

The purpose of the consortium is to foster collaboration among USG institutions in regards to professional development to facilitate benchmarking, share development resources and implement best practices.

Regional training centers and regional partnerships have been established throughout the USG.



## Regional Training Center

Valdosta State University

Registration Assistance:  
[training@valdosta.edu](mailto:training@valdosta.edu)

Customized Training:  
Becky Murphy- 229-259-5106

## Regional Partners

Abraham Baldwin Agricultural  
College

Albany State University

Bainbridge College

Columbus State University

Darton College

Georgia Southwestern State  
University

South Georgia State College

# How to Turn Conflict Into Collaboration

**Wednesday, March 9, 2016 9:00 AM - 12:00 PM**  
**Valdosta State University— University Center Rose Room**

Conflict happens and we often react poorly or avoid conflict, which allows problems to fester. Join us for this half day session and learn how you can increase your effectiveness in conflict situations.

### Learning objectives:

- Understand why conflict in the workplace happens
- Change your perspective about conflict and increase your confidence
- Identify the three most common workplace conflict situations
- Identify the five ways people deal with conflict
- Learn communication techniques that decrease conflict and increase collaboration
- Learn what resources are available to you when you can't resolve your own conflict situation

### Instructor: Rebecca Murphy

Rebecca is the Associate Director of Human Resources for Employee Development at Valdosta State University. As a certified professional in HR for 16 years, Rebecca serves on the Professional Development Consortium leadership team, and is the former ADR Co-liaison for her campus. She served on the Steering Committee for the USG Executive Leadership Institute for four years. She holds a Master's degree in I/O Psychology and is a certified Focus Group Director. Rebecca has a special interest in employee wellness and conflict resolution.

## Register Online

**Online** - [visitor login](#) for participants without VSU login credentials.

OR

**Call**- VSU Employee Development  
229-259-5105