

**Dewar College of Education and Human Services
Valdosta State University
Department of Kinesiology & Physical Education**

**KSPE 3141
First Aid/CPR and Care and Prevention of Athletic Injuries
3 SEMESTER HOURS**

Guiding Principles (DEPOSITS)

(Adapted from the Georgia Systemic Teacher Education Program Accomplished Teacher Framework)

Dispositions Principle: Productive dispositions positively affect learners, professional growth, and the learning environment.

Equity Principle: All learners deserve high expectations and support.

Process Principle: Learning is a lifelong process of development and growth.

Ownership Principle: Professionals are committed to and assume responsibility for the future of their disciplines.

Support Principle: Successful engagement in the process of learning requires collaboration among multiple partners.

Impact Principle: Effective practice yields evidence of learning.

Technology Principle: Technology facilitates teaching, learning, community-building, and resource acquisition.

Standards Principle: Evidence-based standards systematically guide professional preparation and development.

InTASC Model Core Teacher Standards*

(To be used for all teacher preparation program courses. Identify those that apply specifically to this course.)

Standard #4: Content Knowledge. The teacher understands the central concepts, tools of inquiry, and structures of the discipline(s) he or she teaches and creates learning experiences that make the discipline accessible and meaningful for learners to assure mastery of the content.

*Council of Chief State School Offices, (2013, April). InTASC model core teacher standards and learning progressions for teachers 1.0. Retrieved from http://www.ccsso.org/Documents/2013/2013_INTASC_Learning_Progressions_for_Teachers.pdf

AAHE Standards

Standard I: Content Knowledge. Candidates demonstrate the knowledge and skills of a health-literate educator.

Key Element C: Candidates describe practices that promote health or safety

Standard VII: Being a Resource. Candidates serve as a resource person in health education.

Key Element A: Candidates use health information resources.

COURSE DESCRIPTION

Also offered as CHPE 3141. Prerequisite: KSPE 2999. Provides the student with pertinent information relative to various techniques of emergency, first aid, cardiopulmonary resuscitation (infant, child, and adult) and accident prevention. Opportunity exists for American Red Cross CPR certification and first aid certification. Exposure to basic concepts and techniques related to physical activity and athletic injury prevention, treatment, and rehabilitation.

REQUIRED TEXTBOOKS / RESOURCE MATERIALS

Thygeson, A. L., Thygeson, S. M., Gulli, B., Piazza, G. (2012). *First Aid, CPR, and AED Advanced Positively Impacting Learning Through Evidence-Based Practices*

(6th Ed.). Sudbury, MA: American Academy of Orthopaedic Surgeons.
ISBN: 978-1-4496-3505-3

ONLINE RESOURCES

All correspondence via e-mail in this class must be through the VSU e-mail system. E-mails received from any other source besides the VSU e-mail system will not be accepted. Students should check their VSU e-mail accounts daily for class updates or announcements.

All students are required to become familiar with their VSU BlazeView account. Information about this class, handouts, some readings, and updates to assignments will be uploaded via BlazeView. Students must check their BlazeView class site regularly to keep up with class requirements. To access BlazeView – <http://blazeview.valdosta.edu/webct/entryPageIns.do?webct>

Students will also locate and utilize additional websites and readings as needed to support projects.

COURSE OBJECTIVES

1. The student will administer mouth to mouth resuscitation and perform compressions of a victim (adult, child, & infant) who is not breathing or does not have a pulse. (InTASC 4), (AAHE I C)
2. The student will perform first aid skills in bandaging, splinting, dressings, applying direct pressure, primary and secondary survey skills, and transportation. (InTASC 4), (AAHE I C)
3. The student will list the proper care procedures for hemorrhaging, wounds, shock, head injuries, spine injuries, chest injuries, abdomen injuries, poisoning, drugs, diabetes, burns, heat and cold emergencies. (InTASC 4), (AAHE I C)
4. The student will to list a variety of safety education programs for the home, school and community. (InTASC 4), (AAHE VII A), (AAHE I C)
5. The students will be introduced to common sprains and strains associated with the ankle, knee, and shoulder along with different physical activity injuries that they may see occur. (InTASC 4), (AAHE I C)

COURSE ACTIVITIES/ASSIGNMENTS/REQUIREMENTS

Due dates are located in BlazeView in course tentative schedule.

1. Practical CPR Skill Exam
2. One Written CPR Exam
3. One Written First Aid Exams
5. One Written Exam on Care and Prevention of Athletic Injuries
5. Class Assignments
 - a. Introduction
 - b. Plagiarism Tutorial Verification
 - c. Health Care Essay
 - d. Article Evaluation #1
 - e. Article Evaluation #2

COURSE EVALUATION

1. Practical CPR Exam	20 points
2. Written CPR Exam	20 points
3. Written First Aid Exams	20 points
5. Care and Prevention Exam	20 points
6. <u>Various Assignments</u>	<u>20 points</u>
	100 points

GRADING SCALE

90 pts. and above	= A
80 - 89 pts.	= B
70 - 79 pts.	= C
60 - 69 pts.	= D
Below 60 pts.	= F

ATTENDANCE POLICY

This is an online course with the only attendance requirement for the practical CPR teaching and exam during the last two weeks of class.

