

Breast Cancer Awareness

Sponsored by Campus Wellness

Wellness Luncheon

Friday, October 27th
12:30 to 1:30 p.m.
Faculty Dining Room
Palms Dining Center

Learning Objectives:

- 🎗 Learn steps to take charge of your own health
- 🎗 Identify the signs and symptoms of breast cancer
- 🎗 Learn about breast health

Speaker:

The presenter will be Terri Wildes. She is a Registered Nurse and has been a member of the Student Health Staff since 1997. She will be addressing breast cancer awareness and will also talk about breast health.

Menu:

Toss Salad with Dressing
Fresh Steamed Broccoli and Cauliflower blend
Wild Rice with mushrooms and almonds
Rosemary Roasted Pork loin with apples and figs
Tropical fruit and blueberry trifle

Cost:

\$6.42 cash or a Meal Plan
Pay Palms Cashier
(limited to the first 25 attendees)

Please RSVP
Call 259-5105 or
E-Mail
rbowes@valdosta.edu

