VALDOSTA STATE UNIVERSITY

Biennial Review

2015 – 2016

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Substance Abuse Task Force Members

Mark Williams	Coordinator, Alcohol and Drug Program
Tricia Hale	Director, Counseling Center
Chelsea Holcombe	Coordinator, Wellness and Promotions
Ann Farmer	Assistant Director, University Police
Sherolyn Hopkins	Assistant Dean of Students - Conduct
Lynette Lewis	Health Services Administration
Tim Reisenwitz	Faculty, Advisor - Kappa Sigma
Herb Reinhard	Athletic Director
Madison Beaumarchais	Coordinator, Greek Life
Niki Turley	Associate Dean of Students - Housing
Jessica Freeman	Probation Officer, City of Remerton
Tim Keller	Representative, Corporate Social Responsibility, Legislative & Community Affairs, Johnson Distributors

Substance Abuse Task Force

Valdosta State University's Substance Abuse Task Force (SATF) is an advisory body comprised of administrators, faculty, students, and community representatives.

The purpose of the SATF is to identify areas of concern regarding alcohol and other drugs as they relate to our students, both on and off campus. Once identified, methods for lessening any negative impact to our students are discussed and recommendations made to the appropriate decision making authority.

The SATF stays apprised of legislation that governs the role of Institutions of Higher Education pertaining to substance abuse issues in students' lives as well as local ordinances impacting our students.

The primary responsibility for enforcing disciplinary sanctions falls to the Student Conduct Officer, who routinely solicits recommendations and feedback from appropriate agencies regarding existing protocols. Independent verification of the campus climate regarding substance use is provided through participation in the Core Alcohol and Drug Survey, which is administered every two years.

Highlights of the SATF Accomplishments:

Recommended delayed “rushing” for Greek Life until after the semester has been in session for a few weeks to allow students to become acclimated to their new environment. (approved)

The SATF was instrumental in influencing in VSU to adopt a “Parental Notification Policy” for underage students involved in more than one substance abuse incident. (approved)

The SATF developed VSU’s “Medical Amnesty Guidelines” to encourage students to notify emergency personnel when a student may be in danger of alcohol poisoning or a drug overdose without fear of reprisal from Student Affairs. (approved)

University System of Georgia, Board of Regents Guidance: 4.6.4 Alcohol and Drugs on Campus

(Last Modified on February 11, 2015)

*The Board of Regents recognizes and supports Georgia laws with respect to the sale, use, distribution, and possession of alcoholic beverages and illegal drugs, as well as the Drug-free Postsecondary Education Act of 1990 with respect to the manufacture, distribution, sale, possession, or use of marijuana, controlled substances or dangerous drugs on college campuses and elsewhere. To this end, the Board has encouraged its institutions to adopt programs designed to increase awareness of the dangers involved in the use of alcoholic beverages, marijuana or other illegal or dangerous drugs by USG students and employees. Such programs shall stress individual responsibility related to the use of alcohol and drugs on and off the campus.

To assist in the implementation of such awareness programs, and to enhance the enforcement of state laws at USG institutions, each institution shall adopt and disseminate comprehensive rules and regulations consistent with local, state and federal laws, concerning the manufacture, distribution, sale, possession, or use of alcoholic beverages, marijuana, controlled substances, or dangerous drugs on campus and at institutionally-approved events off campus.

A copy of the rules and regulations adopted by each institution shall be filed with the office of the Associate Vice Chancellor for Student Services (BoR Minutes, 1989-90, p. 383).

Disciplinary sanctions for the violation of such rules and regulations shall be included as a part of each institution's disciplinary code of student conduct. Disciplinary sanctions for students convicted of a felony offense involving the manufacture, distribution, sale, possession, or use of marijuana, controlled substances, or other illegal or dangerous drugs shall include the forfeiture of academic credit and the temporary or permanent suspension or expulsion from the institution. All sanctions imposed by the institution shall be subject to review procedures authorized by Board of Regents Policy 8.6 Application for Discretionary Review. (BoR Minutes, February 2015)

The rules and regulations adopted by each institution shall also provide for relief from disciplinary sanctions previously imposed against one whose convictions are subsequently overturned on appeal or otherwise.

This policy amendment is intended to implement The Drug-Free Postsecondary Education Act of 1990.

*Valdosta State University is in compliance with this guidance

Valdosta State University Substance Abuse Policy (Excerpt from the Student Code of Conduct)

Tobacco & Smoke-Free Campus Policy

The use of all forms of tobacco products on property owned, leased, rented, in the possession of, or in any way used by the University or its affiliates is expressly prohibited. "Tobacco Products" is defined as cigarettes, cigars, pipes, all forms of smokeless tobacco, clove cigarettes and any other smoking devices that use tobacco such as hookahs or simulate the use of tobacco such as electronic cigarettes.

Further, this policy prohibits any advertising, sale, or free sampling of tobacco products on University properties. This prohibition includes but is not limited to all areas indoors and outdoors, buildings and parking lots owned, leased, rented or otherwise used by the University or its affiliates. The use of tobacco products is prohibited in all vehicles – private or public vehicles - located on University properties.

This policy applies to all persons who enter the areas described above, including but not limited to students, faculty, staff, contractors and subcontractors, spectators, and visitors. All events hosted by a University entity shall be tobacco-free. All events hosted by outside groups on behalf of the University shall also be tobacco-free.

University Drug Free Work Place Policy

Valdosta State University as a recipient of federal funds supports and complies with all provisions of the Drug Free Work Place Act of 1988. As an employer, Valdosta State University will aggressively promote and strive to maintain a drug free work place for its faculty and staff.

Student employees of Valdosta State University are expected to adhere to the policies of the institution, observe the basic rules of good conduct and to meet appropriate standards of performance. This policy, as with the other institutional policies, including state and federal laws, and the Board of Regents' policies shall be observed.

Valdosta State University Drug Free Schools and Communities Act Drug and Alcohol Prevention Program

(Adopted September 4, 1990)

A. Alcohol

1. Possession, consumption, or transportation of alcoholic beverages by persons under the age of 21 is prohibited.

2. If a student is under the age of 21 and determined to be under the influence of alcohol he/she will be referred to the appropriate authorities.

3. A student in a publically intoxicated state will be referred to the appropriate authorities for disposition.

4. The consumption or possession of alcoholic beverage(s) or possession of an open container of an alcoholic beverage on University property is prohibited in public areas. A public area is defined as any area outside of an individual's living quarters.

5. No student shall furnish or cause to be furnished any alcoholic beverage to any person under the legal drinking age of 21.

6. The serving of alcohol to someone visibly intoxicated and/or the facilitating of drinking games involving the consumption of alcohol is prohibited.

7. No common source containers of alcoholic beverages e.g. beer kegs, hunch-punch, etc., may be present at any registered University organization event.

8. No alcohol may be purchased with student activity fee funds.

B. Drugs

1. The possession, use, manufacture, sale or delivery of illegal or dangerous drugs on or off campus is prohibited. This also includes prescription medication being used in a manner not consistent with the prescription or by someone other than the person for whom the prescription was written.

2. Possession of drug paraphernalia is also prohibited on campus. This includes any item typically used to facilitate the use, sale or delivery of a controlled S substance.

The Office of Alcohol and Other Drug Education

Mission Statement

The mission of the Office of Alcohol and Other Drug Education is to address the issue of substance abuse among the VSU community and its potential impact on academic, professional, and social development. Our goal is to provide accurate, up-to-date information in the areas of prevention, education, and referral, and to involve students in the process through peer education and substance-free social programming. Our services are available to students, faculty, and staff.

The AOD office coordinates and works closely with the Student Conduct Office, the Athletic Department, Counseling Center, Wellness and Promotions, Housing and Residence Life, Greek Life, University Police, and local probation offices.

Services

Substance Abuse Assessments – Students are typically referred by the Student Conduct Office, Residence Hall Directors, Athletic Department, Greek Life, Counseling Center, parents, self, or concerned instructors. Students with on-going legal issues can typically satisfy counseling requirements assigned by probation officers through our office.

One-on-One Counseling – "Brief Therapy," usually consisting of 4 – 6 sessions. Referral reasons and level of need determine the number of sessions.

Adult Children of Alcoholics (ACOA) Group - Offered to students that have been negatively impacted by a significant person in their life and the use/abuse of substances.

Presentations – Classes, Greek Life events, Residence Halls and Student Organizations.

Campus Awareness Events – Main observances sponsored by our office are Alcohol Awareness in October and the Safe Spring Break Fair prior to students leaving campus for spring break. We participate in Orientations, Visitation Days, and Employee Health and Benefits Fairs.

KARMA (Peer Education) --Two Credit Class --Gives students an opportunity to learn about alcohol and drugs (and other topics) and give presentations to other students. KARMA students also support campus awareness fairs. Involvement in KARMA may lead to students to being recognized as nationally "Certified Peer Educators" through Bacchus/NASPA.

Natural High (Advisor) – Offers weekly substance-free social programming events on-campus, that are positive alternatives and free to students.

Core Alcohol and Drug Survey – This survey takes the pulse of the substance abuse climate on campus. We conduct this survey every two years.

Substance Abuse Task Force (Chair) – Representatives from campus agencies and the community discuss substance abuse issues and recommend policy.

E-Check Up To Go – The Alcohol eCHECKUP TO GO is a brief self-assessment that will provide you with accurate and detailed information about: Your personal risk patterns, your individual level of alcohol tolerance, and your unique family risk factors Harm reduction strategies.

Support Research – Videos, print material, and pamphlets are available to our students on a variety of substance abuse topics.

Referral services are available to staff and faculty.

A grant from the **Governor's Office of Highway Safety (GOHS)** aids the prevention/awareness message by funding DUI Simulators and speakers to campus. **Peer Education** students are provided an opportunity to attend Young Adult Leadership Conferences. Peer Education support materials are also purchased using GOHS funds.

Biennial Review Compliance Checklist
2015-2016

1. Does the institution maintain a copy of its drug prevention program? Yes
   If yes, where is it located?

   The President of Valdosta State University has signed a policy letter outlining the university's position on alcohol and drug abuse. The original is kept in the Biennial Review notebook, which is maintained in the Office of Alcohol and Other Drug Education. In addition, each office with direct contact with students or employees involved with substance abuse issues has their respective guidelines in numerous publications, including VSU web-sites.

2. Does the institution provide annually to each employee and each student, who is taking one or more classes for any type of academic credit except for continuing education units, written materials that adequately describe and contain the following?

   a. Standards of conduct that prohibit unlawful possession, use, or distribution of illicit drugs and alcohol on its property or as a part of its activities

   Students: *Yes* Staff and Faculty: *Yes*

   b. A description of the health risks associated with the use of illicit drugs and the abuse of alcohol

   Students: *Yes* Staff and Faculty: *Yes*

   c. A description of applicable legal sanctions under local, state, or federal law

   Students: *Yes* Staff and Faculty: *Yes*

   d. A description of applicable counseling treatment, or rehabilitation or re-entry programs

   Students: *Yes* Staff and Faculty: *Yes*

e. A clear statement of the disciplinary sanctions the institution will impose on students and employees, and a description of those sanctions

Students: *Yes* Staff and Faculty: *Yes*

3. Are the above materials distributed to students in one of the following ways?

a. Mailed to each student (separately or included in another mailing)

No

b. Through campus post offices boxes

No

c. Class schedules which are mailed to each student

No, students are briefed on portions of the policy and encouraged to review the full policy contained in the Student Code of Conduct

d. During freshman orientation

NA

f. In another manner *X* (describe)

Portions of the University's Alcohol and Drug Policy are made available for students in numerous campus publications, web-sites, and are briefed at freshmen orientations. However, the method that best reaches our students with the above- named issues is a student list-serve on an annual basis.

4. Does the means of distribution provide reasonable assurance that each student receives the materials annually?

Yes. All student completing classes at VSU receive the Substance Abuse Policy letter via e-mail

5. Does the institution's distribution plan make provisions for providing these materials to students who enroll at some date after the initial distribution?

Yes Appendix A (Pre-amble) of the Students Code of Conduct states "As a student of Valdosta State University you are advised to read, understand, and abide by the Student Code of Conduct."