TURNITIN.COM

By taking this course, you agree that all required course work may be subject to submission for textual similarity review to Turnitin, a tool within BlazeVIEW. For more information on the use of Turnitin at VSU see Turnitin for Students.

PROFESSIONALISM

Professional Improvement Plan

The purpose of the Professional Improvement Plan (PIP) process is for faculty to identify students who may need remediation or intervention to successfully complete the professional requirements for their program of study. For more information see the Professional Improvement Plan Process, linked below: <http://www.valdosta.edu/colleges/education/deans-office/documents/professional-improvement-plan-11.22.13.doc>

LATE ASSIGNMENTS

Late assignments will not be accepted. Only under extraordinary circumstances, as determined solely by the professor, will work be accepted passed the due date if permission is requested and given before the due date. The professor will then set a final due date for submission.

Please note that life happens; make decisions that will allow you to be successful even if unexpected events occur during the semester.

DEWAR COLLEGE OF EDUCATION & HUMAN SERVICES POLICY ON PLAGIARISM

<http://www.valdosta.edu/colleges/education/deans-office/policy-statement-of-plagiarism.php>

Positively Impacting Learning Through Evidence-Based Practices

TITLE IX STATEMENT:

Valdosta State University (VSU) is committed to creating a diverse and inclusive work and learning environment free from discrimination and harassment. VSU is dedicated to creating an environment where all campus community members feel valued, respected, and included. Valdosta State University prohibits discrimination on the basis of race, color, ethnicity, national origin, sex (including pregnancy status, sexual harassment and sexual violence), sexual orientation, gender identity, religion, age, national origin, disability, genetic information, or veteran status, in the University's programs and activities as required by applicable laws and regulations such as Title IX. The individual designated with responsibility for coordination of compliance efforts and receipt of inquiries concerning nondiscrimination policies is the University's Title IX Coordinator: Director of the Office of Social Equity, titleix@valosta.edu, 1208 N. Patterson St., Valdosta State University, Valdosta, Georgia 31608, 229-333-5463.

ACCESSIBILITY STATEMENT

Valdosta State University is an equal opportunity educational institution. It is not the intent of the institution to discriminate against any applicant for admission or any student or employee of the institution based on the age, sex, race, religion, color, national origin, disability, or sexual orientation of the individual. It is the intent of the institution to comply with the Civil Rights Act of 1964 and subsequent Executive Orders as well as Title IX, Equal Pay Act of 1963, Vietnam Era Veterans Readjustment Assistance Act of 1974, Age Discrimination in Employment Act of 1967, and the Rehabilitation Act of 1973.

Students with disabilities who are experiencing barriers in this course may contact the Access Office for assistance in determining and implementing reasonable accommodations. The Access Office is located in Farber Hall. The phone numbers are 229-245-2498 (V), 229-375-5871 (VP) and 229-219-1348 (TTY). For more information, please visit <http://www.valdosta.edu/access> or email: access@valdosta.edu.

STUDENT OPINION OF INSTRUCTION

At the end of the term, all students will be expected to complete an online Student Opinion of Instruction survey (SOI) that will be available on BANNER. Students will receive an email notification through their VSU email address when the SOI is available (generally at least one week before the end of the term). SOI responses are anonymous, and instructors will be able to view only a summary of all responses two weeks after they have submitted final grades. While instructors will not be able to view individual responses or to access any of the responses until after final grade submission, they will be able to see which students have or have not completed their SOIs, and student compliance may be considered in the determination of the final course grade. These compliance and non-compliance reports will not be available once instructors are able to access the results. Complete information about the SOIs, including how to access the survey and a timetable for this term is available at <http://www.valdosta.edu/academic/OnlineSOIPilotProject.shtml>.

CELL PHONES

**CELL PHONES WILL NOT BE TOLERATED IN CLASS. PHONES WILL BE TURNED OFF!!!
FURTHERMORE, IF A STUDENT IS FOUND TEXT MESSAGING, CHECKING MESSAGES, OR
IF A CELLPHONE GOES OFF IN CLASS, FIVE (5) POINTS WILL BE DEDUCTED FROM THE
STUDENT'S OVERALL GRADE PER EPISODE. NO EXCUSES, THIS BEHAVIOR WILL NOT BE
TOLERATED!!!**

EMAIL CORRESPONDENCES

Each student must communicate professionally at all times. Email is no different. Emails are sometimes written on mobile phone or computer tablet, which tend to be written more as a text message rather than professional email. Therefore all email correspondences, whether via Valdosta.edu email or BlazeView email, must contain a salutation, body, and signature. The professor will not answer emails that do not follow this formulation.