but this is not necessary. Your video is ready at this point. You will find it where you saved it. Skip to the CommuniCoach section to see how it is uploaded

