

January

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

29	30	31	1 VSU CLOSED	2 VSU CLOSED
5 VSU OPENS AFTER BREAK	6	7	8	9
12	13	14 WINTER WONDERLAND KICK-OFF LUNCH 11 - 1	15	16
19 MLK HOLIDAY	20 WINTER CLASSES BEGIN File Mgmt 9:30 - 10:30 Yoga 10 - 11 VSU Opera 11 - 12 Computer Basics 11 - 12 Capacitor 11:30 - 12:30 YouTube Essentials 1 - 2:30 Watercolor Painting 2 - 4	21 Range of Motion 10 - 10:45 Beginning Tennis 10 - 11 Adobe Photoshop Basics 10:30 - 12 So You Wanna Be an Actor? 11 - 12 Stranded Knitting 11 - 1 Dance Aerobics 1 - 1:45 Intro to Ukulele 1 - 2:15 PowerPoint 1 - 2:30 Beginning Bridge 1 - 3 Valdosta Police Dept 1:30 - 2:30 Bowling for Fun 2 - 4 Ukulele Fun 2:15 - 3:30	22 Yoga 10 - 11 Adobe Photoshop Basics 10:30 - 12 Lunch: Gondolier Italian 11:30 Cold War Warrior 1 - 2 Movie Maker 1 - 2:30 Turner Center for the Arts Gallery Tour 2 - 3 Facebook Q & A 3 - 4	23 Line Dance Fun & Fitness 10 - 10:45 Eating a Plant-Based Diet 12 - 1
26 Range of Motion 10 - 10:45 Backstage at the VSO 10:30 - 11:30 Uploading Photos Online 11 - 12 Mah-Jongg 12:30 - 3 Technology Use & Aging 4 - 5	27 File Mgmt 9:30 - 10:30 Yoga 10 - 11 Pre-Planning: A Gift to Leave Your Family 10 - 11 A Soldier's Story 11 - 12 Computer Basics 11 - 12 Spanish for Beginners 11 - 12 Capacitor 11:30 - 12:30 YouTube Essentials 1 - 2:30 Watercolor Painting 2 - 4	28 Range of Motion 10 - 10:45 Beginning Tennis 10 - 11 Adobe Photoshop Basics 10:30 - 12 Stranded Knitting 11 - 1 Dance Aerobics 1 - 1:45 Intro to Ukulele 1 - 2:15 PowerPoint 1 - 2:30 Beginning Bridge 1 - 3 Bowling for Fun 2 - 4 Ukulele Fun 2:15 - 3:30	29 Yoga 10 - 11 Chemo Cap Brigade: Section A 10 - 12 Adobe Photoshop Basics 10:30 - 12 Macedonia Passage: Dangerous Cargo 11 - 12 Ralph's Radio Museum 11 - 12 Drama A - Z 1 - 2 Movie Maker 1 - 2:30	30 Line Dance Fun & Fitness 10 - 10:45 Views of the News 10 - 12 Flying Flowers 11 - 12 The Kingdom Fungi: Part I 1:30 - 2:30

February

MONDAY

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<p>2 Blood Pressure 9 - 10 Range of Motion 10 - 10:45 Uploading Photos Online 11 - 12 Mah-Jongg 12:30 - 3</p>	<p>3 File Mgmt 9:30 - 10:30 Yoga 10 - 11 Pre-Planning: A Gift Your Leave Your Family 10 - 11 Spanish for Beginners 11 - 12 Computer Basics 11 - 12 Horse Creek Winery 1 - 3 YouTube Essentials 1 - 2:30 Watercolor Painting 2 - 4</p>	<p>4 Range of Motion 10 - 10:45 Beginning Tennis 10 - 11 Adobe Photoshop Basics 10:30 - 12 Stranded Knitting 11 - 1 Dance Aerobics 1 - 1:45 Decorative Glass Plate 1 - 2 Intro to Ukulele 1 - 2:15 PowerPoint 1 - 2:30 Beginning Bridge 1 - 3 Knitting & Crocheting 2 - 3:30 Bowling for Fun 2 - 4 Ukulele Fun 2:15- 3:30</p>	<p>5 Yoga 10 - 11 Adobe Photoshop Basics 10:30 - 12 Scrapbooking 11 - 12 Drama A - Z 1 - 2 Movie Maker 1 - 2:30</p>	<p>6 Line Dance Fun & Fitness 10 - 10:45 Views of the News 10 - 12 Eating a Plant-Based Diet 12 - 1 Interesting Places to go in Georgia 1 - 2</p>
<p>9 Range of Motion 10 - 10:45 <i>**No Class This Day For: Uploading Photos Online</i> Lunch: Cactus Flower Cafe 11:30 Mah-Jongg 12:30 - 3 AARP Smart Driver 1 - 4</p>	<p>10 <i>**No Class This Day For: File Management</i> Yoga 10 - 11 Through a Window... 10 - 11 <i>**No Class This Day For: Computer Basics</i> AARP Smart Driver 1 - 4 Watercolor Painting 2 - 4</p>	<p>11 Range of Motion 10 - 10:45 Beginning Tennis 10 - 11 <i>**No Class This Day For: Beginning PowerPoint & Photoshop Basics</i> Stranded Knitting 11 - 1 Dance Aerobics 1 - 1:45 Decorative Glass Plate 1 - 2 Intro to Ukulele 1 - 2:15 Beginning Bridge 1 - 3 Knitting & Crocheting 2 - 3:30 Bowling for Fun 2 - 4 Ukulele Fun 2:15- 3:30</p>	<p>12 Yoga 10 - 11 Lauri Jo's / Sparkman's Cream Valley 10 - 2 Adobe Photoshop Basics 10:30 - 12 Princess Elizabeth's Spy 11 - 12 Drama A - Z 1 - 2 Movie Maker 1 - 2:30</p>	<p>13 Keep Your PC Healthy 9 - 10:45 Line Dance Fun & Fitness 10 - 10:45 Views of the News 10 - 12 The Kingdom Fungi: Part II 1:30 - 2:30</p>
<p>16 Range of Motion 10 - 10:45 Bone Density 11 - 12 Uploading Photos Online 11 - 12 Mah-Jongg 12:30 - 3 Journey to Southern Siberia 1 - 2 Medicaid Essentials for Long Term Care 2 - 3</p>	<p>17 <i>**No Class This Day For: File Management</i> Yoga 10 - 11 Yoder's Deitsch Haus Restaurant & Bakery 11:30 - 2 <i>**No Class This Day For: Computer Basics</i> Watercolor Painting 2 - 4</p>	<p>18 Range of Motion 10 - 10:45 Beginning Tennis 10 - 11 Adobe Photoshop Basics 10:30 - 12 Stranded Knitting 11 - 1 Dance Aerobics 1 - 1:45 Decorative Glass Plate 1 - 2 Intro to Ukulele 1 - 2:15 PowerPoint 1 - 2:30 Beginning Bridge 1 - 3 Knitting & Crocheting 2 - 3:30 Bowling for Fun 2 - 4 Ukulele Fun 2:15- 3:30</p>	<p>19 Yoga 10 - 11 Adobe Photoshop Basics 10:30 - 12 The Mirabal Sisters: Reading of "In the Time of the Butterflies" 11 - 12 Drama A - Z 1 - 2 Movie Maker 1 - 2:30 GA Traffic Laws 2 - 3 Basic Car Repair 2 - 3</p>	<p>20 Line Dance Fun & Fitness 10 - 10:45 Views of the News 10 - 12</p>