6. Are the above materials distributed to staff and faculty in one of the following ways?

a. Mailed

Staff: *No* Faculty*: No*

b. Through campus post office boxes

Staff: *No* Faculty: *No*

c. During new employee orientation

Staff: *Yes* Faculty: *Yes*

d. In another manner (describe)

The above-named issues are addressed as part of employee's Annual Compliance Training and must be verified as having been read

7. Does the means of distribution provide reasonable assurance that each staff and faculty member receives the materials annually?

Staff: *Yes* Faculty: *Yes*

Each staff and faculty member completes Compliance Training in September/October

8. Does the institution's distribution plan make provisions for providing these materials to staff and faculty who are h i red after the initial distribution?

Staff: *Yes* Faculty: *Yes*

New hires complete Compliance Training at the time of employment

9. In what ways does the institution conduct biennial reviews of its drug prevention program to determine effectiveness, implement necessary changes, and ensure that disciplinary sanctions are enforced?

a. Conduct student alcohol and drug use survey

Yes. The Core and Alcohol Drug Survey is administered every two years. E-Chug and E-Toke surveys are administered/available to students at no charge

b. Conduct opinion survey of its students, staff, and faculty

Students: *No* Staff and Faculty: *No*

c. Evaluate comments obtained f rom a suggestion box

Students: *No* Staff and Faculty: *No*

d. Conduct focus groups

Students: *No* Staff and Faculty: *No*

e. Conduct intercept interviews

Students: *No* Staff and Faculty: *No*

f. Assess effectiveness of documented mandatory drug treatment referrals for students and employees

Students: *Yes. Upon completion of counseling sessions* Staff and Faculty*: (NA)*

g. Assess effectiveness of documented cases of disciplinary sanctions imposed on students and employees

Students: *No* Staff and Faculty: *No (NA)*

NOTE: The effectiveness of sanctions is not monitored through the Office of Alcohol and Other Drug Education. Recidivism rates for campus agencies' referrals among our students are noted to be very low

h. During new student Orientations

i. Other (please list)

There is a Substance Abuse Task Force comprised of campus and communities representatives to identify issues that could negatively impact our students.

10. Who is responsible for conducting these biennial reviews?

The Office of Alcohol and Other Drug Education of the Student Affairs Division

11. If requested, has the institution made available, to the Secretary and the public, a copy of each requested item in the drug prevention program and the results of the biennial review?

NA

Note: ***Valdosta State University has not received a request from the Secretary to audit our Biennial Reviews. However, Biennial Reviews are maintained and available for review in the Office of Alcohol and Other Drugs Education dating back to 1999.***

12. Where is the biennial review documentation located?

Name: *Mark Williams Title: Coordinator, Office of Alcohol and Other Drug Education*

Department: *Student Affairs*

Phone: *(229) 259-5111 E-mail: mfwillia@valdosta.edu*

13. Comments: *In addition to ensuring the students and staff of Valdosta State University are aware of applicable laws, policies, and sanctions associated with alcohol and drug abuse, we choose to emphasize the fact that most individuals are making responsible decisions regarding their personal use of substances and encourage them to continue to do so. Evidence of the stance is the number of alcohol-free options available to students sponsored and supported by the student-led organizations, such as Natural High.*

The results from our Core Alcohol and Drug Survey are highlighted during class room presentations and Orientations to enlighten our students that alcohol and drug abuse is the exception, rather than the rule, among VSU students. Peer Education also helps spread the message that the responsible use of alcohol, to include abstinence, places a student in the majority at VSU.

Biennial Review Supplemental Checklist 2015 - 2016

The Drug-Free Schools and Campuses Regulations require an institution of higher education (IHE) to certify it has adopted and implemented a program to prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees. **Failure to comply with the Drug-Free Schools and Campuses Regulations may forfeit an institution's eligibility for federal funding.**

EDGAR Part 86 establishes a set of minimum requirements for college substance use programs. Colleges and universities may have additional obligations under state law, including recent court decisions in lawsuits brought against IHEs by college and university students and employees. Consultation with an attorney knowledgeable in this area is highly recommended.

A. Description of the AOD Program Elements (AOD responses are in italics)

1. Alcohol-Free Options

How does your campus provide an environment with alcohol-free options? Please check all that apply:

_X___Alcohol-free events and activities are created and promoted.

Student organization events and activities are alcohol free. Alcohol is not permitted in common areas of campus.

__X__Student service learning or volunteer opportunities are created, publicized, and promoted.

VSU 1101 classes have a community service component in their curriculum. Student volunteer opportunities are publicized via e-mail, web-sites, and flyers. Volunteer hours are tracked for students to be able to cite experiences.

__X__Community service work is required as part of the academic curriculum.

Community service work is required as part of the academic curriculum.

__X___The campus offers a student center, recreation center, coffeehouse, or other alcohol-free settings.

All campus facilities are alcohol free, to include the Recreation Center and Student Union, with the exception of residence halls when the students are of legal age to consume alcohol.

__X___ The student center, fitness center, or other alcohol-free settings have expanded hours.

The Student Center and Recreation Center are open in the evenings and on weekends.

__X__Nonalcoholic beverages are promoted at events.

Nonalcoholic beverages are served at student-oriented campus functions.

2. **Normative Environment**

How does your campus create a social, academic, and residential environment that supports health-promoting norms? Please check all that apply:

__X__College admissions procedures promote a healthy environment.

During Orientation sessions students are informed of university policies regarding alcohol/drug use and receive an in-depth briefing on the Recreation's Center's programs advocating a healthy life-style.

__X__The academic schedule offers core classes on Thursdays, Friday, and Saturdays.

Most classes are offered Monday – Friday. Doctoral students meet on Saturdays.

__X__Exams/projects increasingly require class attendance and academic responsibility.

VSU has an official attendance policy and holds its students to high academic standards.

__X___Substance-free residence options are available.

Not at this time. Few students took advantage when a "Wellness Floor" was available

__X__The campus encourages an increase in academic standards.

VSU has recently increased the minimum Scholastic Aptitude Test scores for admission.

__X__ Faculty and staff are educated about behavioral indicators, student norms, and cultural attitudes related to high-risk or illegal alcohol use.

The AOD Coordinator attends New Faculty Orientations to make them aware of the substance abuse climate on our campus and the resources available to deal with students they may have concerns about.

__X__Faculty and staff are educated about behavioral indicators, student norms, and cultural attitudes related to illicit drug use.

The Coordinator of the Office of Alcohol and Other Drug (AOD) Education attends the New Faculty Orientation each fall to educate new faculty about the substance abuse climate on campus and is available any time for consultation if these concerns arise.

__X__ Faculty are encouraged to engage in a higher level of contact with students.

VSU faculty members are encouraged to participate in a program sponsored by Housing and Residence Life called "House Calls." This initiative has faculty and administrators visit freshmen students in residence halls to check on their adjustment to college life and to see if they are experiencing any problems.

__X__Students are educated about misperceptions of drinking norms.

Statistics from the Core Alcohol and Drug Survey that challenge drinking perceptions are routinely mentioned in presentations to students by the AOD coordinator.

__X__Student leadership (e.g., orientation leaders, resident assistants, fraternity and sorority members, athletes, student organizations) promotes positive, healthy norms.

Resident Assistants are required to provide educational instruction to their residents and typically call upon the AOD coordinator or Peer Educators to speak about substance abuse, to include social norms. Greeks Advocating the Mature Management of Alcohol (GAMMA) also encourages the responsible of alcohol.

__X__Students have opportunities to advise and mentor peers.

VSU offers a for-credit class for Peer Educators known as KARMA (Knowledge, Awareness, Respect, Maturity, Achievement). *KARMA introduces numerous topics to the students and they are in turn required to present at out-of-class venues in a peer setting. This experience enhances subject knowledge as well as public speaking skills. KARMA students are afforded networking opportunities through attendance at Young Adult Peer Education Leadership Conferences held throughout the state. KARMA students also support campus awareness fairs such as the Alcohol Awareness Fair and Safe Spring Break activities.*

__X__Pro-health messages are publicized through campus and community media channels.

Pro-health messages are communicated to VSU students via e-mails, flyers, campus newspaper, presentations, special speakers, and other events. Numerous awareness fairs are sponsored by the AOD and Health Promotion offices.

__X__Other:

-During Orientations students are informed of university policies regarding alcohol/drug use and receive an in-depth briefing on the Student Recreation Center's programs.

-VSU offers KARMA, a for-credit Peer Education class.

-Numerous awareness fairs are sponsored by the AOD and Health Promotion offices, as well as the Campus Wellness Committee.

3. **Alcohol Availability**

How does your AOD prevention program limit alcohol availability? Please check all that apply:

__X__Alcohol is banned or restricted on campus.

Restricted to students of legal age to drink in their residence hall rooms

__X__Alcohol use is prohibited in public places.

The use of alcohol is restricted to residence hall rooms for students of legal age to consume alcohol..

__X__Delivery or use of kegs or other common containers is prohibited on campus.

Delivery or use of kegs or other common containers is prohibited on campus.

__X__Alcohol servers are required to be registered and trained.

In accordance with VSU's Alcohol Policy for Events, "the event caterer must have necessary alcohol licenses, supply a certified or licensed bartender, and provide beverage set ups. Under no circumstances will self-service be allowed. Access to alcoholic beverages must be through a licensed certified bartender".

__X__Server training programs are mandatory.

Not through VSU. "Training for Intervention ProcedureS" (TIPS) is offered through Johnson's Distributors to VSU students that work in local drinking establishments.

__X__*Guidelines for off-campus parties are disseminated.

Greek Life chapters are provided guidelines regarding the use of alcohol at their functions.

Note: *The following responses are based upon The City of Remerton and/or City of Valdosta Alcohol Ordinance*.

__X__The number and concentration of alcohol outlets near campus are regulated.

Yes

__X__The costs of beer and liquor licenses are raised.

Not addressed

__X__The days or hours of alcohol sales are limited.

"Last Call" and closing hours are established, as well as Sunday sales.

_*NA*_ The container size of alcoholic beverages is reduced.

__X__Alcohol is regulated by quantity per sale.

Not addressed

__X__Keg registration is required.

Keg registration is required for off-campus functions

_*NA*__State alcohol taxes are increased.

__X__Does not limit alcohol availability.

Alcohol availability is limited by age, hours of service, and location.

_X___Other: *Additional guidelines forbid alcohol intended to be consumed on the premises from being taken off the premises; cannot require the purchase of subsequent drinks as a condition of being served the first one, and establishments cannot offer "all you can drink" specials.*

**Greek Life chapters are provided guidelines for off-campus parties.*

Drinking establishment flyers are banned on campus.

4. **Marketing and Promotion of Alcohol**

How does your AOD prevention program limit marketing and promotion of alcohol on and off campus? Please check all that apply:

__X__Alcohol advertising on campus is banned or limited.

Limited. Alcohol advertising is permitted in the campus newspaper The Spectator, but flyers are not allowed to be posted on campus promoting alcohol use

__X__Alcohol industry sponsorship for on-campus events is banned or limited.

Johnson Distributing Co. is represented on the Substance Abuse Task Force and promotes responsible drinking and supports our awareness fairs. They have also co-sponsored a guest speaker to campus.

__X__Content of party or event announcement is limited.

Yes. Flyers and posters are banned on VSU's campus. Parties and other events are not permitted to promote the availability of alcohol.

_*NA*_Alcohol advertising in the vicinity of campus is banned or limited.

_*NA*_Alcohol promotions with special appeal to underage drinkers is banned or limited.

_*NA*_Alcohol promotions that show drinking in high-risk contexts is banned or limited.

_*NA*_Pro-health messages that counterbalance alcohol advertising are required.

_*NA*_Cooperative agreements are endorsed to institute a minimum price for alcoholic drinks.

_*NA*_Cooperative agreements are endorsed to limit special drink promotions.

__X__"Happy hours" is eliminated from bars in the area.

No official policy. A review of the City of Remerton and Valdosta ordinances did not find any references to the above issues

__X__The sale of shot glasses, beer mugs, and wine glasses at campus bookstores is banned.

No. Shot glasses are sold in the VSU Bookstore

__X__Does not restrict marketing and promotion of alcohol.

No official policy

5. **Policy Development and Enforcement**

How does your AOD prevention program develop and enforce AOD policies on and off campus? Please check all that apply:

The Student Conduct Office of the Division of Student Affairs has established protocols for ensuring consistency in enforcing cases of policy violations among students. These protocols address sanctions as well as the criteria for a referral to AOD. The campus Substance Abuse Task Force has also had input regarding policy enforcement.

