

Learning in Retirement Registration Form—Fall, 2009

- REGISTRATIONS WILL NOT BE ACCEPTED WITHOUT PAYMENT.** Payment may be by cash, check, VISA, MasterCard, or Discover. As a courtesy, we will hold your registration form for you if you wish to pay later; however, a place in your class(es) will **NOT** be held for you until payment is received.

Legal Name _____ SS# (last 4 digits) _____

Address _____
Number and Street City State Zip

Phone _____ Email _____

Check here if you do NOT wish to be contacted about upcoming LIR events or sent reminders by email.

Is this your first time ever participating in LIR?
 _____ yes
 _____ no

VALDOSTA STATE UNIVERSITY RELEASE, WAIVER OF LIABILITY AND COVENANT NOT TO SUE (READ CAREFULLY BEFORE SIGNING)

I hereby acknowledge my awareness that my participation in some activities of Valdosta State University's Learning in Retirement Program ("Program") may subject me to the risks of bodily injury or property damage and I hereby assume any and all such risks.

For sole consideration of Valdosta State University allowing me to participate in this Program, I hereby release and forever discharge Valdosta State University, the Board of Regents of the University System of Georgia, their members individually and their officers, agents, and employees from any and all claims, demands, rights and causes of actions of whatever kind that I may have arising from or in any way connected with my participation in the Program, absent gross negligence on behalf of Valdosta State University. I understand that the acceptance of this Release, Waiver of Liability and Covenant Not to Sue by the Board of Regents of the University System of Georgia shall not constitute a waiver, in whole or in part, of sovereign immunity by the Board of Regents of the University System of Georgia, to its members, officers, agents and employees. I certify that I have read and understood the above.

Signature

Printed Name

Date

FEES: (Check all that apply)

_____ \$35 Fall Term Membership _____ \$90 Yearly Membership

- | | | | |
|---|--|-------------------------------------|--|
| _____ \$8.50 Luncheon & Social (Member) | _____ \$8.50 Luncheon & Social (Guest) | _____ \$15 Chair Aerobics | _____ \$15 Aerobics |
| _____ \$20 Tap Dancing | _____ \$10 Water Aerobics Section A | _____ \$10 Water Aerobics Section B | _____ \$20 Adult Swimming Lessons x number of sections = _____ total |
| _____ \$15 Oil Painting | _____ \$20 Basic Bridge | _____ \$20 Intermediate Bridge | _____ \$15 Beginning Word |
| _____ \$15 Introduction to Publisher | _____ \$10 Windows XP | _____ \$15 PowerPoint | _____ \$15 Beginning Excel |
| _____ \$15 Word 2007 | _____ \$15 Photoshop | _____ \$15 Intermediate Word | _____ \$15 Creating Booklets w/Publisher |
| _____ \$15 Using Graphics in Publisher | _____ \$15 Creating Blogs | | |



