

Why VSU 1101 Is For You

What is VSU 1101?

VSU 1101, Freshmen Seminar for new International Students, is a **two-hour credit course** that was developed by a specially selected committee of faculty, staff, and administrators to help you adjust to student life in the United States and succeed in your academic career at Valdosta State University.

The course will help students

- Better understand American educational system.
- Increase awareness and use of university facilities and support services.
- Get involved in Campus Life.
- Improve study habits and test taking skills.
- Grow personally, socially, and intellectually.

What's in it for you?

- College "survival skills".
- Orientation to Valdosta State University and student services.
- Time Management.
- Small classes, friendly professors, informal atmosphere.
- A chance to meet a lot of new friends from across campus from the community.
- Learning to set and achieve goals.

Who is my advisor?



What is a GPA?

WHAT IS A CRN NUMBER?

Similar courses at other colleges have demonstrated that freshmen who participate in orientation courses are:

- More likely to achieve higher grades.
- More satisfied with college.
- More likely to continue their college career.
- More likely to have fewer problems adjusting to college.

VSU 1101-Z is offered on Fridays at 2:00-3:50 pm at the CIP CRN 82401

FOR MORE INFORMATION

Contact Center for International Programs at (229) 333-7410,
Office of Academic Student Instructional Support
(OASIS) at (229) 333-5934
or Ask your Academic Advisor during Orientation and Registration.