_*NA*_ On-campus functions must be registered.

Registration guidelines for reserving campus facilities are strictly enforced.

_*NA*_ ID checks at on-campus functions are enforced.

_*NA*_ Undercover operations are used at campus pubs and on-campus functions.

_*NA*_ Patrols observe on-campus parties.

__X__ Patrols observe off-campus parties.

Identification checks for underage drinkers are conducted in local drinking establishments. Undercover operations and patrols by police and not coordinated with AOD or the Substance Abuse Task Force Greek Life functions require private security.

_*NA*_ Disciplinary sanctions for violation of campus AOD policies are increased.

__X__ Criminal prosecution of students for alcohol-related offenses is increased.

Enforced, but not increased.

__X__ Driver's licensing procedures and formats are changed.

Unknown.

__X__ Driver's license penalties for minors violating alcohol laws are enforced.

Yes

__X__ Sellers/servers are educated about potential legal liability.

Training for Interventions Procedures (TIPS) is available and through Johnson Distributing Co. Drinking establishments are responsible for creating /enforcing their own server training.

__X__ ID checks at off-campus bars and liquor stores are enforced.

__X__ Penalties for sale of liquor to minors are enforced.

__X__ Laws against buying alcohol for minors are enforced.

__X__ Penalties for possessing fake IDs are enforced.

__X__ Undercover operations are used at retail alcohol outlets.

__X__ DUI laws are enforced.

__X__Roadblocks are implemented.

Yes. Undercover officers conduct enforcement exercises and DUI checkpoints.

__X__Open house assemblies are restricted.

Not addressed.

__X__Dram shop laws that apply legal action for serving intoxicated drinkers or minors are established.

Yes, as established by the state of Georgia.

__X__Does not develop or enforce AOD policies.

Policies are established and enforced.

__X__Other: *Campus policies and local laws are enforced in regard to alcohol violations*

B. A statement of AOD Program Goals and a Discussion of Goal Achievement

The mission of the Office of Alcohol and Other Drug Education is to address the issue of substance abuse among the Valdosta State University community and its potential impact on academic, professional, and social development. Our goal is to provide accurate, up-to-date information in the areas of prevention, education, and referral, allowing student involvement in the process through peer education and substance-free social programming. Our services are available to students with consultation provided for faculty and staff.

Please describe how the programs were achieved:

Education/awareness presentations, campus/community awareness programs, substance abuse assessments/counseling sessions, and Natural High (substance-free social activities) conducted by AOD and Peer Educators are documented in Semester and Annual Reports. Evidence of involvement by campus agencies and community leaders is cited in Substance Abuse Task Force minutes. VSU conducts the Core Alcohol and Drug Survey every two years in an effort to take the pulse of the substance abuse climate among our students and help to focus prevention efforts.

C. Summaries of AOD Program Strengths and Weaknesses

What are the strengths and/or weaknesses of your AOD prevention program?

(Strengths)

One of the strengths of the AOD prevention program is that the administration has taken a pro-active approach in dealing with substance abuse issues among Valdosta State University

students. This is evidenced by the creation of a full-time position for a certified substance abuse counselor to serve as the AOD coordinator and to provide support staff and operating budget.

The AOD coordinator instructs a for-credit class for Peer Education (KARMA) students and advises a student led organization (Natural High) dedicated to sponsoring weekly, free, substance free social programming.

The AOD coordinator enjoys the support of the Counseling Center director and staff as well as Students Affairs personnel. Many instructors make their classrooms available for prevention presentations as well as permitting AOD to administer the Core Alcohol and Drug Survey. There is a sound working relationship between AOD and Health Promotions as well as the Student Health Clinic.

AOD supplements its operating budget by having received a grant from the Governor's Office of Highway Safety for thirteen consecutive years. This grant makes possible educational opportunities for Peer Education students as well as purchasing Certified Peer Education Manuals.

Campus awareness events with an alcohol/drug prevention theme such as the National Collegiate Alcohol Awareness Week and Safe Spring Break are well attended by students and endorsed by faculty. AOD is represented at campus Health Fairs and Staff Appreciation observances. AOD also brings nationally known substance abuse and motivational speakers to campus.

Educational opportunities/sanctions offered through AOD include "e-CHECK UP TO GO" (e-Chug and e-Toke) as well as video and print material.

Student Affairs mandates e-CHECK UP TO GO (eCHUG) for Greek Life students, which is provided at no charge to students.

The AOD coordinator benefits from the advice and suggestions from members of the campus Substance Abuse Task Force, comprised of faculty, administrators, students, and community personnel.

AOD contributed to Greek Life's D.A.S.H. (Drugs, Alcohol, Sexual Assault, Hazing) training curriculum.

In-roads have been made in addressing freshman student-athletes in a joint effort with the Counseling Center and Health Promotions.

(Weaknesses)

There remains much work to do regarding VSU's relationship with area drinking establishments. Under-age drinking, over-serving of patrons, and incentive drinking specials are of continuous concern. The potential hazard of Driving Under the Influence is being addressed through the Substance Abuse Task Force by attempting to create a Sober Ride program.

The AOD office would also like to see an increase in opportunities to present the substance abuse prevention message with our students in venues such as residence halls, student organization meetings, classrooms, athletics, and Greek Life chapter meetings. In addition, the AOD coordinator would appreciate the opportunity to address the faculty regarding substance abuse issues to strengthen our relationships with departments across the campus.

D. AOD Policy*

1. **Policy Contents**

What information do you distribute to employees and students (taking one or more classes for academic credit, not including continuing education)? Please check all that apply:

__X__A description of the health risks associated with alcohol abuse and the use of illegal drugs.

__X__A description of applicable legal sanctions under local, state, and federal laws.

__X__A description of any treatment, counseling, rehabilitation, or re-entry programs available at your institution.

__X__A statement of the institution's disciplinary measures regarding alcohol and illegal drug use by students and employees.

Each of these issues are addressed in a Policy Letter distributed to employees as well as student each year in the manner described below.

2. **Policy Distribution**

Where does your institution publicize its alcohol or other drug policy? Please check all that apply:

__X__Student handbook (On-line Student Code of Conduct)

__X__Staff and faculty handbook

__X__Course catalogs

__X__Class schedules

__X__Student's academic orientation

__X__Residence hall orientation

__X__Staff and faculty orientation

__X__Formal speaking engagements

__X__Other: *VSU student e-mail*

__X__Employee on-line Compliance Checklist through Human Resources

* Please see attached list of the policies distributed to students and employees.

E. Recommendations for Revising AOD Prevention Programs

Please offer any recommendations for revising AOD prevention programs and/or policies:

The AOD program could be strengthened by having more contact with targeted, at-risk populations such as freshman, student-athletes, International and Greek Life students. Opportunities to address employees, including faculty, are also lacking.

VSU Distribution Policy

In compliance with the Drug Free Work Place Act of 1988 and the Drug Free Schools and Communities Act of 1989, below is a list of the different means in which we distribute to all faculty, students and staff Valdosta State University's Alcohol Policy and Georgia State and federal laws governing these Acts.

- VSU Human Resources and the Office of Alcohol and Other Drugs Education distributes an annual Drug Free Workplace Policy letter to all current employees through an email distribution list and is also included in the annual Compliance Training mandated for all employees to complete.

- New VSU employees are required to sign a form acknowledging the Drug Free Workplace Policy. Also, the Classified Employee Handbook which includes the Drug Free Workplace Policy is distributed to all new employees during orientation and is also available online for all employees.

- The Office of Student Life and the Office of Alcohol and Other Drugs Education sends an annual notification letter to all students informing them of the standard of conduct concerning alcohol and drugs and the legal and disciplinary sanctions for violating VSU Alcohol Policy through a student email distribution list

- Freshmen students are mandated to complete the educational Everfi Module that teaches them about the effects of alcohol.

- All VSU employees including federal student workers and graduate assistants are mandated to complete the Annual Compliance training that informs them of the VSU Drug Free Workplace Policy.

- The online Faculty Handbook includes the VSU Drug Free Workplace and VSU Alcohol Policy that.

- The online Student Handbook includes VSU Alcohol Policy and Student Code of Conduct listing sanctions for violations of this policy which every freshman is made aware of at orientation and given a CD of this handbook.

- The Safety and Security Report that is published annually by the Department of Public Safety is available online which includes VSU policies and Georgia state laws governing the use of alcohol and drugs.

- The Student Athlete Handbook is distributed to all student athletes which includes VSU and the Athletic Department's policies and sanctions for violations of these policies.

- Housing and Residence Life requires students living on campus to review the online Guidelines for Community Living which includes VSU Alcohol Policies.

- In coordination with the Counseling Center, Health Promotions, Student Health Center, Student Life and Housing and Residence Life, the Office of Alcohol and Other Drugs Education distributes alcohol and drugs educational materials throughout the campus through the many events that are sponsored on campus during the year.

- Sorority and Fraternity members are required to review the Greek Life Handbook and the Risk Management Policy that includes the VSU Alcohol Policy

- Student Employment Handbook is distributed to each new employee that includes VSU Alcohol Policy.

Student Substance Abuse Policy Letter

2016

VSU Student: There is perhaps no greater threat to your academic success than the abuse of alcohol and other drugs. VSU's staff, faculty, and administration are committed to providing you a safe atmosphere in which to learn, grow, and have fun. Please take a few moments to review the potential risks and consequences associated with substance abuse and the resources available to help deal with them. Additional information may be found on the Office of Alcohol & Other Drug (AOD) Education website at valdosta.edu/aode. Questions or concerns regarding personal use of alcohol and/or drugs should be directed to AOD by calling (229) 259-5111.

Standards of Conduct: "University students are expected to assume responsibility for their behavior. They must understand that being under the influence of drugs and or alcohol does not lessen their accountability. All students in the university community will be held accountable for inappropriate behavior while under the influence of drugs and or alcohol via the appropriate campus and community disciplinary procedure.

Students shall obey all local, state, and federal laws regarding the possession, consumption, manufacture, and sale of alcoholic beverages or controlled substances. The United States Department of Education regulations stipulate that those 'Who engage in the unlawful manufacture, distribution, dispensation, or use of any controlled substance may lose their federal financial aid.'" (Excerpt from Student Code of Conduct)

Legal Sanctions: Federal legal sanctions and guidelines are addressed in Title 21, United States Code, Chapter 13, Subchapter 1, Part D, Sections 841-864. Penalties vary widely depending upon the substance, quantity possessed, and previous conviction history. Potential sentences range from loss of federal benefits, forfeiture of property, imprisonment, and fines.

The Official Code of Georgia, Title 16, Chapter 13, outlines state penalties for manufacturing, possessing, and distributing controlled substances. Sentencing guidelines vary widely from misdemeanor to felony convictions.

Health Risks: The abuse of alcohol and other drugs may impair an individual's ability to perform at their highest academic level. Short and long term heath issues may also result from misuse. Following is a brief synopsis of the physical hazards associated with substances commonly used/abused in our society:

Substance	Physical Effect	Short Term/Moderate Use	Long Term/Heavy Use
Alcohol	Central Nervous System (CNS) Depressant	Loss of inhibition, judgment, reasoning, coordination	Unconsciousness, Blackouts, Tolerance Dependence, Cirrhosis Death
Sedatives	CNS Depressant	Reduced coordination Loss of body control Passing out Stupor Depression	Dependence Amnesia Personality changes Confusion
Stimulants	CNS Stimulant	Increased blood pressure Loss of appetite Restlessness Insomnia	Paranoia Convulsions Psychosis
Opiates	CSN Depressant	Hallucinations Disruption of menstrual cycle Lowered blood pressure Constipation	Coma Dependence Convulsions Depressed sex drive Death
Psychedelics	Hallucinations	Alteration of mental process Distorted perceptions Confusion Vomiting	Anxiety Stupor Panic Psychosis
Marijuana	Sedation/Euphoria	Distorted perception Altered mental process Increased heart rate Reduced short term memory	Anxiety Panic Dependence

Available Resources: Valdosta State University employs a full-time coordinator through the Office of Alcohol and Other Drug (AOD) Education to address substance abuse issues for students. Available resources include assessment, education, short term counseling, and referral. The AOD coordinator, as well as Peer Education students, is available to address classes, student organizations, Resident Hall functions, and other campus and community

events. Organizations desiring prevention/awareness programs should call (229) 259-5111. Other campus resources dealing with substance abuse issues include the Counseling Center, Health Services, Public Safety, and Student Conduct Office. All services offered by VSU are free of charge.