() SUBTRACT \$10 IF VOLUNTEER TEACHER *THIS TERM (FALL 2009)*

TOTAL AMOUNT ENCLOSED (Add all fees): \$ _____

_____ Cash _____ Check (payable to VSU-LIR) **OR** _____ MasterCard _____ Discover _____ Visa

Signature _____ Verification # (3 digit # on back of card) _____

Name as it appears on card: _____

Billing address for card (if different from above): _____

Card # _____ Exp. Date _____



Learning in Retirement: Fall, 2009

Special Activities				
10FLIR01		Fall Luncheon and Social (\$8.50 fee)	Thursday, Sept 10	11 am-1 pm
10FLIR02		Health Fair	Thursday, Oct 22	9 am-12 noon
Health and Fitness				
10FLIR03		Yoga	7 Tuesdays, Oct 6, 13, 20, 27, Nov 3, 10, 17	10-11 am
10FLIR04		Yoga Hips	5 Thursdays, Oct 8, 15, 29, Nov 5, 12 (No class Oct 22)	10-11 am
10FLIR05		Chair Aerobics (\$15 fee)	18 Mondays and Wednesdays, Sept 14, 16, 21, 23, 28, 30, Oct 5, 7, 12, 14, 19, 21, 26, 28, Nov 2, 4, 9, 11	10-11 am
10FLIR06		Aerobics (\$15 fee)	18 Mondays and Wednesdays, Sept 14, 16, 21, 23, 28, 30, Oct 5, 7, 12, 14, 19, 21, 26, 28, Nov 2, 4, 9, 11	9-9:50 am
10FLIR07		Tap Dancing (\$20 fee)	5 Tuesdays, Sept 15, 22, 29, Oct 6, 13	2-3 pm
10FLIR08		Beginners Line Dancing I	Thursdays, Sept 17, 24, Oct 1, 8, 15, 22, 29, Nov 5, 12, 19	1-2 pm
10FLIR09		Beginners Line Dancing II	Thursdays, Sept 17, 24, Oct 1, 8, 15, 22, 29, Nov 5, 12, 19	2-3 pm
10FLIR10		Water Aerobics Section A (\$10 fee)	10 Tuesdays, Sept 15, 22, 29, Oct 6, 13, 20, 27, Nov 3, 10, 17	4:30-5:20 pm
10FLIR11		Water Aerobics Section B (\$10 fee)	10 Thursdays, Sept 17, 24, Oct 1, 8, 15, 22, 29, Nov 5, 12, 19	4:30-5:20 pm
10FLIR12		Adult Swim Lessons Section A (\$20 fee)	4 Tuesdays and Thursdays, Sept 15, 17, 22, 24	5:35-6:30 pm
10FLIR13		Adult Swim Lessons Section B (\$20 fee)	4 Tuesdays and Thursdays, Sept 29, Oct 1, 6, 8	5:35-6:30 pm
10FLIR14		Adult Swim Lessons Section C (\$20 fee)	4 Tuesdays and Thursdays, Oct 13, 15, 20, 22	5:35-6:30 pm
10FLIR15		Adult Swim Lessons Section D (\$20 fee)	4 Tuesdays and Thursdays, Oct 27, 29, Nov 3, 5	5:35-6:30 pm
10FLIR16		Adult Swim Lessons Section E (\$20 fee)	4 Tuesdays and Thursdays, Nov 10, 12, 17, 19	5:35-6:30 pm
10FLIR17		Beginning Golf	5 Thursdays, Sept 24, Oct 8, 15, 22, Nov 5 (no class Oct 1 or 29)	1-2 pm
10FLIR18		Bowling	Wednesdays, Sept 16, 23, 30, Oct 7, 14, 21, 28, Nov 4, 11, 18	2-4 pm
10FLIR19		Start a Walking and Jogging Program	Monday, Sept 21	11 am-12:30 pm
10FLIR20		First Aid for Seniors	Monday and Tuesday, Sept 21, 22	9-11 am
10FLIR21		Things to Know About Medicare	Tuesday and Wednesday, Oct 20, 21	11 am-12 noon
10FLIR22		How To Get The Most Out Of Your Hearing Aids	Friday, Oct 16	10-11 am
10FLIR23		Hearing Loss to the Hilt	Friday, Oct 9	10-11 am
Leisure Time and the Arts				
10FLIR24		Book Discussion: <i>Skeletons at the Feast</i>	Thursday, Sept 17	1-2 pm
10FLIR25		Book Discussion: <i>The Little Book</i>	Thursday, Oct 15	1-2 pm
10FLIR26		Book Discussion: <i>Light On Snow</i>	Thursday, Nov 19	1-2 pm
10FLIR27		Book Discussion: <i>Holiday Tales</i>	2 Mondays, Nov 2, 9	11 am-12:30 pm
10FLIR28		Book Discussion: <i>Better Than Jail</i>	Monday, Sept 14	3-4 pm
10FLIR29		Book Discussion: <i>Always Looking Up</i>	Thursday, Oct 15	10-11 am
10FLIR30		Book Discussion: <i>John Tyler</i>	Thursday, Nov 12	10-11 am
10FLIR31		American Illustrators	Tuesday, Oct 20	1-2 pm
10FLIR32		Beginning Spanish	4 Tuesdays, Oct 27, Nov 3, 10, 17	10-11 am
10FLIR33		Spanish II	4 Tuesdays, Oct 27, Nov 3, 10, 17	11 am-12 noon
10FLIR34		Audio Books	Friday, Sept 18	1-2 pm
10FLIR35		Mahjongg	6 Mondays, Sept 21, 28, Oct 5, 12, 19, 26	1-3 pm
10FLIR36		Opera	3 Mondays, Oct 5, 12, 19	10 am-12 noon
10FLIR37		Play the Ukulele	5 Wednesdays, Sept 16, 23, 30, Oct 14, 21 (no class Oct 7)	1:30-3 pm
10FLIR38		Intermediate Ukulele	6 Thursdays, Sept 17, 24, Oct 1, 8, 15, 22	1:30-3 pm
10FLIR39		Origami/Paper Folding	2 Wednesdays, Oct 7, 14	1-3 pm
10FLIR40		Seminar on Basketry	Tuesday, Oct 20	1-3 pm
10FLIR41		Oil Painting	5 Wednesdays, Sept 16, 23, 30, Oct 7, 14	1-3 pm
10FLIR42		Yellowstone National Park	Thursday, Sept 24	2-3 pm
10FLIR43		Tatting	Thursday and Friday, Nov 5, 6	10 am-12 noon
10FLIR44		Knitting and Crocheting	6 Mondays, Sept 21, 28, Oct 5, 12, 19, 26	1-3 pm
10FLIR45		Choreography of Bob Fosse	Wednesday, Nov 4	11 am-12 noon
10FLIR46		Scrapbooking	2 Tuesdays, Sept 22, 29	10:30 am-12 noon
10FLIR47		Genealogy at the Library	Thursday and Monday, Sept 17, Oct 26	4-5 pm
10FLIR48		Plants and Gardens	10 Thursdays, Sept 17, 24, Oct 1, 8, 15, 22, 29, Nov 5, 12, 19	2-3 pm
10FLIR49		Landscaping	Tuesday, Oct 6	1:30-2:30 pm
10FLIR50		Basic Bridge	6 Wednesdays, Sept 16, 23, 30, Oct 7, 14, 21	10 am-12 noon
10FLIR51		Intermediate Bridge	6 Tuesdays, Sept 15, 22, 29, Oct 6, 13, 20	10 am-12 noon