February

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23

Range of Motion
10 - 10:45

Journey through Southern Lowndes County
11 - 12

Uploading Photos Online
11 - 12

Mah-Jongg 12:30 - 3

Medicaid Essentials for Long Term Care 2 - 3

24

File Management
9:30 - 10:30

Yoga 10 - 11

Self Defense 10 - 11

Computer Basics 11 - 12

Stitchless Fleece Throw
1 - 2

Watercolor Painting
2 - 4

Genealogy at the Library
4 - 5:30

25

Range of Motion 10 - 10:45

Beginning Tennis 10 - 11

Adobe Photoshop Basics
10:30 - 12

Stranded Knitting 11 - 1

Intro to Ukulele 1- 2:15

Dance Aerobics 1- 1:45

PowerPoint 1- 2:30

Beginning Bridge 1- 3

Knitting & Crocheting 2 - 3:30

Bowling for Fun 2- 4

Ukulele Fun 2:15- 3:30

26

Yoga 10 - 11

Chemo Cap Brigade Section B: 10 - 12

Adobe Photoshop Basics
10:30 - 12

Flight Behavior 11 - 12

Drama A - Z 1 - 2

Movie Maker 1 - 2:30

27

Google Like a Pro
9 - 10:30

Line Dance Fun & Fitness 10 - 10:45

Views of the News 10 - 12

Paynes Prairie Preserve
10 - 3

March

MONDAY

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FRIDAY

2

Cholesterol 9 - 10

Range of Motion
10 - 10:45

Beginning Genealogy
10 - 12

Mah-Jongg 12:30 - 3

3

Yoga 10 - 11

Beginning Genealogy
10 - 12

Bring Up The Bodies
11 - 12

Spanish for Beginners
11 - 12

Watercolor Painting
2 - 4

4

Range of Motion 10 - 10:45

Beginning Tennis 10 - 11

Stranded Knitting 11 - 1

Dance Aerobics 1- 1:45

Intro to Ukulele 1- 2:15

Knitting & Crocheting
2 - 3:30

Bowling for Fun 2- 4

Ukulele Fun 2:15- 3:30

5

Yoga 10 - 11

Growing Edible Plants
11 - 12

Drama A - Z 1 - 2

6

Ft. Frederica NP & Christ Church
10:30 - 1

Line Dance Fun & Fitness 10 - 10:45

Views of the News 10 - 12

Eating a Plant-Based Diet
12 - 1

9

BMI 9 - 10

Range of Motion
10 - 10:45

Mah-Jongg 12:30 - 3

10

Yoga 10 - 11

Planetarium Show 11 - 12

Lake Louise 1 - 3

Watercolor Painting
2 - 4

11

Range of Motion 10 - 10:45

Beginning Tennis 10 - 11

Stranded Knitting 11 - 1

Lunch: Austin's Cattle Co.
11:30

Dance Aerobics 1- 1:45

Knitting & Crocheting
2 - 3:30

Bowling for Fun 2- 4

12

Yoga 10 - 11

Photo Journey to Alaska
1 - 3

iPad 101 6 - 8

13

GA Sea Turtle Center & Jekyll Island Club
10:30 - 1

PC Maintenance Tips
9 - 10:30

Line Dance Fun & Fitness 10 - 10:45

SATURDAY 14TH

Writing for Publication
9 - 12

16

17

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19

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23

SPRING CLASSES BEGIN

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