Disciplinary Sanctions: Students unable or unwilling to comply with established standards risk the following sanctions being imposed by Valdosta State University:

In addition to applicable legal consequences, students may face forfeiture of academic credit, financial aid eligibility, temporary or permanent suspension, and withdrawal of organizational recognition by the institution. Counseling and education may also be mandated. Further information regarding violations and sanctions may be reviewed in the Student Handbook Student Code of Conduct and the Student Conduct Office Website: (http://www.valdosta.edu/administration/student-affairs/student-conduct-office/student-handbook.php).

Employee Substance Abuse Policy Letter

Dear Valdosta State University Employee,

The Drug-Free Schools and Campuses Regulations (DFSCR), Part 86, requires that all Institutions of Higher Learning receiving federal funds certify they are in compliance with established standards of conduct and have a written policy addressing the issues of unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees. The policy must also outline legal sanctions, health risks, available substance abuse programs, and disciplinary actions each student or employee is subject to. A copy of these standards must be distributed to each student and employee on an annual basis. Compliance with the DFSCR is documented in our Biennial Review and is subject to audit every two years.

Please take a few moments to review these policies and available resources. Questions or concerns regarding personal use of alcohol and/or drugs should be directed to the Office of Alcohol and Other Drug Education (229) 259-5111. Human resource related questions should be forwarded to Human Resources and Employee Development (229) 333-5709.

Standards of Conduct: "Faculty, staff members, and student employees of Valdosta State University are expected to adhere to the policies of the institution, observe the basic rules of good conduct, and to meet appropriate standards of performance." (excerpt from the Drug Free Work Place Policy letter signed by President Ronald M. Zaccari, dated March 1, 2002) "As an employee of Valdosta State University, you are hereby advised that the unlawful manufacture, distribution, dispensation, possession or use of illegal drugs and/or alcohol on the college campus is prohibited and violations of this policy will result in appropriate disciplinary action, to include suspension or termination." (excerpt from the New Faculty, Staff, and Student Employees letter signed by President Ronald M. Zaccari, undated)

Legal Sanctions: Federal legal sanctions and guidelines are addressed in Title 21, United States Code, Chapter 13, Subchapter 1, Part D, Sections 841 – 864. Penalties vary widely depending upon the substance, quantity possessed, and previous conviction history. Potential sentences range from loss of federal benefits, forfeiture of property, imprisonment, and fines.

The Official Code of Georgia, Sections 16-13-1, 16-13-2, 16-13-30, 16-13-31, and 16-13-32.6, outline state penalties for manufacturing, possessing, and distributing controlled substances. Sentences range from probation for misdemeanor possession of marijuana to a mandatory minimum term of 25 years and a fine of $1,000,000 for substantial quantities of cocaine.

Health Risks: The abuse of alcohol and other drugs can impair an individual's ability to perform at their highest level academically or in the workplace. Short and long term health issues may also result from misuse. Following is a brief synopsis of the physical hazards associated with substances commonly used/abused in our society:

Substance	Physical Effect	Short Term/Moderate Use	Long Term/Heavy Use
Alcohol	Central Nervous System (CNS) Depressant	Loss of inhibition, judgment, reasoning, coordination	Unconsciousness, Blackouts, Tolerance Dependence, Cirrhosis Death
Sedatives	CNS Depressant	Reduced coordination Loss of body control Passing out Stupor Depression	Dependence Amnesia Personality changes Confusion
Stimulants	CNS Stimulant	Increased blood pressure Loss of appetite Restlessness Insomnia	Paranoia Convulsions Psychosis
Opiates	CSN Depressant	Hallucinations Disruption of menstrual cycle Lowered blood pressure Constipation	Coma Dependence Convulsions Depressed sex drive Death
Psychedelics	Hallucinations	Alteration of mental process Distorted perceptions Confusion Vomiting	Anxiety Stupor Panic Psychosis
Marijuana	Sedation/Euphoria	Distorted perception Altered mental process Increased heart rate Reduced short term memory	Anxiety Panic Dependence

Substance Abuse Programs: Valdosta State University employs a full-time coordinator through the Office of Alcohol and Other Drug (AOD) Education to address substance abuse issues for students and employees. Available resources include assessment, education, short term counseling, and referral. The AOD coordinator, as well as Peer Education students, is available to address classes, student organizations, Resident Hall functions, and other campus and community events. Organizations desiring prevention/awareness programs should call (229) 259-5111. Other campus resources dealing with substance abuse issues include the Counseling Center, Health Services, Public Safety, Human Resources, and Judicial Affairs. All services offered by VSU are free of charge.

Disciplinary Sanctions: Students and employees unable or unwilling to comply with established standards risk the following sanctions being imposed by Valdosta State University:

Students: In addition to applicable legal consequences, students may face forfeiture of academic credit, financial aid eligibility, temporary or permanent suspension, and withdrawal of organizational recognition by the institution. Counseling and education may also be mandated. Further information regarding violations and sanctions may be reviewed in the Student Handbook Student Code of Conduct and the Judicial Affairs web-site (www.valdosta.edu/judicial/).

Employees: In addition to applicable legal consequences, discipline may include counseling, reprimand, suspension, demotion, or dismissal. Employees with concern regarding their use of substances are encouraged to seek assistance prior to being identified via unacceptable legal or professional behavior. Additional information may be found in the Classified Employee Handbook and Faculty Handbook.

Thank you for your attention to this important matter, Human Resources and Employee Development and the Office of Alcohol & Other Drug Education

Maxient Program

Valdosta State University utilizes the Maxient software program for managing student behavior records. Maxient serves as an integral component at VSU for overall early alert efforts, helping to identify students in distress and coordinates the efforts of various departments to provide follow-up to include but not limited to the Student Conduct Office, Housing and Residence Life, the Behavioral Intervention Team (BIT), Counseling Center and the Office of Alcohol and Other Drug Education.

If a student is cited with a violation of VSU Alcohol Policy, the incident is entered into Maxient, and each department that is involved to assist the student with the completion of sanctions gets notice of the incident. For example, if sanction/sanctions are imposed on a student, such as Substance Abuse Assessments or counseling, the Office of Alcohol and Other Drugs Education would get notice of this and would note in Maxient when the student has completed the sanction and will alert the referring department.

Anyone who has access to Maxient data has a specific reason for that access and must comply with confidentiality standards.

Office of Social Equity (Everfi)

Office of Social Equity
Valdosta State University
Contact: (229) 333-5800

Alcohol/Haven Training

As you may already know, Valdosta State University has partnered with EverFi, whose mission is to help students address critical life skills such as alcohol abuse prevention, sexual assault prevention, and financial literacy in higher education institutions across the country. Each year over 700,000 students complete these courses.

As part of our comprehensive prevention program for students, VSU encourages you to complete AlcoholEDU and Haven. This online education will empower you to make well-informed decisions about issues that affect your college years and beyond.

To complete the training modules:

Always sign in to MyVSU

Look at all the panes on the right of that page, and see if one of them says Everfi Training. If it is not already listed, click the small white gear that is on the top right of the list. Search Everfi, and add the training tab to your page. Click on the pane to access the training. Be sure to answer the initial questions before signing on.

Complete Part 1 of both modules, preferably by September 30, 2015.

After 30-45 days you will receive an invitation to complete Part 2 of both modules which should be completed prior to the last class day.

Login problems? Contact the VSU Helpdesk at helpdesk@valdosta.edu or at 229-245-4357.

Other Important Information:

You will need Internet access and audio capabilities.

To avoid technical issues, please use any major web browser (e.g., Firefox, Internet Explorer, Google Chrome) released within the previous two years.

You may take the course in multiple sittings.

The course may include surveys to help personalize your experience and measure students' attitudes and behaviors. All survey responses are confidential; the school will only receive information about the student body as a whole and will never see individual students' answers.

Should you experience problems, technical support is available 24/7 and can be accessed from the "Help" link within the modules.

Student Involvement

Since the program was implemented at VSU, **1,687** students have registered for this program.

Substance Abuse Educational Programs

University students are expected to assume responsibility for their behavior. They must understand that being under the influence of drugs and or alcohol does not lessen their accountability. All students in the University community will be held accountable for inappropriate behavior while under the influence of drugs and or alcohol via the appropriate campus and community disciplinary procedure. (Excerpt from the Student Code of Conduct)

These disciplinary procedures are handled through the Student Conduct Office and these courses are used as sanctions for students that have violated the Valdosta State University's Alcohol/Drug Policies.

Each course is tailored for each user. Students receive a confidential profile that summarizes their personal substance abuse problem, compares habits with social norms and negative consequences, challenges personal expectations, and provides a range of strategies to quit.

3rd Millennium Under the Influence

Under the Influence is a 3-hour online intervention course used as a sanction for on-campus student alcohol violations, such as underage drinking or public intoxication.

3rd Millennium courses can be accessed 24/7 from any computer, tablet, or smart phone without peer pressure or negative influences. Validation features within the course ensure honesty and certify identity.

Under the Influence was developed in 2001 as the first online alcohol intervention program in the U.S. Campuses employ the course as an educational sanction for student alcohol violations. The course includes 6 lessons on key issues such as effects on health, drinking and driving, state-specific laws, and alcohol/prescription interactions.

3rd Millennium Marijunana 101

Marijuana 101 is a 4-hour online intervention course used as a sanction for on-campus student marijuana violations, such as possession of marijuana or drug paraphernalia.

Marijuana 101 was developed in 2004 at the request of a major university. The course is consistently updated with the latest and strongest drug research available. 6 lessons cover a variety of key issues such as marijuana dependence, effects of marijuana, mental health issues, synthetic marijuana, local laws and legalization issues, and legal penalties associated with use.

Course	Students Completed 2014-2016
3rd Millennium Marijuana 101	**11**
3rd Millennium Under the Influence	**7**

AOD/Peer Education Prevention and Awareness Highlights

Summer 2014

AOD Outreach

Date	Event	Attendance
06/18	Educational Talent Search	30
08/13	Freshman Athletes Fun Night	60

Total Programs: **2** Attendance: **90**

Campus/Community Programs

Date	Event	Attendance
05/28	Campus Life	202
05/30	Campus Life	138
05/31	Campus Life	226
06/13	Campus Life	231
06/20	Campus Life	125
06/21	Campus Life	232
06/27	Campus Life	103
06/28	Campus Life	224
08/06	New Faculty Orientation	31

Total Events: **9** Attendance: **1,512**

Fall 2014

AOD supported the inaugural session of "Boots to Books" to inform active duty, retired, and separated military personnel of the services offered on campus through our office.

In response to VSU adopting a tobacco-free campus, the AOD coordinator facilitated a session of Fresh Start, the American Cancer Society's smoking cessation course.

In cooperation with the Psychology and Counseling Department AOD provided a Practicum Student the opportunity to become familiar with substance abuse issues dealt with by her peers. She observed the assessment process and one-on-one counseling, eventually assuming primary care of a student, with supervision.

In recognition of the National Collegiate Alcohol Awareness Week, AOD sponsored our annual Alcohol Awareness Fair by varying the location of our information table to meet the students "where they live" as opposed to a static location. The week was greatly supported by KARMA (Peer Education) students and the AOD Graduate Assistant and Practicum student.