Trips, Tours, and Miscellaneous				
10FLIR52		Walking Tour of Downtown Valdosta	Thursday, Oct 22	10-11 am
10FLIR53		O'Toole's Herb Farm Tour	Wednesday, Oct 7	10 am-1pm
10FLIR54		Getting to Know Reed Bingham State Park	Thursday, Oct 22	9 am-1:30 pm
10FLIR55		AARP Defensive Driving	Monday and Tuesday, Oct 19, 20	1-5 pm
10FLIR56		Emergency Pet Care	Thursday, Oct 1	1-2 pm
10FLIR57		Preventing Burglary and Theft	Thursday, Sept 17	10:30 am-12 noon
10FLIR58		Neighborhood Watch	Friday, Sept 18	2-3 pm
History, Social Studies, Science and Nature				
10FLIR59		Views of the News	6 Fridays, Sept 25, Oct 2, 9, 16, 23, 30	10 am-12 noon
10FLIR60		Current Economic Issues	6 Mondays, Sept 21, 28, Oct 5, 12, 19, 26	10-11:30 am
10FLIR61		VSU Planetarium Show	Tuesday, Nov 10	1-2 pm
10FLIR62		Black History	Monday, Sept 14	1-3 pm
10FLIR63		Christianity and Scripture	Tuesday, Sept 22	2-3 pm
10FLIR64		History of Lowndes County	Wednesday, Nov 18	10-11 am
10FLIR65		Love Bugs	Thursday, Nov 12	10-11 am
Computer Classes				
10FLIR66		Beginning Word (\$15 fee)	8 Tuesdays, Sept 15, 22, 29, Oct 6, 13, 20, 27, Nov 3	9:30-11 am
10FLIR67		Introduction to Publisher (\$15 fee)	8 Wednesdays, Sept 16, 23, 30, Oct 7, 14, 21, 28, Nov 4	11:30 am-1 pm
10FLIR68		Windows XP (\$10 fee)	3 Tuesdays, Oct 6, 13, 20	2-3 pm
10FLIR69		Create a PowerPoint Presentation (\$15 fee)	8 Wednesdays, Sept 16, 23, 30, Oct 7, 14, 21, 28, Nov 4	2-3:30 pm
10FLIR70		Beginning Excel (\$15 fee)	8 Wednesdays, Sept 16, 23, 30, Oct 7, 14, 21, 28, Nov 4	9:30-11 am
10FLIR71		File Management Section A	3 Tuesdays, Sept 15, 22, 29	2-3 pm
10FLIR72		File Management Section B	4 Thursdays, Oct 29, Nov 5, 12, 19	10:30-11:30 am
10FLIR73		Word 2007 (\$15 fee)	6 Thursdays, Sept 17, 24, Oct 1, 8, 15, 22	9:30-11 am
10FLIR74		Photoshop (\$15 fee)	4 Thursdays, Oct 29, Nov 5, 12, 19	2:30-4 pm
10FLIR75		Intermediate Word (\$15 fee)	8 Tuesdays, Sept 15, 22, 29, Oct 6, 13, 20, 27, Nov 3	11:30 am-1 pm
10FLIR76		Creating Booklets with Publisher (\$15 fee)	6 Thursdays, Sept 17, 24, Oct 1, 8, 15, 22	2-3:30 pm
10FLIR77		Using Graphics in Publisher (\$15 fee)	8 Thursdays, Sept 17, 24, Oct 1, 8, 15, 22, 29, Nov 5	11:45 am-1:15 pm
10FLIR78		Creating Blogs (\$15 fee)	8 Tuesdays, Sept 15, 22, 29, Oct 6, 13, 20, 27, Nov 3	3:30-5 pm

