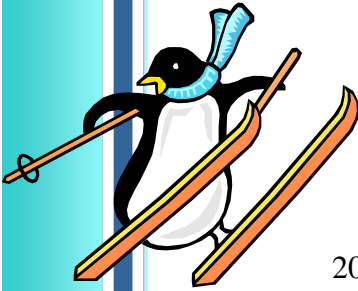


# Campus Wellness Event

Come  
Hear  
Dawn  
Taylor



## PRESENTS Diabetes Prevention

### Diabetes Facts

20.8 Million Americans-7% of the population-have diabetes.

Diabetes affects 246 million people worldwide.

Every 10 seconds a person dies from diabetes related causes.

Every 10 seconds two more people will develop diabetes.

Diabetes was the sixth leading cause of death listed on U.S. death certificates in 2002.

Up to 80% of type 2 diabetes is preventable by a healthy diet & increasing exercise.

### Speaker

**Dawn Taylor** received her Bachelor of Science in Nursing from Valdosta State College in 1993. Taylor has worked with the Diabetes Program at SGMC since 1997. She is currently the Nurse Manager for Specialty Clinics at South Georgia Medical Center where she supervises the activities of the Diabetes & Wound Healing Clinics and Diabetes Education Program. She is also the Chairperson of the Diabetes Advisory Board.

Join us Friday, January 25, 2008  
from 12:30 to 1:30 p.m.  
in the UC Rose Room

Enjoy a special buffet lunch for \$6.95, or a meal plan swipe.

Space is limited to the first **40** attendants.

Please RSVP by calling 259-5105

or online at [www.valdosta.edu/finadmin/training](http://www.valdosta.edu/finadmin/training)

### Menu

Caesar Salad

Beef Wellington

Rice Pilaf with Currants, Almonds & Mint

Broccoli with Feta Cheese

Banana Raspberry Yogurt Parfait