AOD Outreach

Date	Event	Attendance
09/03	Fraternity Risk Manager's meeting	20
10/01	Psychology Class presentation	160
10/01	Booze Clues (Seminar)	1
10/09	Practicum Students presentation	5
10/20	Georgia Hall RA program	13
10/22	Psychology Class	20
11/15	Delta Chi	43
12/03	GAMMA meeting	18

Total Programs: **8** Attendance: **280**

Campus/Community Events

Date	Event	(Estimated) Attendance
08/28	Happening	5,000
10/09	Safety and Crime Prevention Panel	75
10/09	Tobacco Free Campus Panel	50
10/20	Alcohol Awareness Fair	90
10/21	Alcohol Awareness Fair	30
10/22	Alcohol Awareness Fair	30
10/23	Alcohol Awareness Fair	45
10/24	Alcohol Awareness Fair	45
11/01	Visitation Day	1,300
11/04	Health and Benefits Fair	544

Total Events: **10** Attendance: **7,209**

KARMA

Date	Audience	Topic	Attendance
10/09	Georgia Hall Residence	Date Rape Drugs	10
10/28	High School Students	Date Rape Drugs	8
11/02	VSU KSPE	Alcoholism	8
11/03	Gay/Straight Alliance	Tobacco	13
11/08	Collegiate Women of VSU	Eating Disorders	45
11/10	VSU Mass Choir	HIV/AIDS	32
11/12	Collegiate Men of VSU	Tobacco	11
11/14	Board of Ed, Ben Hill County	Eating Disorders	4
11/18	Peers	HIV Awareness	50
11/18	After School Program	Eating Disorders	13
11/19	Peers (Roommates)	Eating Disorders	5

11/21	High School Class	Opioids	28
11/21	High School Dance Team	Alcohol	25
11/21	High School Class	Opioids	32
11/24	Mildred Hunter Center	Eating Disorders	9
11/24	Southside Rec Center	Eating Disorders	14
12/01	Deep Release Poetry Society	Cocaine	12
12/02	Patterson Hall Residence	Drunk Driving	20
12/04	Co-workers	Alcohol	4
12/04	Xchange Ministries	Alcohol	17
12/05	Delta Chi	Eating Disorders	22
12/06	Co-workers	Eating Disorders	12
12/07	FUMC Valdosta	Eating Disorders	8
12/08	Communication Study Group	Eating Disorders	5

Total programs: **24** Total attendance: **407**

KARMA students also supported **Campus/Community** programs:

Natural High

Natural High is an organization sponsored by the Office of Alcohol and Other Drug Education. It is a student run organization which provides fun and creative activities for VSU students. These activities promote healthy and positive lifestyle choices. The following is a list of the various events that are offered by Natural High:

Bingo Night	Charades	Family Feud Night
Board Game Night	Jeopardy	Halloween Costume Contest
Karaoke Night	Movie Night	Free Game Room Night

Total Events: **17** Attendance: **454**

Spring 2015

AOD, in conjunction with Health Promotions and Orientation, combined our Safe Spring Break Fair awareness effort with a Texting/DUI Simulator. The Simulator served as a graphic reminder of the importance of making good decisions while driving on Spring Break and at all times. Awareness handouts include information of on safe driving, over-exposure to the sun, local laws in popular Spring Break destinations, HIV/AIDS, and other STDs.

AOD Outreach

Date	Event	Attendance
02/09	Practicum Students' class	8
02/09	Kappa Delta	50
02/18	Psychology class	40
04/01	Resident Assistant Applicants' training	23
04/02	Resident Assistant Applicants' training	22
04/02	Resident Assistant Applicants' training	20
04/02	Resident Assistant Applicants' training	34
04/08	Resident Assistant Applicants' QPR training	18
04/09	Resident Assistant Applicants' QPR training	26
04/09	Resident Assistant Applicants' QPR training	17
04/09	KARMA QPR training	8

Total Programs: **11** Attendance: **266**

Campus/Community Programs

Date	Event	(Estimated) Attendance
01/31	Open House	1,300
02/05	Student Information Fair	25
03/10	Safe Spring Break Fair/Texting/ DUI Simulator	400
03/06	Student Organization Success	25
04/07	Take Back the Night	400
04/11	Open House	1,300

Total Events: **6** Attendance: **3,450**

KARMA

Date	Audience	Topic	Attendance
04/29	School Class	Eating Disorders	23
04/30	After School program Eating	Disorders	11
04/30	AA group	STDs/HIVAIDS	10
04/30	After School program Eating	Disorders	16
05/01	Change Ministries	Alcohol	15
05/01	Co-workers	Alcohol	5
05/03	Peers	Alcohol	7
05/03	Hopper Hall RAs	HIV/AIDS	5
05/03	Peers	HIV/AIDS	5

05/04	Intramural Sports Team	Date Rape Drugs	15
05/04	Peers	HIV/AIDS	7
05/04	Mass Choir	Date Rape Drugs	12
05/11	Peers	Drugs in College	7

Total programs: **13** Attendance: **138**

KARMA students also supported Campus/Community programs:

Natural High

Total events: **15** Attendance: **235**

Fall 2015

In support of The Happening, AOD brought a DUI Simulator to campus. Many students were able to learn first-hand the dangers of driving under the influence of alcohol and distracted driving. The event was covered by Fox 31 News from Albany who also interviewed two KARMA (Peer Education) students who shared their personal story of being charged with a DUI.

Through the cooperation of VSU faculty, AOD conducted the Core Alcohol and Drug Survey. The survey was administered to approximately 800 students and will yield an informative report gauging the pulse of the substance abuse climate among our students.

AOD was awarded a grant from the Governor's Office of Highway Safety for the 12th consecutive year. The amount is $4,510.00.

The National Collegiate Alcohol Awareness Week, conducted each year in October, varied the location each day to reach a broader scope of students. KARMA students supported this event.

AOD Outreach

Date	Event	Attendance
09/14	Psychology Class	25
09/16	Seminar	2
10/07	Pan-Hellenic Risk Managers	25
11/05	Hopper Hall	21
11/18	NPHC Delegate's Meeting	17

Total Programs: **5** Attendance: **90**

Campus/Community Programs

Date	Event	(Estimated) Attendance
08/27	The Happening	600
09/01	House Calls	39
09/02	House Calls	12
10/17	Campus Open House	75
10/26	Alcohol Awareness Fair	35
10/27	Alcohol Awareness Fair	40
10/28	Alcohol Awareness Fair	60
10/28	Alcohol Awareness Fair	1
11/03	Wellness and Benefits Fair	387

Total Events: **9** Attendance: **1,249**

KARMA

Date	**Audience**	**Topic**	**Attendance**
08/27	Fox 31 (Albany) Viewership	DUI Prevention	Unknown
11/10	Executive Board (Student Org)	STDs	11
11/23	RAs	HIV/AIDS	4
11/24	Jr. Cheer Squad	Alcohol	13
11/26	Basketball Team	Eating Disorders	7
11/30	VSU Ed Dept (coworkers)	Alcoholism	8
12/05	Youth Group	Date Rape Drugs	10
12/05	Friends	Marijuana	4
12/06	Coworkers	STDs	20
12/13	Family, Friends	Drugs	8
12/15	Coworkers	Drugs	7

Total programs: **11** Total attendance: **92**

KARMA students also supported Campus/Community programs.

Natural High

Total Programs: **16** Attendance: **403**

Spring 2016

In support of the Safe Spring Fair, AOD brought a DUI Simulator to campus. Many students were able to learn first-hand the dangers of driving under the influence of alcohol and distracted driving.

The AOD coordinator accompanied three KARMA students to the Governor's Office of Highway Safety "2016 Youth and Young Adult Leadership" conference.

The AOD coordinator, along with Counseling Center personnel, co-facilitated the first Adult Children of Alcoholics support group.

The AOD coordinator participated on a panel discussing the topic of "Poverty, Homelessness, and Drugs," sponsored by the Philosophy and Religious Studies club.

AOD Outreach

Date	**Event**	**Attendance**
03/11	Fresh Start Tobacco Cessation	0
03/18	Fresh Start Tobacco Cessation	0
03/24	Langdale Hall presentation	21
03/25	Fresh Start Smoking Cessation	0
03/29	RA candidates' training	24
03/29	RA candidates' training	26
04/01	Fresh Start Smoking Cessation	0

Total Programs: **7** Attendance: **71**

Campus/Community Programs

Date	Event	(Estimated) Attendance
01/07	Orientation	275
01/30	Open House	1,500
02/09	Student Organization Fair	75
03/31	Poverty, Homelessness, and Drugs	75
04/02	Open House	1,400

Total Events: **5** Attendance: **3,325**

KARMA

Date	Audience	Topic	Attendance
4/22/16	Pearls for Girls	Alcohol	12
4/24/18	Youth Group	Date Rape Drugs	12
4/20/16	CMVSU	STDs/STIs	36
4/25/16	Peers	Alcohol	16
4/26/16	Peers	Marijuana	3
4/26/16	Peers	Alcohol	10
4/27/16	Boys/Girls	Club Workers Alcohol	6
4/29/16	Class	Alcohol	25

4/30/16	Campus Recreation staff	STDs/AIDS	4
5/01/16	Collegiate Men of VSU	STDs	25

Total programs: **10** Total attendance: **149**

KARMA students also supported a campus Open House.

Natural High

Total Events: **15** Attendance: **243**

Summer 2016

The AOD Coordinator has been re-certified as an "International Certified Advanced Alcohol and Drug Counselor" by the International Certification & Reciprocity Consortium.

The AOD Coordinator completed the Bacchus/NASPA "Train the Trainer" program for leading KARMA (Peer Education) students in their pursuit of becoming Certified Peer Educators.

Campus/Community Programs

Date	**Event**	**Attendance**
06/17	Orientation (3 sessions)	55

Total Events: **3** Attendance: **55**

Fall 2016

The AOD Coordinator supported the VSU Opportunities Fair for New Hires to ensure that staff and faculty were aware of the resources available to them if they have concerns about students that may be substance abuse related.

The AOD Coordinator addressed our International Studies students to inform them of the many legal and cultural differences they may face in regard to the use of alcohol.

The AOD Coordinator was interviewed by WALB-TV about KARMA and the AOD program here at VSU.

AOD, along with Peer Education students, supported The Happening.

The AOD Coordinator participated in the Housing and Residence Life initiative "House Calls."

The AOD Coordinator spoke to the Counseling Center's interns about working with substance abuse clients.

The AOD office renewed our subscription to eCHECK UP TO GO (eCHUG) using funds from the GOHS.

The AOD Coordinator supported a campus Open House.

The AOD Coordinator addressed the NCNW's "Girl Talk" session.

The annual Alcohol Awareness Fair was held in conjunction with the campus Benefits and Wellness Fairs. Students were provided an opportunity to drive a remote control car around an obstacle course while wearing "beer goggles." In addition to pamphlets and promotional items being distributed, over 170 hot dogs were served.

The AOD office offered the American Cancer Society's tobacco cessation "Fresh Start" series.

The AOD office supported the Great American Smoke-Out initiative

AOD Outreach

Date	Event	Attendance
8/11/16	International Studies	22
9/13/16	Practicum Students	5
10/25/16	Girl Talk	25

Total events: **3** Attendance: **52**

Campus/Community Programs

Date	Event	Attendance
8/09/16	New Hires Fair	30
8/25/15	The Happening (est)	5,000
9/12/16	House Calls	20
10/15/16	Open House	(est) 1,400
10/27/16	Alcohol Awareness Fair	90
11/17/16	Great American Smoke-Out	60

Total Events: 6 Attendance: **(est) 6,600**

KARMA

Date	Audience	Topic	Attendance
11/29/16	Peers	Suicide	3
12/01/16	Residence Hall	Alcohol	13
12/03/16	Share in Africa Safer	Sex	31

12/03/16	Co-workers	Quitting Smoking	6
12/04/16	Residence Hall	Marijuana	3

Total Events: **5** Attendance **40**

KARMA students also supported Campus/Community programs.

Natural High

Total Events: **17** Attendance: **307**

On-Line Available Resources

VSU subscribes to eCHECK UP TO GO, eCHUG and eTOKE, to inform our students about the potential impact alcohol and marijuana may have on their lives and provide them a perspective on how their use compares with their peers. These programs are available free of charge to our students and may be accessed through the AOD web-site.

eCHUG usage to date: **1,840**

eTOKE usage to date: **59**

In accordance with the University System of Georgia guidance VSU requires new freshman to complete Everfi, an on-line alcohol education program. The Everfi Program is managed by the Office of Social Equity at VSU. Compliance rates as of 11/28/16:

Registered for Part I = **1,687**

Completed Part I = **1,442**

Completed Part II = **940**

Valdosta State University Biennial Review 2015 – 2016 Summary

The Drug-Free Schools and Campuses Regulations require an Institution of Higher Education (IHE) to certify it has adopted and implemented a program to prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees.

The issue of substance abuse on our nation's college campuses has long been recognized, studied, and addressed. The Biennial Review serves as an opportunity to examine the scope of the substance abuse problem on our campus and examine ways the VSU community can lessen the impact of alcohol and drug use/abuse on our students.