LIR SCHEDULE CHANGES, ADDITIONS, CORRECTIONS: FALL, 2009

Please note that no LIR classes will meet on Monday, October 19. That day is a mandatory furlough day for all VSU employees.

- *Knitting and Crocheting* has been cancelled for Fall term. A class will be offered again in the Winter.
- *Yoga* and *Yoga Hips* will be starting earlier than previously scheduled. The new start date will be September 29 for Yoga and October 1 for Yoga Hips.
- *The VSU Planetarium Show* has been scheduled for Tuesday, November 10, from 1-2 p.m.
- *AARP Defensive Driving* has been changed from Monday and Tuesday, October 19 and 20, to Tuesday and Thursday, October 20 and 21.
- *Current Economic Issues* will not meet on Monday, October 19. The class will NOT be extended an extra week.
- *Aerobics and Chair Aerobics* will not meet on Monday, October 19. Whether or not that date will be made up is to be determined, and will be announced in class.
- *Mahjongg* will not meet on Monday, October 19. Whether or not that date will be made up is to be determined, and will be announced in class.
- *Opera* will not meet on Monday, October 19. It has been extended to October 26.
- **NEW COURSE: "Painting Studio"**. Work on your own art projects along with your fellow LIR art lovers! Bring your own materials. Six Thursdays, Oct 1, 8, 15, 22, 29, Nov 5, 2-4 pm.