Nationally, the news regarding substance abuse among 8th, 10th, and 12th grade students is trending in an encouraging direction, according to the 2015 Monitoring the Future report. [1] National Institute of Health's Monitoring the Future survey shows long term decline in illicit drug use, prescription opioid abuse, cigarette and alcohol use among the nation's youth.

However, the news is not all good. For the first time, daily marijuana use exceeds daily tobacco use among 12th graders. Perception of marijuana use as risky continues to decline, with 31.9% of seniors saying regular use could be harmful compared to 36.1% last year.[1]

The obvious question is whether attitudes developed by a student while in high school follow them and predict behavior in college. According to the 2011 – 2013 Core Alcohol and Drug Survey National Data Executive Summary, reflecting over 143,000 respondents, 34.5% of students said there was "great risk" in smoking marijuana regularly. The reported use rate was 19% within the previous 30 days.

On the alcohol front, 2 68.7% of students had consumed alcohol in the previous 30 days, 61.8% of underage students had drank, and 43.9% had engaged in Binge Drinking (defined for these purposes as 5 or more drinks in one setting).

How do VSU's students' use of alcohol and marijuana compare? VSU administered the Core Alcohol and Drug Survey in the fall of 2015 to 696 students and found 69.4% of students drank in the previous 30 day, 61.7% of underage students had consumed alcohol, and 42.9% reported Binge Drinking. The Core Alcohol and Drug Survey Executive Summary is available in the Attachment section of this document.

[1] Bachman, J.G., Johnston, L.D., & O'Malley, P.M., (September 2002). National survey results on drug use, 1975-2001. Monitoring the Future, Volume 1. Retrieved from https://www.ncjrs.gov/App/Publications/abstract.Aspx?ID=196976

APPENDIX A

	2015	2	0	0	0	0
Arson	2013	0	0	0	0	0
	2014	0	0	0	0	0
	2015	0	0	0	0	0

Note: In the years 2013, 2014 & 2015 there were no hate crimes reported for Main Campus.

Campus Arrests:

Offense		On Campus	Residential Facility	Non-Campus Building or Property	Public Property
Liquor Law Violations	2013	3	2	0	4
	2014	27	20	1	0
	2015	35	29	0	10
Drug Abuse Violations	2013	29	17	0	2
	2014	13	9	1	1
	2015	21	13	0	12
Illegal Weapons Possession	2013	0	0	0	0
	2014	2	0	1	0
	2015	1	0	0	0

Judicial Referrals:

Offense		On Campus	Residential Facility	Non-Campus Building or Property	Public Property
Liquor Law Violations	2013	8	8	0	3
	2014	42	45	4	1
	2015	32	32	0	0
Drug Abuse Violations	2013	22	15	0	7
	2014	40	56	4	1
	2015	56	44	1	0
Illegal Weapons Possession	2013	0	0	0	0
	2014	6	45	3	0
	2015	3	3	0	0

APPENDIX B

374 E..Grand Avenue
(618) 453-4420
Carbondale, IL 62901

Consortium Number=
Institution Number= 6127
Number of Surveys = 695

Valdosta State University

CORE ALCOHOL AND DRUG SURVEY LONG FORM- FORM 194

EXECUTIVE SUMMARY

The Core Alcohol and Drug Survey was developed to measure alcohol and other drug usage, attitudes, and perceptions among college students at two and four-year institutions. Development of this survey was funded by the U.S. Department of Education. The survey includes several types of items about drugs and alcohol. One type deals with the students' attitudes, perceptions, and opinions about alcohol and other drugs, and the other deals with the students' own use and consequences of use. There are also several items on students' demographic and background characteristics as well as perception of campus climate issues and policy.

Key Findings from students at Valdosta State University

Following are some key findings on the use of alcohol:

81.5% of the students consumed alcohol in the past year ("annual prevalence").

69.4% of the students consumed alcohol in the past 30 days ("30-day prevalence").

61.7% of underage students (younger than 21) consumed alcohol in the previous 30 days.

42.9% of students reported binge drinking in the previous two weeks. A binge is defined as consuming 5 or more drinks In one sitting.

Following are some key findings on the use of Illegal drugs:

38.4% of the students have used marijuana in the past year ("annual prevalence").

25.7% of the students are current marijuana users ("30-day prevalence").

8.8% of the students have used an illegal drug other than marijuana in the past year ("annual prevalence").

4.8% of the students are current users of illegal drugs other than marijuana ("30-day prevalence").

The most frequently reported illegal drugs used in the past 30 days were:

25.7% Marijuana (pot, hash, hash oil)

2.6% Amphetamines (diet pills, speed)

2.2% Cocaine (crack, rock, freebase)

Following are some key findings on the consequences of alcohol and drug use:

27.1% reported some form of public misconduct (such as trouble with police, fighting/argument, DWI/DUI, vandalism) at least once during the past year as a result of drinking or drug use.

19.8% reported experiencing some kind of serious personal problems (such as suicidality, being hurt or injured, trying unsuccessfully to stop using, sexual assault) at least once during the past year as a result of drinking or drug use.

Following are some key findings on opinions about the campus environment:

85.6% of students said the campus has alcohol and drug policies;
14.1% said they "don't know"; and
0.3% said there wasn't a policy.

61.6% of students said the campus has an alcohol and drug prevention program;
37.3% said they "don't know"; and
1.2% said there wasn't a program.

67.7% of students said the campus is concerned about the prevention of drug and alcohol use;
20.3% said they "don't know"; and
12.0% said the campus is not concerned.

With regard to students' perceptions of other students' use:

94.3% of students believe the average student on campus uses alcohol once a week or more.
81.2% of students believe the average student on this campus uses some form of illegal drug at least once a week.

29.8% of students indicated they would prefer not to have alcohol available at parties they attend.

79.5 % of students indicated they would prefer not to have drugs available at parties they attend.

The following percentages of survey respondents said they saw drinking as a central part of the social life of the following groups:

84.8% of the respondents said they saw drinking as central in the social life of male students.
75.3% of the respondents said they saw drinking as central in the social life of female students.
23.5% of the respondents said they saw drinking as central in the social life of faculty/staff.
. 45.0% of the respondents said they saw drinking as central in the social life of alumni.
59.9% of the respondents said they saw drinking as central in the social life of athletes.
90.3% of the respondents said they saw drinking as central in the social life of fraternities.
83.5 % of the respondents said they saw drinking as central in the social life of sororities.
39.6 % of the students said they believe the social atmosphere on campus promotes alcohol use.
25.0% of the students said they believe the social atmosphere on campus promotes drug use.
20.7% of the students said they do not feel safe on campus.

Compared to other campuses...

9.4% feel that alcohol use is greater
26.2% feel that alcohol use is less
64.4% feel alcohol use is about the same

On the Core Alcohol and Drug Survey, respondents were asked to report whether students on this campus cared about a number of campus climate issues (with the response options being "not at all", "slightly", "somewhat", and "very much"). The following percentages of respondents on this campus indicated that their fellow students cared "somewhat" or "very much" about the following issues:

82.4% said students cared about sexual assault
75.1 %said students cared about assaults that are non-sexual
73.6% said students cared about harassment because of race or ethnicity
67.4% said students cared about harassment because of sexual orientation
66.5% said students cared about harassment because of gender
59.9 % said students cared about harassment because of religion
47.1 %said students cared about campus vandalism
28.5 % said students cared about alcohol and other drug use

SIUC/Core Institute
374 E. Grand Avenue
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Carbondale, IL 62901

Table 1 shows the percentage of students who reported having experienced any of the following within the last year and, if so, the percentage who reported consuming alcohol or other drugs shortly before these incidents.

Table 1 - Experiences of Harassment or Violence

Experience	Used Alcohol or Drugs	Incident
12.0%	4.9%	Ethnic or racial harassment
8.7%	35.6%	Threats of physical violence
3.7%	40.0%	Actual physical violence
2.1%	14.3%	Theft involving force or threat of force
4.3%	75.0%	Forced sexual touching or fondling
3.7%	75.0%	Unwanted sexual intercourse

On the Core Alcohol and Drug Survey, students were asked to rate the degree of risk people take when they act in certain ways, listed below. The response options were, "no risk", "slight risk", "moderate risk", "great risk", and "can't say". The numbers listed below indicate the percentage of respondents who felt there was "great risk" associated with the following behaviors:

8.7% try marijuana once or twice
13.0% smoke marijuana occasionally
30.3% smoke marijuana regularly
54.3% try cocaine once or twice
79.4% take cocaine regularly
58.7% try LSD once or twice
77.1% take LSD regularly
55.9% try amphetamines once or twice
70.5% take amphetamines regularly
23.3% take one or two drinks of an alcoholic beverage (beer, wine, liquor) nearly every day
56.9% take four or five drinks nearly every day
56.5% have five or more drinks in one sitting
54.5% take steroids for body building or improved athletic performance
41.0% consume alcohol prior to being sexually active
45.6% regularly engage in unprotected sexual activity with a single partner
79.4% regularly engage in unprotected sexual activity with multiple partners

Sexual Behavior:

70.8% of the students reported engaging in sexual intercourse within the past year. Of these, 19.5% used alcohol the last time they had intercourse and 8.3% used drugs.

In the last 30 days, the following percentages of students engaged in the behaviors described below:

58.4% refused an offer of alcohol or other drugs
13.1% bragged about alcohol or other drug use
64.8% heard someone else brag about alcohol or other drug use
13.9% carried a weapon such as a gun, knife, etc. (not hunting or job related)
31.9% experienced peer pressure to drink or use drugs
12.5% held a drink to have people stop bothering you about why you weren't drinking
19.1% thought a sexual partner was not attractive because he/she was drunk
12.2% told a sexual partner that he/she was not attractive because he/she was drunk

The following data describes how students say their friends would feel if they...

Tried marijuana once or twice	38.8% of their friends would disapprove
Smoked marijuana occasionally	49.3% of their friends would disapprove
Smoked marijuana regularly	68.5% of their friends would disapprove
Tried cocaine once or twice	90.3% of their friends would disapprove
Took cocaine regularly	97.2% of their friends would disapprove
Tried LSD once or twice	91.8% of their friends would disapprove
Took LSD regularly	97.1% of their friends would disapprove
Took one or two drinks every day	57.8% of their friends would disapprove
Took four or five drinks every day	88.8% of their friends would disapprove
Had five or more drinks at one sitting	64.8% of their friends would disapprove

The following are some key findings on the perceived effects of alcohol:

76.7% say it breaks the ice
76.8% say it enhances social activity
46.6% say it makes it easier to deal with stress

61.0% say it facilitates a connection with peers
65.3% say it gives people something to talk about

60.9% say it facilitates male bonding
55.4% say it facilitates female bonding

65.4% say it allows people to have more fun
67.0% say it gives people something to do
20.5% say it makes food taste better

29.3% say it makes women sexier
18.9% say it makes men sexier
19.8% say it makes me sexier
51.4% say it facilitates sexual opportunity

Use of Drugs

The following tables provide additional details about students' reported use of drugs at this institution. Unless otherwise indicated, percentages are based on the total number of students responding validly to a given item.

For comparison purposes some figures are included from a reference group of 125,371 students from 288 institutions from the 2012 to 2014 National Data.

In general, substantial proportions of students report having used alcohol, tobacco, and marijuana in response to the question, "At what age did you first use _____?" whereas comparatively few report having used each of the other substances. This question examines "lifetime prevalence" as opposed to annual prevalence and 30-day prevalence.

Table 2 describes lifetime prevalence, annual prevalence, 30-day prevalence, and high frequency use (3 times a week or more).

Table 2 - Substance Use

	Lifetime Prevalence		Annual Prevalence		30-Day Prevalence		3X/Week Or more	
Substance	Coll.	Ref.	Coll.	Ref.	Coll.	Ref.	Coll.	Ref.
Tobacco	36.0	42.2	30.0	32.4	21.2	21.1	11.0	10.6
Alcohol	84.7	84.4	81.5	81.5	69.4	68.7	19.1	20.0
Marijuana	49.3	46.1	38.4	33.6	25.7	19.9	11.1	8.2
Cocaine	6.2	7.5	3.6	4.4	2.2	1.8	0.1	0.2
Amphetamines	8.5	9.9	4.2	5.4	2.6	3.0	1.0	1.4
Sedatives	5.1	6.2	2.8	3.1	1.8	1.5	0.7	0.4
Hallucinogens	3.9	7.7	2.2	4.5	1.2	1.3	0.0	0.2
Opiates	0.7	2.4	0.6	1.3	0.4	0.8	0.0	0.3
Inhalants	0.7	2.7	0.3	1.0	0.3	0.5	0.0	0.2
Designer drugs	5.3	8.9	2.9	5.5	0.4	1.7	0.0	0.2
Steroids	0.7	1.0	0.3	0.6	0.3	0.4	0.0	0.2
Other Drugs	1.4	3.7	1.2	1.9	0.4	0.7	0.0	0.2

Notes:
Coll. = Valdosta State University

Ref. = Reference group of 125,371 college students

The average number of drinks consumed per week at this institution is 3.1 drinks. The national average is 4.3 drinks (based on a sample of 123430). The percentage of students who report having binged in the last two weeks at this institution is 42.9% compared to the national average of 43.6%.

Consequences of Alcohol and Drug Use

The proportion of students who report having had problems as a result of drinking or drug use is another indicator of the level of substance abuse. The percentages of students who reported that within the past year they had various problematic experiences are given in Table 3. The top group of items represents public misconduct or behaviors that involve actual or potential harm to others. The second group represents possibly serious personal problems. The last group may consist of less serious (and more common) experiences which nevertheless may indicate excessive use.

Table 3- Problematic Experiences

This institution	Reference Group	Experience
1.0	1.1	Been arrested for DWI/DUI
6.4	10.5	Been in trouble with police, residence hall, or other college authorities
3.9	4.6	Damaged property, pulled fire alarms, etc.
24.1	17.6	Driven a car while under the influence
23.3	26.5	Got into an argument or fight
0.9	1.3	Tried to commit suicide
3.6	4.5	Seriously thought about suicide
10.9	14.1	Been hurt or injured
7.1	7.7	Been taken advantage sexually
1.9	1.8	Taken advantage of another sexually
7.3	4.4	Tried unsuccessfully to stop using
11.4	9.1	Thought I might have a drinking or other drug problem
20.9	19.1	Performed poorly on a test or important project
30.8	33.1	Done something I later regretted
31.2	24.5	Missed a class
25.5	27.3	Been criticized by someone I know
29.8	32.3	Had a memory loss
48.5	50.1	Got nauseated or vomited
55.8	59.1	Had a hangover

Valdosta State University (2015 Other)
SIUC/Core Institute
374 E. Grand Avenue
(618) 453-4420
Carbondale, IL 62901

Consortium Number =
Institution Number= 6127
Number of Surveys = 695

Differences among Student Groups

Table 4 compares substance use patterns and consequences of several campus groups: males and females, younger and older, academically more and less successful, and on and off-campus residents.

Table 4 - Differences among Student Groups

	Gender		Age		Average Grades		Campus Residence	
	Female	Male	16-20	21+	A-B	C-F	On	Off
Sample Sizes:	385	257	358	327	573	105	216	408
Currently use (in the past 30 days) alcohol	69.1	69.9	61.6	78.6	68.0	75.7	60.9	74.2
Currently use (in the past 30 days) marijuana	23.5	28.2	26.8	24.7	22.5	42.7	28.6	23.7
Currently use (in the past 30 days) illegal drugs other than marijuana	3.9	5.1	4.0	5.9	4.4	6.8	1.4	7.0
Had 6 or more binges in the past 2 weeks	2.1	3.9	3.1	2.5	2.3	3.8	3.7	2.7
Have driven a car while under the influence during past year	22.4	27.1	17.1	31.5	22.0	35.6	11.6	31.1
Have been taken advantage of sexually during past year	7.6	6.3	7.3	6.8	6.0	11.5	5.6	8.4
Have taken advantage of another sexually during past year	1.3	2.4	1.1	2.8	2.3	0.0	1.4	2.5

Sample Demographics

Following are some summary characteristics of the students who completed and returned the questionnaire.

24.3% were freshmen

18.0% were sophomores

24.1% were juniors

30.9% were seniors

2.5% were graduates

0.3% were other

81.9% were in the "typical" college age range of 18-22.

60.0% were female.

65.4% lived off campus.

52.2% worked part-time or full-time.

95.5% were full-time students.

24.2% reported spending at least 5 hours per month in volunteer work.

APPENDIX C

Multiple Selection
SIUC/Core Institute
374 E. Grand Avenue
(618) 453-4420
Carbondale, IL 62901

Consortium Number=
Institution Number=
Number of Surveys= 143191

2011- 2013 National Data

CORE ALCOHOL AND DRUG SURVEY LONG FORM- FORM 194

EXECUTIVE SUMMARY

The Core Alcohol and Drug Survey was developed to measure alcohol and other drug usage, attitudes, and perceptions among college students at two and four-year institutions. Development of this survey was funded by the U.S. Department of Education. The survey includes several types of items about drugs and alcohol. One type deals with the students' attitudes, perceptions, and opinions about alcohol and other drugs, and the other deals with the students' own use and consequences of use. There are also several items on students' demographic and background characteristics as well as perception of campus climate issues and policy.

Key Findings from students at Multiple Selection .

Following are some key findings on the use of alcohol:

81.4% of the students consumed alcohol in the past year ("annual prevalence").

68.7% of the students consumed alcohol in the past 30 days ("30-day prevalence").

61.8% of underage students (younger than 21) consumed alcohol in the previous 30 days.

43.9% of students reported binge drinking in the previous two weeks. A binge is defined as consuming 5 or more drinks in one sitting.

Following are some key findings on the use of illegal drugs:

32.4% of the students have used marijuana in the past year ("annual prevalence").

19.0% of the students are current marijuana users ("30-day prevalence").

1.9% of the students have used an illegal drug other than marijuana in the past year ("annual prevalence").

6.2% of the students are current users of illegal drugs other than marijuana ("30-day prevalence").

The most frequently reported illegal drugs used in the past 30 days were:

19.0% Marijuana (pot, hash, hash oil)

3.1% Amphetamines (diet pills, speed)

1.8% Designer drugs (ecstasy, MDMA)

Following are some key findings on the consequences of alcohol and drug use:

32.2% reported some form of public misconduct (such as trouble with police, fighting/argument, DWI/DUI, vandalism) at least once during the past year as a result of drinking or drug use.

21.8% reported experiencing some kind of serious personal problems (such as suicidality, being hurt or injured, trying unsuccessfully to stop using, sexual assault) at least once during the past year as a result of drinking or drug use.

Following are some key findings on opinions about the campus environment:

90.1% of students said the campus has alcohol and drug policies;
9.3% said they "don't know"; and
0.6% said there wasn't a policy.

50.6% of students said the campus has an alcohol and drug prevention program;
45.5% said they "don't know"; and
3.9% said there wasn't a program.

76.0% of students said the campus is concerned about the prevention of drug and alcohol use;
14.0% said they "don't know"; and
9.9% said the campus is not concerned.

With regard to students' perceptions of other students' use:

87.4% of students believe the average student on campus uses alcohol once a week or more.

55.9% of students believe the average student on this campus uses some form of illegal drug at least once a week.

30.8% of students indicated they would prefer not to have alcohol available at parties they attend.

81.0% of students indicated they would prefer not to have drugs available at parties they attend.

The following percentages of survey respondents said they saw drinking as a central part of the social life of the following groups:

82.0% of the respondents said they saw drinking as central in the social life of male students.
73.1% of the respondents said they saw drinking as central in the social life of female students.
17.7% of the respondents said they saw drinking as central in the social life of faculty/staff.
41.2% of the respondents said they saw drinking as central in the social life of alumni.
61.3% of the respondents said they saw drinking as central in the social life of athletes.
77.7% of the respondents said they saw drinking as central in the social life of fraternities.
71.5% of the respondents said they saw drinking as central in the social life of sororities.
50.0% of the students said they believe the social atmosphere on campus promotes alcohol use.
21.1% of the students said they believe the social atmosphere on campus promotes drug use.
8.1% of the students said they do not feel safe on campus.

Compared to other campuses...

14.2% feel that alcohol use is greater
34.4% feel that alcohol use is less
51.4% feel alcohol use is about the same

On the Core Alcohol and Drug Survey, respondents were asked to report whether students on this campus cared about a number of campus climate issues (with the response options being "not at all", "slightly", "somewhat", and "very much"). The following percentages of respondents on this campus indicated that their fellow students cared "somewhat" or "very much" about the following issues:

82.9% said students cared about sexual assault
76.8% said students cared about assaults that are non-sexual
72.1% said students cared about harassment because of race or ethnicity
70.1% said students cared about harassment because of sexual orientation
68.9% said students cared about harassment because of gender
63.0% said students cared about harassment because of religion
55.2% said students cared about campus vandalism
40.0% said students cared about alcohol and other drug use

Table 1 shows the percentage of students who reported having experienced any of the following within the last year and, if so, the percentage who reported consuming alcohol or other drugs shortly before these incidents.

Table 1 - Experiences of Harassment or Violence

Experience	Used Alcohol or Drugs	Incident
6.4%	12.8%	Ethnic or racial harassment
7.6%	43.4%	Threats of physical violence
3.7%	55.6%	Actual physical violence
1.6%	33.4%	Theft involving force or threat of force
4.2%	65.3%	Forced sexual touching or fondling
2.7%	75.9%	Unwanted sexual intercourse

On the Core Alcohol and Drug Survey, students were asked to rate the degree of risk people take when they act in certain ways, listed below. The response options were, "no risk", "slight risk", "moderate risk", "great risk", and "can't say". The numbers listed below indicate the percentage of respondents who felt there was "great risk" associated with the following behaviors:

8.8% try marijuana once or twice
13.8% smoke marijuana occasionally
34.5% smoke marijuana regularly
44.5% try cocaine once or twice
78.6% take cocaine regularly
49.2% try LSD once or twice
75.9% take LSD regularly
47.5% try amphetamines once or twice
73.3% take amphetamines regularly
20.3% take one or two drinks of an alcoholic beverage (beer, wine, liquor) nearly every day
61.3% take four or five drinks nearly every day
48.4% have five or more drinks in one sitting
53.6% take steroids for body building or improved athletic performance
35.6% consume alcohol prior to being sexually active
42.8% regularly engage in unprotected sexual activity with a single partner
82.5% regularly engage in unprotected sexual activity with multiple partners

Sexual Behavior:

65.9% of the students reported engaging in sexual intercourse within the past year. Of these, 21.4 % used alcohol the last time they had intercourse and 6.0% used drugs.

In the last 30 days, the following percentages of students engaged in the behaviors described below:

64.5% refused an offer of alcohol or other drugs
16.6% bragged about alcohol or other drug use
72.2% heard someone else brag about alcohol or other drug use
9.0% carried a weapon such as a gun, knife, etc. (not hunting or job related)
35.6% experienced peer pressure to drink or use drugs
13.6% held a drink to have people stop bothering you about why you weren't drinking
23.3% thought a sexual partner was not attractive because he/she was drunk
14.1 % told a sexual partner that he/she was not attractive because he/she was drunk

The following data describes how students say their friends would feel if they...

Tried marijuana once or twice	Smoked 41.9% of their friends would disapprove
marijuana occasionally	Smoked marijuana 54.4% of their friends would disapprove
regularly	Tried cocaine once or twice 76.0% of their friends would disapprove
Took cocaine regularly	88.1% of their friends would disapprove
Tried LSD once or twice	96.8% of their friends would disapprove
Took LSD regularly	85.9% of their friends would disapprove
Took one or two drinks every day	96.4% of their friends would disapprove
Took four or five drinks every day	60.2% of their friends would disapprove
Had five or more drinks at one sitting	89.5% of their friends would disapprove
	57.6% of their friends would disapprove

The following are some key findings on the perceived effects of alcohol:

75.1 % say it breaks the ice
74.9% say it enhances social activity
44.4 % say it makes it easier to deal with stress

62.5% say it facilitates a connection with peers
67.0% say it gives people something to talk about

60.8% say it facilitates male bonding
53.1 % say it facilitates female bonding

63.1 % say it allows people to have more fun
72.7 % say it gives people something to do
22.8% say it makes food taste better

28.0% say it makes women sexier
19.7% say it makes men sexier
20.6% say it makes me sexier
52.0% say it facilitates sexual opportunity

Use of Drugs

The following tables provide additional details about students' reported use of drugs at this institution. Unless otherwise indicated, percentages are based on the total number of students responding validly to a given item.

For comparison purposes some figures are included from a reference group of 168,499 students from 338 institutions from the 2009 to 2011 National Data.

In general, substantial proportions of students report having used alcohol, tobacco, and marijuana in response to the question, "At what age did you first use_____? "whereas comparatively few report having used each of the other substances. This question examines "lifetime prevalence" as opposed to annual prevalence and 30-day prevalence.

Table 2 describes lifetime prevalence, annual prevalence, 30-day prevalence, and high frequency use (3 times a week or more).

Table 2 • Substance Use

	Lifetime Prevalence		Annual Prevalence		30-Day Prevalence		3X/Week or more	
Substance	Coll.	Ref.	00!L	.8gL	Coll.	Ref.	Coll.	Ref.
Tobacco	43.1	46.3	33.2	36.0	21.9	24.3	11.3	12.1
Alcohol	84.4	85.1	81.4	81.8	68.7	68.8	20.3	20.7
Marijuana	44.9	43.9	32.4	31.1	19.0	17.9	7.7	7.2
Cocaine	7.4	7.8	4.2	4.1	1.8	1.6	0.3	0.3
Amphetamines	10.1	10.9	5.5	5.5	3.1	3.0	1.5	1.5
Sedatives	6.4	7.2	3.3	3.7	1.6	1.8	0.5	0.5
Hallucinogens	7.5	7.6	4.3	4.0	1.3	1.2	0.2	0.2
Opiates	2.5	2.7	1.4	1.4	0.8	0.8	0.3	0.3
Inhalants	2.8	3.2	1.0	1.0	0.6	0.6	0.2	0.2
Designer drugs	8.5	7.4	5.2	3.8	1.8	1.3	0.2	0.2
Steroids	1.1	1.2	0.7	0.6	0.5	0.5	0.3	0.3
Other drugs	3.7	3.9	1.9	1.9	0.8	0.8	0.2	0.2

Notes:

Coli. =Multiple Selection

Ref. = Reference group of 168,499 college students

The average number of drinks consumed per week at this institution is 4.4 drinks. The national average is 4.6 drinks (based on a sample of 168,499). The percentage of students who report having binged in the last two weeks at this institution is 43.9% compared to the national average of 43.9%.

Consequences of Alcohol and Drug Use

The proportion of students who report having had problems as a result of drinking or drug use is another indicator of the level of substance abuse. The percentages of students who reported that within the past year they had various problematic experiences are given in Table 3. The top group of items represents public misconduct or behaviors that involve actual or potential harm to others. The second group represents possibly serious personal problems. The last group may consist of less serious (and more common) experiences which nevertheless may indicate excessive use.

Table 3- Problematic Experiences

This institution	Reference Group	Experience
1.2	1.3	Been arrested for DWI/DUI
10.8	11.5	Been in trouble with police, residence hall, or other college authorities
4.8	5.2	Damaged property, pulled fire alarms, etc.
18.4	21.8	Driven a car while under the influence
26.9	29.1	Got into an argument or fight
1.2	1.2	Tried to commit suicide
4.1	3.9	Seriously thought about suicide
14.1	14.6	Been hurt or injured
7.9	8.3	Been taken advantage sexually
2.1	2.4	Taken advantage of another sexually
4.4	4.6	Tried unsuccessfully to stop using
8.8	9.3	Thought I might have a drinking or other drug problem
19.2	19.8	Performed poorly on a test or important project
32.9	33.7	Done something I later regretted
25.1	26.2	Missed a class
27.0	27.8	Been criticized by someone I know
32.6	33.2	Had a memory loss
49.8	50.6	Got nauseated or vomited
58.9	59.7	Had a hangover

Differences among Student Groups

Table 4 compares substance use patterns and consequences of several campus groups: males and females, younger and older, academically more and less successful, and on and off-campus residents.

Table 4- Differences among Student Groups

	Gender		Age		Average Grades		Campus Residence	
	Female	Male	16-20	21+	A-B	C-F	On	Off
Sample Sizes:	86004	52339	79109	62398	122452	18062	71064	64454
Currently use (in the past 30 days) alcohol	67.6	70.3	61.7	77.7	68.8	68.2	67.0	70.5
Currently use (in the past 30 days) marijuana	15.6	24.1	20.8	16.6	18.2	23.6	19.2	18.1
Currently use (in the past 30 days) illegal drugs other than marijuana	5.1	8.0	5.7	6.8	5.9	8.6	5.2	7.2
Had 6 or more binges in the past 2 weeks	2.8	7.5	4.2	5.1	4.4	6.3	4.5	4.6
Have driven a car while under the influence during past year	16.0	22.2	14.5	23.5	17.3	25.9	12.9	24.1
Have been taken advantage of sexually during past year	8.6	6.5	8.3	7.3	7.6	9.3	8.3	7.2
Have taken advantage of another sexually during past year	1.4	3.1	2.0	2.1	1.9	3.0	2.1	2.0

Sample Demographics

Following are some summary characteristics of the students who completed and returned the questionnaire.

27.5% were freshmen

22.8% were sophomores

22.6% were juniors

22.2% were seniors

4.0% were graduates

1.0% were other

83.4% were in the "typical" college age range of 18-22.

62.2% were female.

47.6% lived off campus.

52.9% worked part-time or full-time.

94.1 %were full-time students.

26.4% reported spending at least 5 hours per month in volunteer work

APPENDIX D

Valdosta State University
Substance Abuse Task Force Meeting
March 24, 2016, 10:00 a.m.
Counseling Center Conference Room

I. **MEMBERS PRESENT:** Mr. Mark Williams (AOD), Tricia Hale, (Director, Counseling Center), Jessica Freeman, (Remerton Probation Officer), Tim Keller (Johnson Distributing), Chelsea Holcomb (Health Promotions), Colleen Kavanaugh (SGA), Tim Reisenwitz, (Greek Advisor), Beverly Phelps, (AOD)

II. **MINUTES:** Mr. Williams welcomed everyone. No minutes to approve

III. NEW INITIATIVES:

A. G.O.T.C.H.A. Safe Ride Program

Mr. Williams introduced Colleen Kavanaugh, Vice President Student Government, to talk about G.O.T.C.H.A., Safe Ride Program.

This is a free ride that would transport students from A to B to different locations on campus. This program is supported by the Student Government.

It is an electric motorized golf cart that seats 6 people. It travels only on roads with 35 mph speed zones. The program is paid for with monies collected from vendors that buy advertisements displayed on the cart.

Students would be independently contracted to drive the carts and have flexible hours. Tipping would be encouraged to help further pay for the program.

Ms. Kavanaugh said there is much to discuss before the program can be implemented.

B. Collegiate Recovery Program:

Dr. Tricia Hale discussed the implementation of a new Recovery Program on campus. This program would be housed in one of the residence halls and deemed a sober residence.

This program would utilize the12 Step Alcohol Anonymous guidelines. It would also provide substance abuse counseling.

Also, with this program, a minor in Substance Abuse Counseling would be offered that would lead to certification as an addiction counselor. Students

with this minor could acquire practicum hours from counseling students in the Recovery Program.

IV. **Old Business:**

Mark presented CORE Alcohol Survey statistics for VSU students compared to national statistics, including marijuana use. Statistics showed that VSU students' use of alcohol and marijuana was lower than the national statistics.

Officer Freeman suggested an article in the Valdosta Daily Times newspaper to show that statistics for alcohol and drug use is lower than the national statistics.

V. New Business: Mark asked if there was any new business and members replied, "No."

VI. Adjournment: Meeting adjourned at 11:00

VII. **Next Meeting:** The next meeting date will be announced.

Valdosta State University

Substance Abuse Task Force Meeting
April 22, 2015, 10:00 a.m.
Counseling Center Conference Room

I. **MEMBERS PRESENT:** Mr. Mark Williams (AOD), Tricia Hale, (Director, Counseling Center), Rebecca Smith (Assistant Director), Jessica Freeman, (Remerton Probation Officer), Tim Keller (Johnson Distributing), Chelsea Holcomb (Health Promotions), Tim Reisenwitz (Greek Advisor), Felix Vaymer (Tipsy Transit) Beverly Phelps, (AOD)

II. **MINUTES:** Mr. Williams welcomed everyone. No minutes to approve

III. NEW INITIATIVES:

A. Trends/Concerns

Mr. Williams presented a power point (attached) on the new trending drugs and the new Medical Marijuana Bill in Georgia.

B. Sober Ride

Mr. Williams presented a power point (attached) on the difference between Safe Ride and Sober Ride, what universities have a safe ride program on their campuses and the operation of these programs

Mr. Williams introduced Mr. Felix Baymer to the meeting.

Mr. Felix Baymer was invited to the meeting to discuss possibly contracting Tipsy Transit, to transport students back to the university, if they were off campus and had consumed alcohol.

Mr. Vaymer discussed the costs for VSU to implement such a program using Tipsy Transit. (attached)

A group discussion ensued on the pros and cons of a Sober Ride program and how to get it implemented. Members discussed how to advertise the program, the costs and how to get people involved that would guarantee its implementation, and also, the liability and legality of the program.

V. New Business: Mark asked if there was any new business and members replied, "No."

VI. Adjournment: Meeting adjourned at 11:00

VII. Next Meeting: The next meeting date will be announced.

APPENDIX E

NATURAL HIGH EVENTS

January 2015 – December

Event	Date	Attendance	Notes
January 15, 2015	Movie Night	24	
January 22, 2015	Bingo Night	28	
January 29, 2015	Movie Night	20	
February 5, 2015	Board Game Night	18	
February 12, 2015	Movie Night	19	
February 19, 2015	Karaoke Night	15	
February 26, 2015	Movie Night	20	
March 5, 2015	Board Game Night	17	
March 12, 2015	Movie Night	19	
March 19, 2015	Bingo Night	29	
April 2, 2015	Board Game Night	17	
April 9, 2015	Movie Night	16	
April 16, 2015	Karaoke Night	14	
April 23, 2015	Movie Night	16	
August 17, 2015	Movie Night Fall Explosion	25	
August 25, 2015	Movie Night	23	
September 3, 2015	Board Game Night	19	
September 10, 2015	Movie Night	17	
September 17, 2015	Bingo Night	22	
September 24, 2015	Movie Night	19	
October 1, 2015	Board Game Night	18	
October 8, 2015	Movie Night	19	
October 15, 2015	Karaoke Night	23	
October 22, 2015	Movie Night	12	
October 29, 2015	Bingo Night	30	
November 5, 2015	Board Game Night	18	
November 12, 2015	Movie Night	8	
November 19, 2015	Karaoke Night	15	
December 3, 2015	Board Game Night	15	
January 14, 2016	Charades	18	
January 21, 2016	Movie Night	13	
January 28, 2016	Bingo Night	32	
February 4, 2016	Board Game Night	17	
February 11, 2016	Charades	12	
February 18, 2016	Movie Night	15	
February 25, 2016	Karaoke Night	15	
March 3, 2016	Board Game Night	14	
March 10, 2016	Charades	9	
March 24, 2016	Movie Night	20	
March 31, 2016	Bingo Night	11	
April 7, 2016	Board Game Night	16	

April 14, 2016	Charades	15	
April 21, 2016	Movie Night	18	
April 28, 2016	Karaoke Night	14	
Date	Event	Attendance	
August 17, 2016	Karaoke Fall Explosion	29	
August 22, 2016	Movie Night Fall Explosion	29	
August 24, 2016	Freshman Fun Night	75	
August 25, 2016	Bingo Night	21	
September 1, 2016	Board Game Night		Cancelled
September 8, 2016	Movie Night	10	
September 15, 2016	NH Meeting	8	
September 22, 2016	Karaoke Night	11	
September 29, 2016	Bingo Night	26	
October 6, 2016	Board Game Night	13	
October 13, 2016	Movie Night	18	
October 20, 2016	Karaoke Night	10	
October 27, 2016	Halloween Movie and Costume Contest	29	
November 3, 2016	Board Game Night	10	
November 10, 2016	Movie Night	14	
November 17, 2016	Bingo Night	13	
December 1, 2016	Board Game Night	13	